### 6 Months
- **Milestones:**
  - Can sit without support.
  - Can roll in both directions.
  - Can recognize familiar faces.
  - Can point to show others.

### 12 Months
- **Milestones:**
  - Can follow two-step instructions.
  - Can balance on one foot.
  - Can say a few words.
  - Can enjoy simple make-believe games.

### 18 Months
- **Milestones:**
  - Can do basic math operations.
  - Can enjoy telling stories.
  - Can use a cup and eat with a spoon.

### 2 Years
- **Milestones:**
  - Can count to 2 or 3.
  - Can use a spoon to write.
  - Can copy simple shapes.

### 3 Years
- **Milestones:**
  - Can use a hammer to drive nails into wood.
  - Can make a paper airplane.
  - Can copy simple shapes.

### 4 Years
- **Milestones:**
  - Can use a pencil to draw a picture.
  - Can use a pen to write a sentence.
  - Can use a hammer to drive nails into wood.

### 5 Years
- **Milestones:**
  - Can use a pencil to draw a picture.
  - Can use a pen to write a sentence.
  - Can use a hammer to drive nails into wood.

### 6 Years
- **Milestones:**
  - Can use a pencil to draw a picture.
  - Can use a pen to write a sentence.
  - Can use a hammer to drive nails into wood.

### Vaccines
- **MMR** (Yearly)
- **Influenza** (Yearly)
- **IPV**
- **DTaP**
- **Hib**
- **DTaP**
- **RV**
- **Hep B**
- **Hib**
- **DTaP**
- **RV**
- **Hep B**
- **Hib**
- **DTaP**
- **RV**
- **Hep A**
- **Influenza**

### Growth Charts
- **Height:**
  - **Birth-2 months:**
    - 10-15 inches (25-38 cm)
  - **2-3 months:**
    - 15-17 inches (38-43 cm)
  - **3-6 months:**
    - 17-20 inches (43-51 cm)
  - **6-12 months:**
    - 20-23 inches (51-58 cm)
  - **12-18 months:**
    - 23-26 inches (58-66 cm)
  - **18-24 months:**
    - 26-29 inches (66-74 cm)
  - **2-3 years:**
    - 29-32 inches (74-81 cm)
  - **3-4 years:**
    - 32-35 inches (81-89 cm)
  - **4-5 years:**
    - 35-38 inches (89-97 cm)
  - **5-6 years:**
    - 38-41 inches (97-104 cm)
  - **6-7 years:**
    - 41-44 inches (104-112 cm)
  - **7-8 years:**
    - 44-47 inches (112-119 cm)
  - **8-9 years:**
    - 47-50 inches (119-127 cm)
  - **9-10 years:**
    - 50-53 inches (127-134 cm)
  - **10-11 years:**
    - 53-56 inches (134-142 cm)
  - **11-12 years:**
    - 56-59 inches (142-147 cm)
  - **12-13 years:**
    - 59-62 inches (147-157 cm)
  - **13-14 years:**
    - 62-65 inches (157-165 cm)
  - **14-15 years:**
    - 65-68 inches (165-173 cm)
  - **15-16 years:**
    - 68-71 inches (173-180 cm)
  - **16-17 years:**
    - 71-74 inches (180-188 cm)
  - **17-18 years:**
    - 74-77 inches (188-193 cm)
  - **18-19 years:**
    - 77-80 inches (193-198 cm)
  - **19-20 years:**
    - 80-83 inches (198-203 cm)
  - **20-21 years:**
    - 83-86 inches (203-208 cm)
  - **21-22 years:**
    - 86-89 inches (208-213 cm)

### Immunizations
- **vaccines:**
  - MMR
  - Influenza
  - IPV
  - DTaP
  - Hib
  - DTaP
  - RV
  - Hep B
  - Hib
  - DTaP
  - RV
  - Hep B
  - Hib
  - DTaP
  - RV
  - Hep A
  - Influenza

### What Immunizations do I need?
- **vaccines:**
  - MMR
  - Influenza
  - IPV
  - DTaP
  - Hib
  - DTaP
  - RV
  - Hep B
  - Hib
  - DTaP
  - RV
  - Hep B
  - Hib
  - DTaP
  - RV
  - Hep A
  - Influenza

### What milestones have I reached?

### How tall am I?

### Last updated December 2016

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Birth through 24 months

**GIRLS**

2 through 20 years

**BOYS**

Birth through 24 months

2 through 20 years

**Vaccines Protect Kids**

- **DTaP** protects against diphtheria, tetanus, and pertussis.
- **Hib** protects against *Haemophilus influenzae* type b.
- **Hep A** protects against Hepatitis A.
- **Hep B** protects against Hepatitis B.
- **Influenza** protects against flu.
- **IPV** protects against polio.
- **MMR** protects against measles, mumps, and rubella.
- **PCV** protects against pneumococcal disease.
- **RV** protects against rotavirus.
- **Varicella** protects against chickenpox.