Milestones Matter
Track your child’s developmental milestones and try brain building tips to add learning to everyday moments!

Track Your Child’s Development
Track how your child plays, learns, speaks, acts, and moves with CDC’s Milestone Tracker app—and share all progress and any concerns with their doctor during well-child visits.

www.cdc.gov/MilestoneTracker

BY 2 MONTHS:
Smiles at you

BY 6 MONTHS:
Laughs with you

BY 12 MONTHS:
Plays games with you, like “peek-a-boo”

BY 18 MONTHS:
Points to show you something interesting

Brain Building Tip:
Suggested Age: 0 – 2 years
We’re surrounded by words that are ready for reading. Try reading signs aloud to your child and talk to them about what they mean.
It doesn’t matter if it’s a book, magazine, or billboard — it all counts! Reading to your child, anywhere and everywhere, helps them develop a rich, diverse vocabulary. Find more tips at vroom.org.

Do you have concerns about how your child plays, learns, speaks, acts or moves?
Visit www.cdc.gov/concerned and talk with your child’s doctor.

CDC does not endorse private products, services, or enterprises. Vroom Tips are not a diagnostic tool.