

# Want to get ready for your interview?

## Writing down your medicines may make the interview easier!

In your interview, we will ask about all the medicines you took during your recent pregnancy and the month before you became pregnant. This includes medicines prescribed for you and those you took that did not need a prescription (“over-the-counter”).

Some women find these things to be helpful in remembering medicines they took: looking at the bottles in the medicine cabinet, looking at a diary or personal calendar, and asking their doctor or pharmacist.

Here’s a chart if you want to write down your medicines before we start the interview (see the two examples below). But you do not have to fill this out. It is completely optional.

**List medicines you took during your recent pregnancy and one month before you became pregnant:**

Medicine Name	When did you <u>start</u> taking?	When did you <u>stop</u> taking?	How <u>often</u> did you take it?	What was the <u>dose</u> ?	Why did you take it?
<i>Example: Motrin (Ibuprofen)</i>	<i>May 2014</i>	<i>July 2014</i>	<i>One tablet a week</i>	<i>200 mg.</i>	<i>For headache</i>
<i>Example: Bactrim</i>	<i>March 7, 2014</i>	<i>March 7, 2014</i>	<i>Every 12 hours</i>	<i>1 pill</i>	<i>Bladder infection</i>