State Profile: ADHD Treatment in Michigan

Parent-Reported Medication Use and Behavioral Treatment Use for Attention-Deficit/Hyperactivity Disorder (ADHD) or Attention-Deficit Disorder (ADD) among 4-17 Year-Old Children with Special Health Care Needs (CSHCN): National Survey of CSHCN (2009-2010)

Best Practice for ADHD Treatment

- **Preschoolers (4-5 years of age):**
  - Behavior therapy as the first line of treatment
  - Methylphenidate if behavior therapy is insufficient

- **Elementary school–age (6–11 years of age):**
  - US Food and Drug Administration (FDA)–approved medications for ADHD
  - And/or behavior therapy
  - Preferably both

- **Adolescents (12–18 years of age):**
  - FDA-approved medications for ADHD with the assent of the adolescent
  - May prescribe behavior therapy
  - Preferably both

Current Practice for ADHD Treatment

**Medication Treatment**

At any time during the past week, did your child [with ADHD] take medication for ADD or ADHD?

- In 2009-10, **88%** of children with ADHD in Michigan took medication for ADHD during the past week, according to parent report.
- Among all states and D.C., the national average was **74%**.
  - Michigan ranked **1st** highest out of 51.

**Behavioral Treatment**

At any time during the past 12 months, did your child [with ADHD] receive behavioral treatment for ADD or ADHD, such as classroom management, peer interventions, social skills training, or cognitive-behavioral therapy?

- In 2009-10, **44%** of children with ADHD in Michigan received behavioral treatment for ADHD during the past 12 months, according to parent report.
- Among all states and D.C., the national average was **44%**.
  - Michigan ranked **29th** highest out of 51.

**Both Treatments**

At any time during the past week, did your child [with ADHD] take medication for ADD or ADHD? **AND**

At any time during the past 12 months, did your child [with ADHD] receive behavioral treatment for ADD or ADHD?

- In 2009-10, **36%** of children with ADHD in Michigan received both treatments for ADHD, according to parent report.
- Among all states and D.C., the national average was **31%**.
  - Michigan ranked **10th** highest out of 51.


National Center on Birth Defects and Developmental Disabilities
Division of Human Development and Disability