

# ADHD Treatments

For Preschoolers (ages 4-5)

*Be sure they get what's best!*



## Where we have been:

*(Treatment practices, 2009-2010)*

Almost **1 in 2** preschool children with ADHD got **no behavioral therapy**.

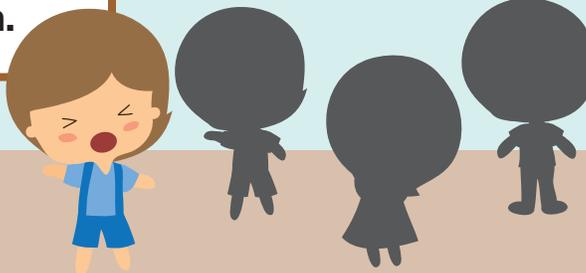
About **1 in 4** were treated **only with medication**.



## Where we need to go:

*(Treatment guidance, 2011)*

Provide **behavioral therapy first**, before medication.



## What can you do?

### Parents:

Talk to your doctor about behavioral therapy for your preschool child's treatment.

### Healthcare professionals:

Be aware of the psychological resources in your community and be prepared to refer children, particularly preschoolers, for behavioral therapy as recommended by the American Academy of Pediatrics (AAP).



## FOR MORE INFORMATION:

[www.cdc.gov/adhd](http://www.cdc.gov/adhd)

Twitter: @CDC\_NCBDDD



Centers for Disease Control and Prevention  
National Center on Birth Defects and Developmental Disabilities