Each of us may experience a disability in our lifetime.

**Disability Impacts ALL of US**

Despite progress, adults with disabilities in Arizona and across the country continue to experience significant differences in health characteristics and behaviors compared to adults without disabilities.

**A Snapshot of Disability in Arizona***

This fact sheet provides an overview of disability in Arizona compared to national estimates. You can use this information to learn more about the percentages and characteristics of adults with disabilities in Arizona.

**Disability Costs in**

**HEALTHCARE EXPENDITURES**

$5.1 billion per year**

in Arizona

**Adults with Disabilities are more likely to***

- **be inactive**
  - Adults with disabilities in the U.S.: 42.2%
  - Adults without disabilities in the U.S.: 24.3%
  - Adults with disabilities in Arizona: 37.4%
  - Adults without disabilities in Arizona: 22.1%

- **have high blood pressure**
  - Adults with disabilities in the U.S.: 41.9%
  - Adults without disabilities in the U.S.: 25.9%
  - Adults with disabilities in Arizona: 39.6%
  - Adults without disabilities in Arizona: 24.0%

- **smoke**
  - Adults with disabilities in the U.S.: 27.8%
  - Adults without disabilities in the U.S.: 13.4%
  - Adults with disabilities in Arizona: 26.6%
  - Adults without disabilities in Arizona: 12.6%

- **have obesity**
  - Adults with disabilities in the U.S.: 39.5%
  - Adults without disabilities in the U.S.: 26.3%
  - Adults with disabilities in Arizona: 37.6%
  - Adults without disabilities in Arizona: 26.4%

**Percentage of adults with select functional disability types***

- **MOBILITY**: Serious difficulty walking or climbing stairs
- **COGNITION**: Serious difficulty concentrating, remembering, or making decisions
- **INDEPENDENT LIVING**: Difficulty doing errands alone, such as visiting a doctor’s office or shopping
- **HEARING**: Deafness or serious difficulty hearing
- **VISION**: Blind or serious difficulty seeing, even when wearing glasses
- **SELF-CARE**: Difficulty dressing or bathing

* Data Source: 2017 Behavioral Risk Factor Surveillance System (BRFSS)

**Types of Disabilities Comparing U.S. with Arizona**

- **United States**
  - MOBILITY: 12.9%
  - COGNITION: 11.4%
  - INDEPENDENT LIVING: 7.6%
  - HEARING: 5.6%
  - VISION: 4.7%
  - SELF-CARE: 3.8%

- **Arizona**
  - MOBILITY: 12.6%
  - COGNITION: 11.2%
  - INDEPENDENT LIVING: 6.6%
  - HEARING: 5.9%
  - VISION: 4.5%
  - SELF-CARE: 3.3%

**For more information go to [www.cdc.gov/disabilities](http://www.cdc.gov/disabilities)**