

# Key Findings from the ADDM Network

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## A Snapshot of Autism Spectrum Disorder in 2020

Data from the Autism and Developmental Disabilities Monitoring (ADDM) Network helps us understand more about the number of children with autism spectrum disorder (ASD), the characteristics of those children, and the age at which they are first evaluated and diagnosed. Read on to learn more about ASD in communities.

### There have been improvements in early ASD identification over time

More children who were born in 2016 (1.8%) received an ASD diagnosis or special education classification by 4 years of age compared with children born in 2012 (1.1%), suggesting progress in early ASD identification over time.

In 2020, children born in 2016 (4-year-olds) were **1.6 times as likely** as children born in 2012 (8-year-olds) to be identified as having ASD by 48 months of age.

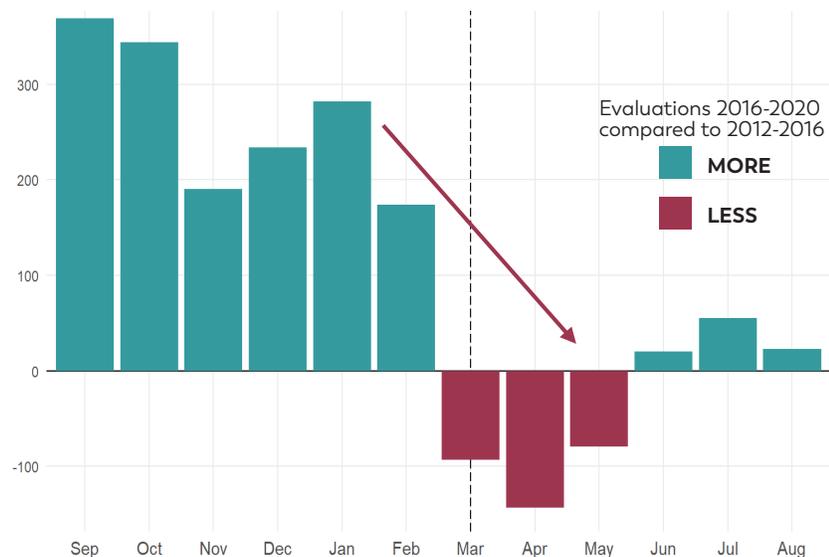
### The COVID-19 pandemic impacted early ASD identification

Prior to the start of the COVID-19 pandemic, 4-year-old children were receiving more evaluations and identifications than 8-year-old children did when they were 4 years of age. However, around the start of the COVID-19 pandemic in March 2020, the rate of evaluation and ASD identification **decreased dramatically** among 4-year-old children compared with 8-year-old children when they were 4 years of age. Evaluations and ASD identification did not return to pre-pandemic levels through the end of 2020. Moving forward, it will be important to identify ways to support children who have experienced delays in early ASD identification and to improve equitable and timely access to early identification.

Children **age 4** were **1.6 times** as likely as children **age 8** to be identified as having ASD by 48 months.



From 2016 to the beginning of 2020, **4-year-old children** had more evaluations and identifications than children aged **8-years** (when they were 4) had from 2012 through 2016.



Displayed as 6 months prior and 6 months post-pandemic

## How many 8-year-old children were identified with ASD in 2020?

About 1 in 36 (2.8%) 8-year-old children were identified with ASD by the ADDM Network.

## The percentage of children identified with ASD varied across geographic areas in 2020

Across the ADDM Network, the percentage of 8-year-old children who were identified with ASD ranged from **2.3% or 1 in 43 children in Maryland to 4.5% or 1 in 22 children in California.** The ADDM Network monitored ASD at the same sites in 2018 and 2020, but some sites improved data access with education records available for the first times.

## Certain children were more likely to be identified with ASD.

Among 8-year-old children, boys were **nearly 4 times as likely** as girls to be identified with ASD. However, 2020 marked the first time the ADDM Network found the percentage of girls identified with ASD to be **over 1%.**

Also in 2020, Black, Hispanic, and Asian or Pacific Islander children had a **higher percentage of ASD** than White children for the **first time among 8-year-olds.**

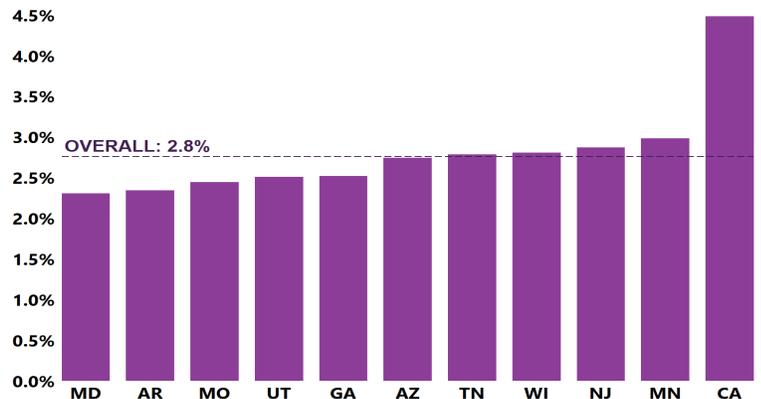
Among 8-year-old children identified with ASD who had intelligence quotient (IQ) scores available, more than one-third (37.9%) also had intellectual disability.

# 1 in 36

8-year-old children identified with ASD in 2020

\*Based on tracking within 11 communities in the United States

## Percent of 8-year-old children identified with ASD by ADDM Network Sites



## For every girl identified with ASD, Boys were nearly 4 times as likely to be identified



## Black, Hispanic, and Asian or Pacific Islander children were more likely to be identified with ASD than White children for the first time in ADDM.

Black	29.3
Hispanic	31.6
A/PI	33.4
White	24.3

Values indicate prevalence per 1,000 children

## Approximately 1/3

Of 8-year-old children with ASD also had intellectual disability

