A Snapshot of Disability in Delaware*

This fact sheet provides an overview of disability in Delaware compared to national estimates. You can use this information to learn more about the percentages and characteristics of adults with disabilities in Delaware.

Disability Costs in HEALTHCARE EXPENDITURES

$1.2 billion per year** in Delaware

Adults with Disabilities are more likely to*

-**be inactive**
  - Adults with disabilities: 42.2% in the U.S., 47.0% in Delaware
  - Adults without disabilities: 24.3% in the U.S., 27.0% in Delaware

- have high blood pressure
  - Adults with disabilities: 41.9% in the U.S., 40.0% in Delaware
  - Adults without disabilities: 25.9% in the U.S., 27.0% in Delaware

- smoke
  - Adults with disabilities: 27.8% in the U.S., 29.8% in Delaware
  - Adults without disabilities: 13.4% in the U.S., 13.3% in Delaware

- have obesity
  - Adults with disabilities: 39.5% in the U.S., 37.1% in Delaware
  - Adults without disabilities: 26.3% in the U.S., 27.9% in Delaware

Percentage of adults with select functional disability types*

<table>
<thead>
<tr>
<th>Disability Type</th>
<th>Adults with disabilities</th>
<th>Adults without disabilities</th>
</tr>
</thead>
<tbody>
<tr>
<td>MOBILITY: Serious difficulty walking or climbing stairs</td>
<td>12.9%</td>
<td>11.4%</td>
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<tr>
<td>COGNITION: Serious difficulty concentrating, remembering, or making decisions</td>
<td>14.6%</td>
<td>13.6%</td>
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<tr>
<td>INDEPENDENT LIVING: Difficulty doing errands alone, such as visiting a doctor’s office or shopping</td>
<td>7.0%</td>
<td>6.1%</td>
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<tr>
<td>HEARING: Deafness or serious difficulty hearing</td>
<td>5.6%</td>
<td>4.7%</td>
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<tr>
<td>VISION: Blind or serious difficulty seeing, even when wearing glasses</td>
<td>4.7%</td>
<td>4.5%</td>
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<tr>
<td>SELF-CARE: Difficulty dressing or bathing</td>
<td>3.8%</td>
<td>4.5%</td>
</tr>
</tbody>
</table>

Types of Disabilities Comparing U.S. with DE

National Center on Birth Defects and Developmental Disabilities
Division of Human Development and Disability

For more information go to [www.cdc.gov/disabilities](http://www.cdc.gov/disabilities)