

DHDS Health Indicators

Health Risks & Behaviors

- Binge Drinking in Past 30 Days
- Body Mass Index Category
- Aerobic Physical Activity
- Physical Activity Guidelines
- Smoking Status
- Attempted to Quit Smoking in Past 12 Months
- Tested for HIV

Prevention & Screenings

- Clinical Breast Exam in Past 2 Years
- Mammogram in Past 2 Years
- Pap Test in Past 3 Years
- Up-to-date Colorectal Cancer Screening
- Routine Check-up in Past Year
- Visited Dentist in Past Year
- Flu Vaccine in Past 12 Months

Barriers & Costs of Health Care

- Could Not See a Doctor Due to Cost in Past 12 Months
- Have a Personal Doctor
- Have Health Care Coverage

General Health Conditions

- Fallen in Past 12 Months
- Fair or Poor Self-Rated Health
- Physically Unhealthy Days in Past 30 Days
- Have Heart Disease
- Ever Had High Blood Pressure
- Taking Medicine for High Blood Pressure
- Ever Had High Cholesterol
- Hours of Sleep in 24-hour Period

Chronic Conditions

- Ever Had Arthritis
- Currently Have Asthma
- Ever Had Cancer (excluding skin cancer)
- Have Chronic Obstructive Pulmonary Disease (COPD)
- Have Diabetes
- Ever Had a Stroke

Mental & Emotional Health

- Ever Had Depression
- Mentally Unhealthy Days in Past 30 Days

For more information:

Visit Disability and Health Data System (DHDS): <http://dhds.cdc.gov>

Contact DHDS: dhds@cdc.gov

1600 Clifton Rd NE, Atlanta, GA 30333

Telephone: 1-800-CDC-INFO (232-4636)/TTY: 1-888-232-6348



Scan QR Code to visit

<http://www.cdc.gov/ncbddd/disabilityandhealth/dhds.html>