

Disability Impacts ALL of US

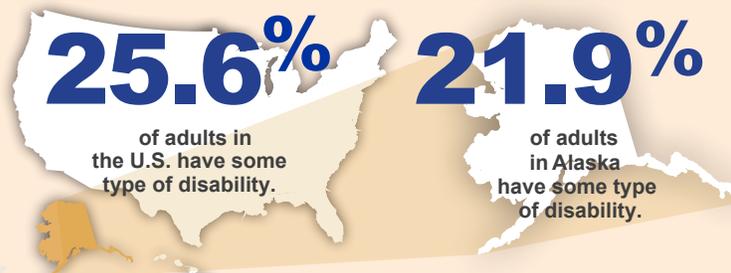


Each of us may experience a disability in our lifetime.

CDC's National Center on Birth Defects and Developmental Disabilities supports efforts to include adults with disabilities in disease prevention, health promotion, and emergency response activities, while working to remove barriers to health care and improve access to routine preventive services.

A Snapshot of Disability in Alaska*

This fact sheet provides an overview of disability in Alaska compared to national estimates. You can use this information to learn more about the percentages and characteristics of adults with disabilities in Alaska.



Disability Costs in HEALTHCARE EXPENDITURES



\$967 million per year** in Alaska

Adults with Disabilities are more likely to*



be inactive

Adults with disabilities
Adults without disabilities



have high blood pressure

Adults with disabilities
Adults without disabilities



smoke

Adults with disabilities
Adults without disabilities



have obesity

Adults with disabilities
Adults without disabilities



Despite progress, adults with disabilities in Alaska and across the country continue to experience significant differences in health characteristics and behaviors compared to adults without disabilities.

Percentage of adults with select functional disability types*

MOBILITY: Serious difficulty walking or climbing stairs

COGNITION: Serious difficulty concentrating, remembering, or making decisions

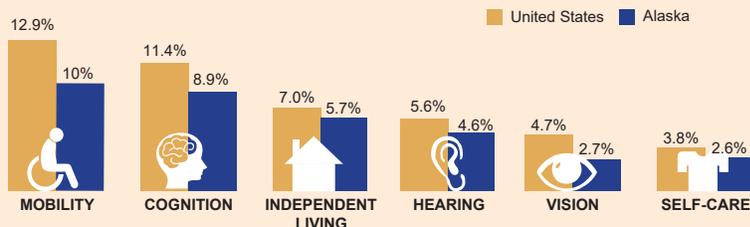
INDEPENDENT LIVING: Difficulty doing errands alone, such as visiting a doctor's office or shopping

HEARING: Deafness or serious difficulty hearing

VISION: Blind or serious difficulty seeing, even when wearing glasses

SELF-CARE: Difficulty dressing or bathing

Types of Disabilities Comparing U.S. with Alaska



* Data Source: 2017 Behavioral Risk Factor Surveillance System (BRFSS).

** Disability-associated healthcare expenditures are presented in 2006 dollars as reported in Anderson et al, 2010. This value represents approximately 24% of total healthcare expenditures for the state of Alaska.

