



It's time to change how we view a child's growth.

From birth to 5 years, there are milestones children should reach in terms of how they play, learn, speak, and act. A delay in any of these areas could be a sign of a developmental problem, even autism. Fortunately, the earlier a delay is recognized, the more you can do to help them reach their full potential.

For **FREE** information about milestones and **FREE** tools to help track a child's development, visit www.cdc.gov/ActEarly or call **1-800-CDC-INFO**.



Learn the Signs. Act Early.