CDC's National Center on Birth Defects and Developmental Disabilities

Disability Impacts ALL of US

Each of us may experience a disability in our lifetime.

CDC's National Center on Birth Defects and Developmental Disabilities supports efforts to include adults with disabilities in disease prevention, health promotion, and emergency response activities, while working to remove barriers to health care and improve access to routine preventive services.

A Snapshot of Disability in Idaho*

This fact sheet provides an overview of disability in Idaho compared to national estimates. You can use this information to learn more about the percentages and characteristics of adults with disabilities in Idaho.

25.6% of adults in the U.S. have some type of disability.

23.1% of adults in Idaho have some type of disability.

Disability Costs in HEALTHCARE EXPENDITURES

$1.5 billion per year in **Idaho****

Adults with Disabilities are more likely to*

Despite progress, adults with disabilities in Idaho and across the country continue to experience significant differences in health characteristics and behaviors compared to adults without disabilities.

be inactive

	in the U.S.	in Idaho
Adults with disabilities	42.2%	40.2%
Adults without disabilities	24.3%	21.9%

have high blood pressure

	in the U.S.	in Idaho
Adults with disabilities	41.9%	36.0%
Adults without disabilities	25.9%	25.0%

smoke

	in the U.S.	in Idaho
Adults with disabilities	27.8%	24.1%
Adults without disabilities	13.4%	12.3%

have obesity

	in the U.S.	in Idaho
Adults with disabilities	39.5%	38.5%
Adults without disabilities	26.3%	26.0%

Percentage of adults with select functional disability types*

MOBILITY: Serious difficulty walking or climbing stairs

COGNITION: Serious difficulty concentrating, remembering, or making decisions

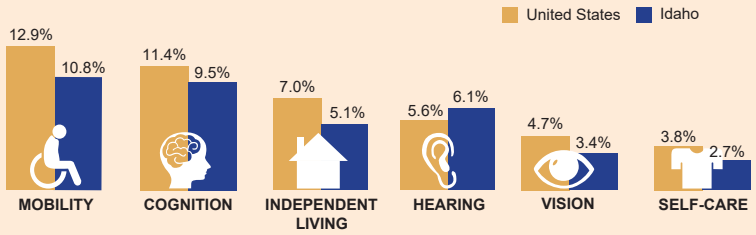
INDEPENDENT LIVING: Difficulty doing errands alone, such as visiting a doctor's office or shopping

HEARING: Deafness or serious difficulty hearing

VISION: Blind or serious difficulty seeing, even when wearing glasses

SELF-CARE: Difficulty dressing or bathing

Types of Disabilities Comparing U.S. with Idaho



* Data Source: 2017 Behavioral Risk Factor Surveillance System (BRFSS).

** Disability-associated healthcare expenditures are presented in 2006 dollars as reported in Anderson et al, 2010. This value represents approximately 25% of total healthcare expenditures for the state of Idaho.

National Center on Birth Defects and Developmental Disabilities
Division of Human Development and Disability

For more information go to **www.cdc.gov/disabilities**