# State Profile: **ADHD Treatment in Ohio**

www.cdc.gov/adhd

**Parent-Reported Medication Use and Behavioral Treatment Use for Attention-Deficit/Hyperactivity Disorder (ADHD) or Attention-Deficit Disorder (ADD) among 4-17 Year-Old Children with Special Health Care Needs (CSHCN): National Survey of CSHCN (2009-2010)**

## Best Practice for ADHD Treatment

**Preschoolers** (4-5 years of age):
- Behavior therapy as the first line of treatment
- Methylphenidate if behavior therapy is insufficient

**Elementary school–age** (6–11 years of age):
- US Food and Drug Administration (FDA)–approved medications for ADHD
- And/or behavior therapy
- Preferably both

**Adolescents** (12–18 years of age):
- FDA-approved medications for ADHD with the assent of the adolescent
- May prescribe behavior therapy
- Preferably both

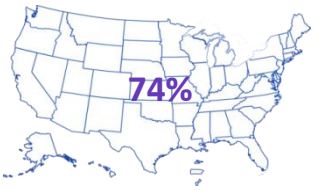
## Current Practice for ADHD Treatment

### Medication Treatment

At any time during the past week, did your child [with ADHD] take medication for ADD or ADHD?

In 2009-10, **79%** of children with ADHD in Ohio took medication for ADHD during the past week, according to parent report.

Among all states and D.C., the national average was **74%**.
Ohio ranked **14th** highest out of 51.

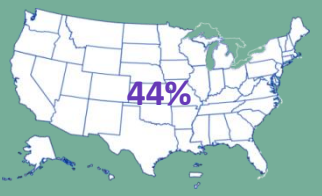



### Behavioral Treatment

At any time during the past 12 months, did your child [with ADHD] receive behavioral treatment for ADD or ADHD, such as classroom management, peer interventions, social skills training, or cognitive-behavioral therapy?

In 2009-10, **38%** of children with ADHD in Ohio received behavioral treatment for ADHD during the past 12 months, according to parent report.

Among all states and D.C., the national average was **44%**.
Ohio ranked **44th** highest out of 51.




### Both Treatments

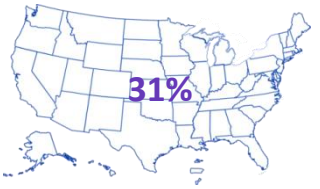
At any time during the past week, did your child [with ADHD] take medication for ADD or ADHD?

*AND*

At any time during the past 12 months, did your child [with ADHD] receive behavioral treatment for ADD or ADHD?

In 2009-10, **29%** of children with ADHD in Ohio received both treatments for ADHD, according to parent report.

Among all states and D.C., the national average was **31%**.
Ohio ranked **36th** highest out of 51.




*American Academy of Pediatrics (2011). ADHD: clinical practice guideline for the diagnosis, evaluation, and treatment of attention-deficit/hyperactivity disorder in children and adolescents. Pediatrics **128**(5): 1007-1022.*

National Center on Birth Defects and Developmental Disabilities
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