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Getting ready for your interview: What medicines were you taking?

bd steps
Centers for Birth Defects Research and Prevention

In your interview, we will ask about **all the medicines** you took **during your recent pregnancy and the month before you became pregnant.** This includes medicines prescribed for you and those you took that did not need a prescription ("over-the-counter").

Other women who participated in the study found these things to be helpful in remembering their medicines: looking at the bottles in the medicine cabinet, looking at a diary or personal calendar, and asking their doctor or pharmacist.

Here's a chart to record the information you will be asked during the interview and an example to get you started:

Medicine Name	When did you start taking?	When did you stop taking?	How often did you take it?	What was the dose?	Why did you take it?
Example: *Motrin (Ibuprofen)*	*May 2014*	*July 2014*	*One tablet a week*	*200 mg.*	*For headache*
Example: *Bactrim*	*March 7, 2014*	*March 17, 2014*	*Every 12 hours*	*1 pill*	*Bladder infection*

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