The first vaccine or shot was made in 1796 for smallpox. Four others (rabies, typhoid, cholera, and plague) were made in the late 19th century, but were not being used a lot. Today, more than 20 shots are available for kids and adults. These shots have greatly reduced many sicknesses and deaths in the United States. But all countries do not give these shots. Visitors from other places can bring these diseases into the U.S. These diseases could quickly spread if we didn’t have shots to protect us. Get all your shots to protect yourself and to protect others.