Everyone can play a role in supporting more inclusive state programs, communities, and health care to help people with, or at risk for, disabilities be well and active in their communities. Join CDC and its partners as we work together to improve the health of people with disabilities.

6,734,666 adults in California have a disability¹

This is equal to 23% or 1 in 4 adults in California

**Disability Types**

- **Mobility**: Serious difficulty walking or climbing stairs
- **Cognition**: Serious difficulty concentrating, remembering, or making decisions
- **Independent living**: Serious difficulty doing errands alone, such as visiting a doctor’s office
- **Hearing**: Deafness or serious difficulty hearing
- **Vision**: Blind or serious difficulty seeing, even when wearing glasses
- **Self-care**: Difficulty dressing or bathing

Adults with disabilities in California experience health disparities and are more likely to...

1. Have Depression
2. Have Obesity
3. Smoke
4. Have Diabetes
5. Have Heart Disease

Visit [dhds.cdc.gov](http://dhds.cdc.gov) for more disability and health data across the United States.

**Disability Healthcare Costs in California**²

- About $102.8 BILLION per year, or up to 38% of the state’s healthcare spending
- About $19,949 per person with a disability

Learn how CDC and state programs support people with disabilities at [www.cdc.gov/ncbddd/disabilityandhealth/programs.html](http://www.cdc.gov/ncbddd/disabilityandhealth/programs.html).

**Note**: Data are rounded to the nearest whole figure. For more precise prevalence data, please visit [dhds.cdc.gov](http://dhds.cdc.gov).

1 Data Source: 2020 Behavioral Risk Factor Surveillance System (BRFSS)