

DHDS Health Indicators

Health Risks & Behaviors

- Alcohol Use in Past 30 Days
- Alcohol-Impaired Driving in Past 30 Days
- Binge Drinking in Past 30 Days
- Always Use a Seat Belt
- Ate Fruit 1 or More Times Per Day
- Ate Vegetables 1 or More Times Per Day
- Body Mass Index Category
- At Risk for HIV
- Tested for HIV
- HIV Test Location
- Aerobic Physical Activity
- Physical Activity Guidelines
- Smoking Status
- Attempted to Quit Smoking in Past 12 Months
- Use Smokeless Tobacco

Prevention & Screenings

- Clinical Breast Exam in Past 2 Years
- Mammogram in Past 2 Years
- Pap Test in Past 3 Years
- Up-to-date Colorectal Cancer Screening
- Cholesterol Checked in Past 5 Years
- Routine Check-up in Past Year
- Teeth Cleaned in Past Year
- Visited Dentist in Past Year
- Ever Had Pneumonia Vaccine
- Flu Vaccine in Past 12 Months
- Flu Vaccine Location

Barriers & Costs of Health Care

- Could Not See a Doctor Due to Cost in Past 12 Months
- Have a Personal Doctor
- Have Health Care Coverage

General Health Conditions

- Did Not Get Enough Sleep in Past 30 Days
- Ever Had a Hysterectomy
- Fair or Poor Self-Rated Health
- Physically Unhealthy Days in Past 30 Days
- Activity Limitation Days in Past 30 Days
- Ever Had Angina or Coronary Heart Disease
- Ever Had a Heart Attack
- Have Heart Disease
- Ever Had High Blood Pressure
- Taking Medicine for High Blood Pressure
- Ever Had High Cholesterol
- Number of Teeth Lost to Decay or Disease

Chronic Conditions

- Ever Had Arthritis
- Joint Pain Due to Arthritis in Past 30 Days
- Social Activity Limitation Due to Arthritis in Past 30 Days
- Work Limitation Due to Arthritis
- Currently Have Asthma
- Ever Had Asthma
- Ever Had Cancer (excluding skin cancer)
- Ever Had Prostate Cancer
- Ever Had Skin Cancer
- Have Chronic Obstructive Pulmonary Disease (COPD)
- Have Diabetes
- Have Kidney Disease
- Ever Had a Stroke

Injuries

- Fallen in Past 12 Months
- Injury Due to a Fall in Past 12 Months

Mental & Emotional Health

- Ever Had Depression
- Get Needed Social and Emotional Support
- Life Satisfaction
- Mentally Unhealthy Days in Past 30 Days

For more information:

Visit Disability and Health Data System (DHDS): <http://dhds.cdc.gov>

Contact DHDS: dhds@cdc.gov

1600 Clifton Rd NE, Atlanta, GA 30333

Telephone: 1-800-CDC-INFO (232-4636)/TTY: 1-888-232-6348



Scan QR Code
to visit

<http://www.cdc.gov/ncbddd/disabilityandhealth/dhds.html>