Mumps is caused by a virus that spreads from one person to another by coughing, sneezing, or simply talking. Mumps causes fever, headache, and swelling of the cheeks or sides of the jaw. This can sometimes last for about a week. Sometimes mumps causes hearing loss or meningitis (swelling of the covering of the brain). Swelling of the brain can cause seizures, coma, and even death. In 1968, a vaccine was made to stop people from getting mumps. Today, it is given in one shot that includes vaccines for measles and rubella. During World War I, mumps was one of the main reasons soldiers had to be hospitalized.