

## Visit With Your Healthcare Provider: ASL Translation – Audio Description Transcript

Vyron Kinson, PDIC (in American Sign Language): Best for you. Best for baby. Tip: Book a visit with your health care provider before stopping or starting any medicine.

Learn more about preventing birth defects at: [www.cdc.gov/ncbddd/birthdefects/index.html](https://www.cdc.gov/ncbddd/birthdefects/index.html)