CDC’s National Center on Birth Defects and Developmental Disabilities

DISABILITY IMPACTS CONNECTICUT

Everyone can play a role in supporting more inclusive state programs, communities, and health care to help people with, or at risk for, disabilities be well and active in their communities. Join CDC and its partners as we work together to improve the health of people with disabilities.

598,002 adults in Connecticut have a disability

This is equal to 21% or 1 in 5 adults in Connecticut

Disability Types

- Mobility: Serious difficulty walking or climbing stairs
- Cognition: Serious difficulty concentrating, remembering, or making decisions
- Independent living: Serious difficulty doing errands alone, such as visiting a doctor’s office
- Hearing: Deafness or serious difficulty hearing
- Vision: Blind or serious difficulty seeing, even when wearing glasses
- Self-care: Difficulty dressing or bathing

Percentage of adults in Connecticut with select functional disability types

- Mobility: 9%
- Cognition: 10%
- Independent living: 5%
- Hearing: 5%
- Vision: 4%
- Self-care: 2%

Adults with disabilities in Connecticut experience health disparities and are more likely to...

- Have Depression: 13% (42%)
- Have Obesity: 26% (38%)
- Smoke: 23%
- Have Diabetes: 14%
- Have Heart Disease: 8%

With Disability
Without Disability

Visit dhds.cdc.gov for more disability and health data across the United States.

$12.5 BILLION per year, or up to 37% of the state’s healthcare spending
About $21,927 per person with a disability