Each of us may experience a disability in our lifetime.

CDC’s National Center on Birth Defects and Developmental Disabilities supports efforts to include adults with disabilities in disease prevention, health promotion, and emergency response activities, while working to remove barriers to health care and improve access to routine preventive services.

A Snapshot of Disability in Colorado*

This fact sheet provides an overview of disability in Colorado compared to national estimates. You can use this information to learn more about the percentages and characteristics of adults with disabilities in Colorado.

Disability Costs in HEALTHCARE EXPENDITURES

$4.4 billion per year** in Colorado

Adults with Disabilities are more likely to*

<table>
<thead>
<tr>
<th>Disability Type</th>
<th>U.S. Percentage</th>
<th>Colorado Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Inactive</td>
<td>42.2%</td>
<td>33.8%</td>
</tr>
<tr>
<td>Smoke</td>
<td>27.8%</td>
<td>25.8%</td>
</tr>
<tr>
<td>High Blood Pressure</td>
<td>41.9%</td>
<td>34.2%</td>
</tr>
<tr>
<td>Obesity</td>
<td>39.5%</td>
<td>31.1%</td>
</tr>
</tbody>
</table>

Percentage of adults with select functional disability types*

<table>
<thead>
<tr>
<th>Disability Type</th>
<th>U.S.</th>
<th>Colorado</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mobility</td>
<td>12.9%</td>
<td>9.1%</td>
</tr>
<tr>
<td>Cognition</td>
<td>11.4%</td>
<td>9.3%</td>
</tr>
<tr>
<td>Independent Living</td>
<td>7.0%</td>
<td>5.2%</td>
</tr>
<tr>
<td>Hearing</td>
<td>5.6%</td>
<td>4.5%</td>
</tr>
<tr>
<td>Vision</td>
<td>4.7%</td>
<td>3.0%</td>
</tr>
<tr>
<td>Self-Care</td>
<td>3.8%</td>
<td>2.4%</td>
</tr>
</tbody>
</table>

* Data Source: 2017 Behavioral Risk Factor Surveillance System (BRFSS).
** Disability-associated healthcare expenditures are presented in 2006 dollars as reported in Anderson et al, 2010. This value represents approximately 21% of total healthcare expenditures for the state of Colorado.

For more information go to [www.cdc.gov/disabilities](http://www.cdc.gov/disabilities)