E. coli 0157:H7

E. coli O157: H7 infection causes about 70,000 cases of diarrhea each year in the United States. E. coli is rod-shaped and so small that 10 of them lined up end-to-end would equal the width of a grain of pollen! It has long whip-like tails all over its body that allow it to swim. You can stop E. coli by never eating raw or undercooked hamburger or drinking unpasteurized milk or juice and by always washing your hands after petting cows, sheep and goats or after touching ground beef.

www.cdc.gov/pulsenet