ADHD Treatments
For Preschoolers (ages 4–5)
Be sure they get what’s best!

Where we have been:
(Treatment practices, 2009-2010)
Almost 1 in 2 preschool children with ADHD got no behavioral therapy.
About 1 in 4 were treated only with medication.

Where we need to go:
(Treatment guidance, 2011)
Provide behavioral therapy first, before medication.

What can you do?

Parents:
Talk to your doctor about behavioral therapy for your preschool child’s treatment.

Healthcare professionals:
Be aware of the psychological resources in your community and be prepared to refer children, particularly preschoolers, for behavioral therapy as recommended by the American Academy of Pediatrics (AAP).

FOR MORE INFORMATION:
www.cdc.gov/adhd
Twitter: @CDC_NCBDDD