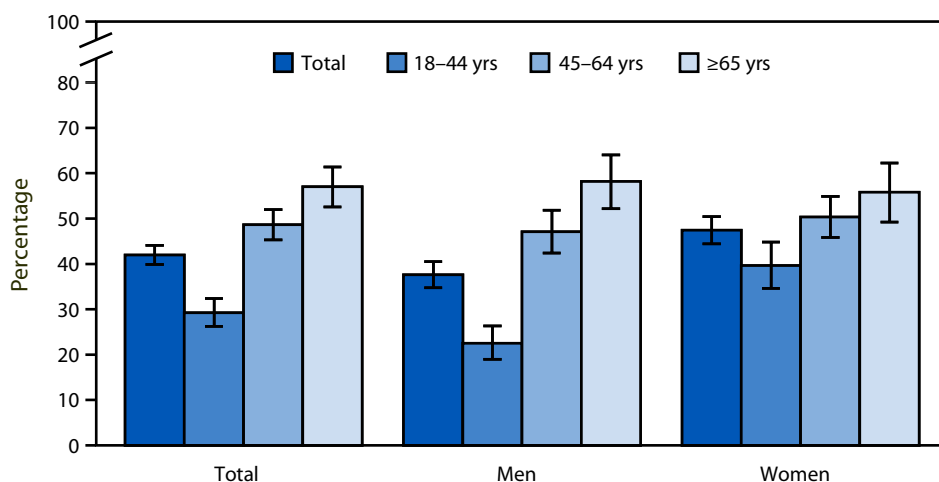


## QuickStats

FROM THE NATIONAL CENTER FOR HEALTH STATISTICS

## Percentage\* of Current Cigarette Smokers<sup>†</sup> Aged ≥18 Years Who Received Advice from a Health Professional To Quit Smoking,<sup>§</sup> by Sex and Age Group — United States, 2022



\* With 95% CIs indicated by error bars. Estimates are based on household interviews of a sample of the civilian, noninstitutionalized U.S. population.

<sup>†</sup> Based on a "Yes" response to the survey question, "Have you smoked at least 100 cigarettes in your entire life?" and a response of "Every day" or "Some days" to the question, "Do you now smoke cigarettes every day, some days, or not at all?" In 2022, an estimated 11.6% of adults aged ≥18 years were current cigarette smokers.

<sup>§</sup> Based on a "Yes" response to the survey question, "In the past 12 months, has a doctor, dentist, or other health professional advised you about ways to stop smoking or prescribed medication to help you quit?"

In 2022, 42.0% of current cigarette smokers aged ≥18 years received advice from a doctor, dentist, or other health professional about ways to quit smoking. The percentage of current smokers who received advice to quit smoking increased with age. Overall, and for current smokers aged 18–44 years, men were less likely to receive advice on quitting compared with women.

**Supplementary Table:** <https://stacks.cdc.gov/view/cdc/156763>

**Source:** National Center for Health Statistics, National Health Interview Survey, 2022. <https://www.cdc.gov/nchs/nhis.htm>

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For more information on this topic, CDC recommends the following link: <https://www.cdc.gov/tobacco/index.html>