

Characteristics and Outcomes Among Adults Aged ≥60 Years Hospitalized with Laboratory-Confirmed Respiratory Syncytial Virus — RSV-NET, 12 States, July 2022–June 2023

Fiona P. Havers, MD¹; Michael Whitaker, MPH¹; Michael Melgar, MD¹; Bhoomija Chatwani, MPH^{1,2}; Shua J. Chai, MD^{3,4}; Nisha B. Alden, MPH⁵; James Meek, MPH⁶; Kyle P. Openo, DrPH^{7,8,9}; Patricia A. Ryan, MS¹⁰; Sue Kim, MPH¹¹; Ruth Lynfield, MD¹²; Yomei P. Shaw, PhD¹³; Grant Barney, MPH¹⁴; Brenda L. Tesini, MD¹⁵; Melissa Sutton, MD¹⁶; H. Keipp Talbot, MD¹⁷; Kristen P. Olsen¹⁸; Monica E. Patton, MD¹; RSV-NET Surveillance Team

Abstract

Respiratory syncytial virus (RSV) causes substantial morbidity and mortality in older adults. In May 2023, two RSV vaccines were approved for prevention of RSV lower respiratory tract disease in adults aged ≥60 years. In June 2023, CDC recommended RSV vaccination for adults aged ≥60 years, using shared clinical decision-making. Using data from the Respiratory Syncytial Virus-Associated Hospitalization Surveillance Network, a population-based hospitalization surveillance system operating in 12 states, this analysis examined characteristics (including age, underlying medical conditions, and clinical outcomes) of 3,218 adults aged ≥60 years who were hospitalized with laboratory-confirmed RSV infection during July 2022–June 2023. Among a random sample of 1,634 older adult patients with RSV-associated hospitalization, 54.1% were aged ≥75 years, and the most common underlying medical conditions were obesity, chronic obstructive pulmonary disease, congestive heart failure, and diabetes. Severe outcomes occurred in 18.5% (95% CI = 15.9%-21.2%) of hospitalized patients aged ≥60 years. Overall, 17.0% (95% CI = 14.5%–19.7%) of patients with RSV infection were admitted to an intensive care unit, 4.8% (95% CI = 3.5%–6.3%) required mechanical ventilation, and 4.7% (95% CI = 3.6%-6.1%) died; 17.2% (95% CI = 14.9%-19.8%) of all cases occurred in long-term care facility residents. These data highlight the importance of prioritizing those at highest risk for severe RSV disease and suggest that clinicians and patients consider age (particularly age \geq 75 years), long-term care facility residence, and underlying medical conditions, including chronic obstructive pulmonary disease and congestive heart failure, in shared clinical decisionmaking when offering RSV vaccine to adults aged ≥ 60 years.

Introduction

Respiratory syncytial virus (RSV) causes substantial morbidity and mortality in older adults, resulting in approximately 60,000-160,000 hospitalizations and 6,000-10,000 deaths annually among adults aged ≥ 65 years (1). In May 2023, the Food and Drug Administration approved two RSV vaccines for prevention of RSV lower respiratory tract disease in adults aged ≥ 60 years.* In June 2023, CDC recommended RSV vaccination for adults aged ≥ 60 years using shared clinical

* GlaxoSmithKline vaccine: https://www.fda.gov/media/167806/download; Pfizer vaccine: https://www.fda.gov/media/168890/download

INSIDE

- 1083 Disease Severity of Respiratory Syncytial Virus
 Compared with COVID-19 and Influenza Among
 Hospitalized Adults Aged ≥60 Years IVY
 Network, 20 U.S. States, February 2022–May 2023
- 1089 COVID-19-Associated Hospitalizations Among U.S. Adults Aged ≥65 Years — COVID-NET, 13 States, January-August 2023
- 1095 Disparities in COVID-19 Vaccination Status Among Long-Term Care Facility Residents — United States, October 31, 2022–May 7, 2023
- 1099 QuickStats

Continuing Education examination available at https://www.cdc.gov/mmwr/mmwr_continuingEducation.html



U.S. Department of Health and Human Services Centers for Disease Control and Prevention decision-making between patient and clinicians;[†] adults at highest risk for severe RSV disease are most likely to benefit and should be prioritized for vaccination (1). To describe persons who experienced severe RSV disease requiring hospitalization, data from a large, geographically diverse surveillance system were analyzed to identify characteristics of adults aged ≥ 60 years hospitalized with laboratory-confirmed RSV infection during the 2022–23 respiratory virus season.

Methods

The Respiratory Syncytial Virus–Associated Hospitalization Surveillance Network (RSV-NET)[§] conducts population-based surveillance for RSV-associated hospitalizations in approximately 300 hospitals in 58 counties across 12 states,[¶] covering approximately 9% of the U.S. population. RSV-NET identifies

⁹Selected counties in California, Colorado, Connecticut, Georgia, Maryland, Michigan, Minnesota, New Mexico, New York, Oregon, Tennessee, and Utah. https://www.cdc.gov/rsv/research/rsv-net/overview-methods.html residents within the network catchment area who are hospitalized with positive RSV tests results for provider-ordered reverse transcription–polymerase chain reaction (RT-PCR) or rapid antigen detection tests during their hospitalization or during the 14 days preceding admission.

Because the 2022-23 RSV season started earlier than did seasons preceding the COVID-19 pandemic (2), this description of demographic characteristics of hospitalized RSV-NET patients includes those hospitalized during July 1, 2022–June 30, 2023. Using previously described methods (3), clinical data were collected by trained surveillance officers from a random sample of medical charts for adults hospitalized during October 1, 2022–April 30, 2023, and stratified by age and site. Sampled data are presented as unweighted case counts and weighted percentages that were weighted for the probability of selection and adjusted to better represent the hospitalized population of the catchment area (3). Age distributions of patients aged ≥60 years who were hospitalized and experienced severe outcomes, defined as intensive care unit (ICU) admission, mechanical ventilation, and in-hospital death, were compared with the overall age distribution of persons ≥ 60 years in the RSV-NET catchment area. Underlying medical conditions among hospitalized patients and those with severe outcomes were assessed and described. Data were analyzed using SAS survey procedures (version 9.4; SAS Institute). Differences were assessed using chi-square tests; p-values <0.05 were considered statistically significant. This activity was reviewed by

The MMWR series of publications is published by the Office of Science, Centers for Disease Control and Prevention (CDC), U.S. Department of Health and Human Services, Atlanta, GA 30329-4027.

Suggested citation: [Author names; first three, then et al., if more than six.] [Report title]. MMWR Morb Mortal Wkly Rep 2023;72:[inclusive page numbers].

Centers for Disease Control and Prevention

Mandy K. Cohen, MD, MPH, Director Debra Houry, MD, MPH, Chief Medical Officer and Deputy Director for Program and Science Robin M. Ikeda, MD, MPH, Acting Director, Office of Science

MMWR Editorial and Production Staff (Weekly)

Charlotte K. Kent, PhD, MPH, *Editor in Chief* Rachel Gorwitz, MD, MPH, *Acting Executive Editor* Jacqueline Gindler, MD, *Editor* Lisa Grohskopf, MD, MPH, *Guest Science Editor* Paul Z. Siegel, MD, MPH, *Associate Editor* Mary Dott, MD, MPH, *Online Editor* Terisa F. Rutledge, *Managing Editor* Teresa M. Hood, MS, *Lead Technical Writer-Editor* Glenn Damon, Jacqueline Farley, MS, Tiana Garrett, PhD, MPH, Ashley Morici, Stacy Simon, MA, Morgan Thompson, Suzanne Webb, PhD, MA, *Technical Writer-Editors*

> Matthew L. Boulton, MD, MPH Carolyn Brooks, ScD, MA Virginia A. Caine, MD Jonathan E. Fielding, MD, MPH, MBA

Martha F. Boyd, *Lead Visual Information Specialist* Alexander J. Gottardy, Maureen A. Leahy, Stephen R. Spriggs, Armina Velarde, Tong Yang, *Visual Information Specialists* Quang M. Doan, MBA, Phyllis H. King, Terraye M. Starr, Moua Yang, *Information Technology Specialists* Ian Branam, MA, Lead Health Communication Specialist Kiana Cohen, MPH, Symone Hairston, MPH, Leslie Hamlin, Lowery Johnson, Health Communication Specialists Dewin Jimenez, Will Yang, MA, Visual Information Specialists

MMWR Editorial Board

Timothy F. Jones, MD, *Chairman* David W. Fleming, MD William E. Halperin, MD, DrPH, MPH Jewel Mullen, MD, MPH, MPA Jeff Niederdeppe, PhD Patricia Quinlisk, MD, MPH

Patrick L. Remington, MD, MPH Carlos Roig, MS, MA William Schaffner, MD Morgan Bobb Swanson, MD, PhD

[†] Unlike age- and risk-based recommendations, for which the default decision should be to vaccinate the patient unless vaccination is contraindicated, shared clinical decision-making recommendations have no default. The decision of whether to vaccinate may consider the best available evidence regarding who would benefit from vaccination; the individual patient's characteristics, values, and preferences; the vaccine characteristics; and the clinician's discretion. https:// www.cdc.gov/vaccines/acip/acip-scdm-faqs.html

[§]RSV-NET is one of three Respiratory Virus Hospitalization Surveillance Network (RESP-NET) platforms that conduct population-based surveillance for hospitalizations for RSV (RSV-NET), COVID-19 (COVID-NET), and influenza (FluSurv-NET). https://www.cdc.gov/surveillance/resp-net/ dashboard.html

CDC, deemed not research, and was conducted consistent with applicable federal law and CDC policy.**

Results

Among 3,218 adults aged ≥60 years with an identified RSV-associated hospitalization during July 2022–June 2023, a total of 1,738 (54.0%) were aged ≥75 years (this group constituted 29.0% of the catchment population of adults aged ≥60 years); 434 (13.5%) and 1,208 (37.5%) of RSVassociated hospitalizations occurred in persons aged 60-64 and ≥80 years, respectively. Overall, 222 (6.9%) patients were Hispanic or Latino (Hispanic), 2,159 (67.2%) patients were non-Hispanic White (White), 496 (15.4%) non-Hispanic Black or African American (Black), 228 (7.1%) non-Hispanic Asian or Pacific Islander (A/PI), 13 (0.4%) non-Hispanic American Indian or Alaska Native (AI/AN) persons, and 100 (3.2%) persons were of other or unknown race. The median patient age was 75 years (IQR = 68-84 years). The median age of White patients (77 years; IQR = 69-85 years) was significantly higher than that of patients who were Black (70 years; IQR = 65–77), Hispanic (74 years; IQR = 66–83 years), or AI/AN (72 years; IQR = 71–75 years) and was lower than that among A/PI (79 years; IQR = 71–87 years) patients (p-value <0.01 for all) (Supplementary Table 1; https://stacks.cdc.gov/ view/cdc/133296). The proportion of hospitalized patients whose race was reported as Hispanic or Black decreased with increasing age (p-value <0.01); Black patients accounted for 28.2% of hospitalized patients aged 60–64 years and 8.2% of those aged ≥80 years (Supplementary Table 2; https://stacks. cdc.gov/view/cdc/133297).

Among a random sample of 1,634 adults aged \geq 60 years hospitalized during October 2022–April 2023 whose medical charts were reviewed, 54.1% were aged \geq 75 years, and 290 (17.2%) were long-term care facility (LTCF) residents, including 175 (26.9%) of those aged \geq 80 years (Table). Nearly all patients (1,553 [95%]) had SARS-CoV-2 test results available, among which 39 (2.4%) were positive; 1,587 (97.1%) had influenza testing results, among which 23 (2.2%) were positive.^{††} Prevalence of severe outcomes was not higher among patients with viral codetections compared

TABLE. Characteristics of a random sample of patients aged \geq 60 years hospitalized with laboratory-confirmed respiratory syncytial virus infection* (N = 1,634), stratified by age and site — Respiratory Syncytial Virus-Associated Hospitalization Surveillance Network, 12 states,[†] October 2022–April 2023

	Age group, yrs								
	Overall			60–69		70–79		≥80	
Characteristic	No.	Weighted % (95% Cl)	No.	Weighted % (95% Cl)	No.	Weighted % (95% Cl)	No.	Weighted % (95% Cl)	
Total, row %	1,634	100	523	32	554	34	557	34	
Sex									
Female	975	60.5 (57.0-63.8)	311	60.7 (54.8-66.4)	317	57.5 (51.7–63.1)	347	62.8 (56.7–68.7)	
Male	659	39.5 (36.2–43.0)	212	39.3 (33.6–45.2)	237	42.5 (36.9–48.3)	210	37.2 (31.3–43.3)	
Race and ethnicity [§]									
AI/AN	7	0.3 (0.1–0.7)	3	0.5 (0.1–1.5)	4	0.5 (0.1–1.5)	0	_	
A/PI, NH	95	7.1 (5.2–9.5)	31	7.3 (3.6–12.8)	23	3.9 (2.3–6.2)	41	9.8 (6.1–14.6)	
Black or African American, NH	213	13.0 (11.0–15.2)	111	22.4 (18.0–27.4)	69	13.0 (9.6–17.0)	33	5.7 (3.5–8.7)	
White, NH	1,181	70.2 (67.0–73.3)	333	60.6 (54.6-66.4)	404	70.2 (64.7–75.4)	444	77.6 (72.1–82.4)	
Hispanic or Latino	92	6.7 (5.0–8.7)	33	7.2 (4.4–11.0)	33	9.1 (5.5–13.9)	26	4.2 (2.4–6.7)	
All other races [¶]	5	0.4 (0.1–1.3)	1	0.1 (0.0–0.9)	2	0.3 (0.0–1.2)	2	0.7 (0.0–3.3)	
Unknown	41	2.3 (1.6–3.3	11	1.9 (0.8–3.6)	19	3.0 (1.7–4.9)	11	2.0 (0.9–3.9)	
LTCF residence**	290	17.2 (14.9–19.8)	36	5.8 (3.8–8.5)	79	16.1 (12.0–20.9)	175	26.9 (22.2–32.0)	
Viral codetection ^{††}									
SARS-CoV-2	39	2.4 (1.5–3.6)	11	1.6 (0.7–3.1)	19	3.4 (1.7–5.9)	9	2.2 (0.8-4.9)	
Influenza	23	2.2 (1.2–3.8)	7	1.9 (0.4–5.0)	9	2.3 (0.6–5.7)	7	2.4 (0.8–5.5)	
Hospitalization outcome ^{§§}									
Hospital stay, days, median (IQR)	4.1 (2.2–7.6)	_	4.0 (2.0–7.4)	_	4.1 (2.3–7.7)	_	4.2 (2.2–7.7)	_	
BiPAP/CPAP	339	19.8 (17.3–22.6)	116	23.3 (18.3–28.9)	131	22.6 (18.1–27.6)	92	14.8 (11.2–19.2)	
High-flow nasal cannula	80	4.3 (3.2–5.7)	22	3.9 (2.1–6.7)	31	5.4 (3.3–8.2)	27	3.7 (2.2–5.8)	
≥1 severe outcome ^{¶¶}	332	18.5 (15.9–21.2)	112	20.5 (16.3–25.3)	124	22.3 (17.2–28.1)	96	13.7 (10.2–17.8)	
ICU admission	297	17.0 (14.5–19.7)	111	20.5 (16.2–25.2)	110	20.6 (15.5–26.4)	76	11.3 (8.0–15.4)	
Invasive mechanical ventilation	94	4.8 (3.5–6.3)	42	6.4 (4.4–9.0)	33	4.9 (2.9–7.7)	19	3.5 (1.4–6.9)	
In-hospital death	98	4.7 (3.6–6.1)	22	3.0 (1.7–4.8)	39	5.8 (3.7–8.5)	37	5.2 (3.2–7.9)	

See table footnotes on the next page.

^{** 45} C.F.R. part 46.102(l)(2), 21 C.F.R. part 56; 42 U.S.C. Sect. 241(d); 5 U.S.C. Sect. 552a; 44 U.S.C. Sect. 3501 et seq.

^{††} Among 375 (24.2%) patients receiving testing for other viruses, nine rhinovirus, four seasonal coronavirus, and two parainfluenza virus codetections were identified.

TABLE. (*Continued*) Characteristics of a random sample of patients aged ≥60 years hospitalized with laboratory-confirmed respiratory syncytial virus infection* (N = 1,634), stratified by age and site — Respiratory Syncytial Virus–Associated Hospitalization Surveillance Network, 12 states,[†] October 2022–April 2023

				Age gro	up, yrs			
	Overall		60–69		70–79		≥80	
Characteristic	No.	Weighted % (95% CI)	No.	Weighted % (95% Cl)	No.	Weighted % (95% Cl)	No.	Weighted % (95% Cl)
Underlying medical condition								
≥1 underlying medical condition***	1,584	95.5 (93.2–97.2)	501	96.3 (94.0–97.9)	540	97.2 (95.1–98.6)	543	93.5 (87.3–97.2)
Chronic lung disease	813	49.2 (45.7–52.7)	290	54.4 (48.2–60.4)	292	53.9 (48.0–59.7)	231	41.2 (35.3–47.3)
COPD	552	33.7 (30.5–37.0)	197	38.9 (33.1–44.8)	189	34.4 (28.9–40.4)	166	29.1 (24.0–34.6)
Asthma	332	19.1 (16.6–21.8)	134	25.4 (20.4–31.0)	108	16.5 (12.9–20.7)	90	16.4 (12.3–21.2)
Other ^{†††}	72	5.4 (3.8–7.3)	17	3.0 (1.6–5.1)	34	8.4 (5.0–13.1)	21	4.6 (2.4-8.0)
Cardiovascular disease	1,108	67.1 (63.7–70.5)	304	55.0 (48.8–61.0)	371	67.5 (61.8–72.8)	433	76.3 (70.0–81.8)
CHF ^{§§§}	545	33.2 (30.0–36.5)	165	31.5 (26.1–37.2)	165	29.8 (24.4–35.7)	215	37.4 (31.7–43.4)
CAD ^{¶¶¶}	435	26.4 (23.5–29.5)	109	20.9 (16.3–26.3)	151	28.8 (23.7–34.4)	175	28.6 (23.6–34.1)
CVA****	253	13.7 (11.7–15.9)	55	9.6 (6.9–13.0)	90	14.0 (10.7–17.8)	108	16.7 (12.8–21.1)
Immunocompromising condition	292	18.6 (16.0–21.4)	101	19.0 (14.5–24.1)	121	22.8 (18.0–28.1)	70	14.8 (10.8–19.6)
Diabetes mellitus	553	32.6 (29.5–35.8)	200	38.0 (32.4–43.9)	195	32.7 (27.6–38.1)	158	28.4 (23.1–34.2)
Neurologic condition	439	27.3 (24.3–30.5)	96	17.3 (13.4–21.7)	135	25.2 (20.3–30.6)	208	36.8 (31.0–42.9)
Dementia ^{††††}	183	12.4 (10.1–15.0)	7	1.0 (0.4–2.4)	40	8.5 (5.5–12.5)	136	24.5 (19.4–30.1)
Other	256	14.9 (12.6–17.4)	89	16.2 (12.5–20.6)	95	16.7 (12.6–21.4)	72	12.3 (8.8–16.6)
Kidney disorder	477	29.3 (26.3–32.5)	134	24.7 (19.7–30.1)	156	30.0 (24.8–35.5)	187	32.3 (26.9–38.0)
Obesity	572	37.8 (34.3–41.4)	230	46.4 (40.3–52.5)	213	42.4 (36.5–48.6)	129	27.1 (21.3–33.6)

Abbreviations: AI/AN = American Indian or Alaska Native; A/PI = Asian or other Pacific Islander; BiPAP/CPAP = bilevel positive airway pressure/continuous positive airway pressure; CAD = coronary artery disease; CHF = congestive heart failure; COPD = chronic obstructive pulmonary disease; CVA = cerebrovascular accident; ICU = intensive care unit; LTCF = long-term care facility; NH = non-Hispanic.

* Data are from a weighted sample of hospitalized adults with completed medical record abstractions. Sample sizes presented are unweighted with weighted percentages. † Includes persons admitted to a hospital with an admission date during October 1, 2022–April 30, 2023. Selected counties in California, Colorado, Connecticut, Georgia, Maryland, Michigan, Minnesota, New Mexico, New York, Oregon, Tennessee, and Utah.

[§] If ethnicity was unknown, NH ethnicity was assumed.

[¶] Includes NH persons reported as other or multiple races.

** LTCF residents include hospitalized adults who were identified as residents of a nursing home or skilled nursing facility, rehabilitation facility, assisted living or residential care, long-term acute care hospital, group or retirement home, or other LTCF upon hospital admission. A free-text field for other types of residences was examined; patients with an LTCF-type residence were also categorized as LTCF residents.

^{+†} Results reported among adults who received testing (as opposed to all hospitalized adults). Because of testing practices, denominators differed among the viral respiratory pathogens based on type of test results available: SARS-CoV-2 = 95% (1,553) and influenza (influenza A, influenza B, and flu [not subtyped]) = 97% (1,587). Among 375 (24.2%) patients who received testing for other viruses, 15 additional viruses were detected: nine rhinoviruses, four seasonal coronaviruses, and two parainfluenza viruses.

§§ Hospitalization outcomes are not mutually exclusive categories, and patients can be included in more than one category.

^{¶¶} Severe outcome is defined as requiring ICU admission or mechanical ventilation or experiencing in-hospital death.

*** Defined as one or more of the following: chronic lung disease, including asthma; chronic metabolic disease including diabetes mellitus; blood disorder or hemoglobinopathy; cardiovascular disease; neurologic disorder; immunocompromising condition; renal disease; gastrointestinal or liver disease; rheumatologic, autoimmune, or inflammatory condition; obesity; feeding tube dependency; and wheelchair dependency.

*** Other chronic lung diseases include interstitial lung disease, pulmonary fibrosis, restrictive lung disease, sarcoidosis, asbestosis, and chronic respiratory failure including oxygen dependence.

^{§§§} CHF includes cardiomyopathy, heart failure with preserved ejection fraction, and heart failure with reduced ejection fraction.

^{¶¶¶} CAD includes history of coronary artery bypass graft and myocardial infarction.

**** CVA includes history of stroke or transient ischemic attack.

⁺⁺⁺⁺ Dementia includes Alzheimer disease and other types of dementia.

with those with RSV alone detected (p>0.5). The median length of hospitalization was 4.1 days (IQR = 2.2-7.6 days). A substantial proportion (332 [18.5%; 95% CI = 15.9%-21.2%]) of patients had at least one severe outcome, including 297 (17.0%) who required ICU admission, 94 (4.8%) who required mechanical ventilation, and 98 (4.7%) who died while hospitalized.

Almost all sampled patients (1,584; 95.5%) had at least one underlying medical condition, most commonly obesity (37.8%), chronic obstructive pulmonary disease (COPD) (33.7%), congestive heart failure (CHF) (33.2%), and diabetes mellitus (32.6%); 18.6% had an immunocompromising condition (Table) (Figure 1). The following underlying conditions were significantly more prevalent in patients with severe outcomes than in those without severe outcomes: COPD (40.0% versus 32.0%; p = 0.047), other chronic lung diseases excluding COPD and asthma (9.1% versus 4.4%; p = 0.04), and CHF (41.2% versus 31.4%; p = 0.01).

Whereas adults aged 75–79 years and \geq 80 years accounted for 12.4% and 16.2% of the catchment area populations, respectively (Figure 2), they accounted for 16.0% (95% CI = 13.5%–18.8%) and 38.1% (95% CI = 34.7%–41.7%) of hospitalizations, 21.2% (95% CI = 13.2%–31.3%) and 25.5% (95% CI = 18.6%–33.5%) of ICU admissions, and 25.6%



FIGURE 1. Underlying medical conditions*,[†] among patients hospitalized with laboratory-confirmed respiratory syncytial virus infection[§] — Respiratory Syncytial Virus–Associated Hospitalization Surveillance Network, 12 states,[¶] October 2022–April 2023

Abbreviation: COPD = chronic obstructive pulmonary disease.

* With 95% Cls indicated by error bars.

⁺ Congestive heart failure includes cardiomyopathy; coronary artery disease includes history of coronary artery bypass graft and myocardial infarction; cerebrovascular accident includes history of stroke or transient ischemic attack; dementia includes Alzheimer disease and other types of dementia.

[§] Data are from a weighted sample of hospitalized adults with completed medical record abstractions. Sample sizes presented are unweighted with weighted percentages.
[¶] Select counties in California, Colorado, Connecticut, Georgia, Maryland, Michigan, Minnesota, New Mexico, New York, Oregon, Tennessee, and Utah.

(95% CI = 14.8%–39%) and 42.1% (95% CI = 29.1%–55.9%) of in-hospital deaths, respectively. Orders to not resuscitate or intubate were in place for 321 (20%) patients, including 211 (35%) patients aged \geq 80 years.

Discussion

During July 2022–June 2023, RSV-associated hospitalizations among adults aged \geq 60 years in a large population-based surveillance system occurred predominantly among those aged \geq 75 years (54%); many (17.2%) of these patients resided in long-term care facilities. The median age of hospitalized AI/AN, Black, and Hispanic patients was lower than that of hospitalized White patients. Viral coinfections reported in RSV-NET were infrequent, despite comprehensive testing for SARS-CoV-2 and influenza, indicating that RSV alone caused substantial morbidity and mortality in this population. Most patients hospitalized with RSV had underlying medical conditions, notably CHF and COPD, which were associated with severe outcomes. Severe outcomes were common, with 17.0% of hospitalized patients requiring ICU admission and nearly 5% dying during their hospitalization.

CDC recommends RSV vaccination for adults aged \geq 60 years using shared clinical decision-making, which may consider a patient's individual risk for severe disease (1). Adults aged \geq 75 years were overrepresented among older adult RSV-NET hospitalizations, consistent with previous studies demonstrating increased RSV hospitalization rates with increasing age (4,5). However, the median age of hospitalized older adults who were AI/AN, Black, and Hispanic patients was lower than that for White patients, such that persons in these three groups accounted for a larger proportion of RSV-NET hospitalizations among the younger age groups. This finding likely reflects different age distributions, as well as life expectancy, within the catchment population, as well as potentially higher risk for hospitalization at younger ages resulting from racial and ethnic disparities in underlying medical conditions, access to medical care, and socioeconomic status (6-8).

The prevalence of underlying medical conditions among hospitalized patients was high, including CHF and COPD, both of which were disproportionately associated with severe outcomes in this analysis. Both CHF and COPD have been previously associated with increased RSV hospitalization rates

FIGURE 2. Age distribution* among persons aged ≥60 years residing in the surveillance network catchment area[†] and among laboratoryconfirmed respiratory syncytial virus–associated hospitalizations, intensive care unit admissions, and in-hospital deaths — Respiratory Syncytial Virus–Associated Hospitalization Surveillance Network, 12 states, October 2022–April 2023



Abbreviations: ICU = intensive care unit; RSV = respiratory syncytial virus; RSV-NET = Respiratory Syncytial Virus–Associated Hospitalization Surveillance Network. * With 95% Cls indicated by error bars.

[†] The RSV catchment area includes select counties in California, Colorado, Connecticut, Georgia, Maryland, Michigan, Minnesota, New Mexico, New York, Oregon, Tennessee, and Utah. RSV-associated hospitalizations among RSV-NET catchment area residents have hospital admission dates from October 1, 2022 through April 30, 2023. Those with severe RSV disease might be more likely to receive RSV testing; therefore, these data could potentially overestimate the proportion of severe outcomes among hospitalized patients.

(4,5). One study indicated that older adults with COPD (aged \geq 65 years) and CHF (aged 60–79 years) had RSV hospitalization rates that were 3.5–13.4 times and 5.9–7.6 times higher, respectively, than rates among those without those conditions (5). The large proportion of LTCF residents among RSV-NET hospitalizations is also consistent with published literature demonstrating this population's vulnerability to institutional outbreaks and hospitalization (9).

Limitations

The findings in this report are subject to at least three limitations. First, RSV-associated hospitalizations might have been missed because of test availability or clinician testing practices that limit RSV testing among hospitalized adults. Second, and conversely, severely ill patients might have been more likely to undergo RSV testing, potentially overestimating the proportion of severe outcomes among hospitalized patients. Finally, because RSV-NET covers 9% of the U.S. population, these findings might not be nationally generalizable.

Implications for Public Health Practice

RSV causes substantial morbidity and mortality in adults aged ≥ 60 years; these findings suggest that advanced age (particularly ≥ 75 years), LTCF residence, and the presence of underlying medical conditions, including COPD and CHF, might be risk factors for clinicians and patients to consider in shared decision-making regarding RSV vaccination. It is important that special attention be paid to equitable access to vaccines for AI/AN, Black, and Hispanic adults, who were hospitalized for RSV at younger ages than were White adults.

Summary

What is already known about this topic?

Respiratory syncytial virus (RSV) causes substantial morbidity and mortality in older adults. In June 2023, CDC recommended RSV vaccination for adults aged \geq 60 years, using shared clinical decisionmaking and prioritizing those at highest risk for severe disease.

What is added by this report?

Among 1,634 patients aged ≥60 years hospitalized with RSV, 54% were aged ≥75 years, and 17% resided in long-term care facilities (LTCFs). Obesity, chronic obstructive pulmonary disease (COPD), and congestive heart failure (CHF) were common underlying conditions.

What are the implications for public health practice?

Clinicians and patients should consider age (particularly age ≥75 years), LTCF residence, and underlying medical conditions, including COPD and CHF, in shared decision-making regarding RSV vaccination to prevent severe RSV-associated outcomes.

Acknowledgments

Ashley Coates, Brenna Hall, Monica Napoles, Jeremy Roland, Gretchen Rothrock, California Emerging Infections Program; Isaac Armistead, Nina Strayhorn, Colorado Department of Public Health & Environment; Julia Desiato, Noelle Labazzo, Hazhia Sorosindi, Melanie Szajai, Kimberly Yousey-Hindes, Emily Zmek, Connecticut Emerging Infections Program, Yale School of Public Health; Emily Bacon, Meghann Cantey, Rayna Ceaser, Alyssa Clausen, Emily Fawcett, Sydney Hagley-Alexander, Sabrina Hendrick, Johanna Hernandez, Asmith Joseph, Annabel Patterson, Allison Roebling, MaCayla Servais, Emma Grace Turner, Hope Wilson, School of Medicine, Emory University, Georgia Emerging Infections Program, Georgia Department of Public Health, Veterans Affairs Medical Center; Alicia Brooks, Maryland Department of Health; Chloe Brown, Jim Collins, Anna Falkowski, Justin Henderson, Shannon Johnson, Lindsay Leigh, Sanchitha Meda, Elizabeth McCormick, Alyanna Melicor, Val Tellez Nunez, Libby Reeg, Michigan Department of Health & Human Services; Sumaya Alfath, Erica Bye, Kathy Como-Sabetti, Angela Hershberger, Jennifer Zipprich, Minnesota Department of Health; Mark Montova, Kelly Plymesser, Susan Ropp, Chad Smelser, Daniel Sosin, New Mexico Department of Health; Nancy Eisenberg, Sarah Khanlian, Francesca Pacheco, Yadira Salazar-Sanchez, New Mexico Emerging Infections Program; Bridget Anderson, Kerianne Engesser, Suzanne McGuire, Jemma Rowlands, Nancy Spina, New York State Department of Health; Sophrena Bushey, Christina Felsen, Maria Gaitan, Erin Licherdell, Kevin Popham, Katherine St George, University of Rochester School of Medicine and Dentistry; Kathy Billings, Katie Dyer, Karen Leib, Tiffanie Markus, Terri McMinn, Danielle Ndi, Emmanuel Sackey, Vanderbilt University Medical Center; Ashton Bruno, Amanda Carter, Ryan Chatelain, Melanie Crossland, Andrea George, Rosie Gonzalez, Andrew Haraghey, Mary Hill, Emma Mendez, Kristen P. Olsen, Andrea Price, Isabella Reyes, Courtney H. Sacco, Holly Staten, Ashley Swain, Hafsa Zahid, Salt Lake County Health Department.

RSV-NET Surveillance Team

Pam Daily Kirley, California Emerging Infections Program; Elizabeth Austin, Colorado Department of Public Health & Environment; Daewi Kim, Connecticut Emerging Infections Program, Yale School of Public Health; Chandler Surell, Emory University School of Medicine, Georgia Emerging Infections Program, Georgia Department of Public Health, Atlanta Veterans Affairs Medical Center; Maya Monroe, Maryland Department of Health; Lauren Leegwater, Michigan Department of Health & Human Services; Erica Mumm, Minnesota Department of Health; Molly Bleecker, University of New Mexico Emerging Infections Program; Adam Rowe, New York State Department of Health; Kevin Popham, University of Rochester School of Medicine and Dentistry; Arilene Novak, Public Health Division, Oregon Health Authority; William Schaffner, Vanderbilt University Medical Center; Holly Staten, Salt Lake County Health Department.

Corresponding author: Fiona P. Havers, wja7@cdc.gov.

¹Coronavirus and Other Respiratory Viruses Division, National Center for Immunization and Respiratory Diseases, CDC; ²Eagle Health Analytics, LLC., Atlanta, Georgia; ³California Emerging Infections Program, Oakland, California; ⁴Career Epidemiology Field Officer Program, CDC; ⁵Colorado Department of Public Health & Environment; ⁶Connecticut Emerging Infections Program, Yale School of Public Health, New Haven, Connecticut; ⁷Emory University School of Medicine, Atlanta, Georgia; ⁸Georgia Emerging Infections Program, Georgia Department of Public Health; ⁹Atlanta Veterans Affairs Medical Center, Decatur, Georgia; ¹⁰Maryland Department of Health; ¹¹Michigan Department of Health & Human Services; ¹²Minnesota Department of Health; ¹³New Mexico Department of Health; ¹⁴New York State Department of Health; ¹⁵University of Rochester School of Medicine and Dentistry, Rochester, New York; ¹⁶Public Health Division, Oregon Health Authority; ¹⁷Vanderbilt University Medical Center, Nashville, Tennessee; ¹⁸Salt Lake County Health Department, Salt Lake City, Utah.

All authors have completed and submitted the International Committee of Medical Journal Editors form for disclosure of potential conflicts of interest. Brenda L. Tesini reports honoraria from Merck, unrelated to the current work. No other potential conflicts of interest were disclosed.

References

- Melgar M, Britton A, Roper LE, et al. Use of respiratory syncytial virus vaccines in older adults: recommendations of the Advisory Committee on Immunization Practices—United States, 2023. MMWR Morb Mortal Wkly Rep 2023;72:793–801. PMID:37471262 https://doi.org/10.15585/ mmwr.mm7229a4
- Hamid S, Winn A, Parikh R, et al. Seasonality of respiratory syncytial virus— United States, 2017–2023. MMWR Morb Mortal Wkly Rep 2023;72:355–61. PMID:37022977 https://doi.org/10.15585/mmwr.mm7214a1
- O'Halloran A, Whitaker M, Patel K, et al. Developing a sampling methodology for timely reporting of population-based COVID-19associated hospitalization surveillance in the United States, COVID-NET 2020–2021. Influenza Other Respir Viruses 2023;17:e13089. PMID:36625234 https://doi.org/10.1111/irv.13089
- Kujawski SA, Whitaker M, Ritchey MD, et al. Rates of respiratory syncytial virus (RSV)–associated hospitalization among adults with congestive heart failure—United States, 2015–2017. PLoS One 2022;17:e0264890. PMID:35263382 https://doi.org/10.1371/journal. pone.0264890

- Branche AR, Saiman L, Walsh EE, et al. Incidence of respiratory syncytial virus infection among hospitalized adults, 2017–2020. Clin Infect Dis 2022;74:1004–11. PMID:34244735 https://doi.org/10.1093/cid/ciab595
- Caraballo C, Herrin J, Mahajan S, et al. Temporal trends in racial and ethnic disparities in multimorbidity prevalence in the United States, 1999–2018. Am J Med 2022;135:1083–1092.e14. PMID:35472394 https://doi.org/10.1016/j.amjmed.2022.04.010
- Arias E, Tejada-Vera T, Kochanek KD, Ahmad FB. Provisional life expectancy estimates for 2021. NVSS vital statistics rapid release; no 23. Hyattsville, MD: US Department of Health and Human Services, CDC, National Center for Health Statistics; 2022. https://www.cdc.gov/nchs/ data/vsrr/vsrr023.pdf
- Tsao CW, Aday AW, Almarzooq ZI, et al.; American Heart Association Council on Epidemiology and Prevention Statistics Committee and Stroke Statistics Subcommittee. Heart disease and stroke statistics—2023 update: a report from the American Heart Association. Circulation 2023;147:e93–621. PMID:36695182 https://doi.org/10.1161/ CIR.000000000001123
- Childs A, Zullo AR, Joyce NR, et al. The burden of respiratory infections among older adults in long-term care: a systematic review. BMC Geriatr 2019;19:210. PMID:31382895 https://doi.org/10.1186/ s12877-019-1236-6

Disease Severity of Respiratory Syncytial Virus Compared with COVID-19 and Influenza Among Hospitalized Adults Aged ≥60 Years — IVY Network, 20 U.S. States, February 2022–May 2023

Diya Surie, MD^{1,*}; Katharine A. Yuengling, MPH^{1,*}; Jennifer DeCuir, MD, PhD^{1,*}; Yuwei Zhu, MD²; Manjusha Gaglani, MBBS^{3,4,5}; Adit A. Ginde, MD⁶; H. Keipp Talbot, MD²; Jonathan D. Casey, MD²; Nicholas M. Mohr, MD⁷; Shekhar Ghamande, MD^{3,4}; Kevin W. Gibbs, MD⁸; D. Clark Files, MD⁸; David N. Hager, MD, PhD⁹; Harith Ali, MBChB⁹; Matthew E. Prekker, MD¹⁰; Michelle N. Gong, MD¹¹; Amira Mohamed, MD¹¹; Nicholas J. Johnson, MD¹²; Jay Š. Steingrub, MD¹³; Ithan D. Peltan, MD¹⁴; Samuel M. Brown, MD¹⁴; Aleda M. Leis, PhD¹⁵; Akram Khan, MD¹⁶; Catherine L. Hough, MD¹⁶; William S. Bender, MD¹⁷; Abhijit Duggal, MD¹⁸; Jennifer G. Wilson, MD¹⁹; Nida Qadir, MD²⁰; Steven Y. Chang, MD, PhD²⁰; Christopher Mallow, MD²¹; Jennie H. Kwon, DO²²; Matthew C. Exline, MD²³; Adam S. Lauring, MD, PhD²⁴; Nathan I. Shapiro, MD²⁵; Cristie Columbus, MD^{4,5}; Ivana A. Vaughn, PhD²⁶; Mayur Ramesh, MD²⁶; Basmah Safdar, MD²⁷; Natasha Halasa, MD²; James D. Chappell, MD, PhD²; Carlos G. Grijalva, MD²; Adrienne Baughman²; Todd W. Rice, MD²; Kelsey N. Womack, PhD²; Jin H. Han, MD²; Sydney A. Swan, MPH²; Indrani Mukherjee, MS¹; Nathaniel M. Lewis, PhD²⁸; Sascha Ellington, PhD²⁸; Meredith L. McMorrow, MD¹; Emily T. Martin, PhD¹⁵; Wesley H. Self, MD²; IVY Network

Abstract

On June 21, 2023, CDC's Advisory Committee on Immunization Practices recommended respiratory syncytial virus (RSV) vaccination for adults aged ≥60 years, offered to individual adults using shared clinical decision-making. Informed use of these vaccines requires an understanding of RSV disease severity. To characterize RSV-associated severity, 5,784 adults aged ≥60 years hospitalized with acute respiratory illness and laboratory-confirmed RSV, SARS-CoV-2, or influenza infection were prospectively enrolled from 25 hospitals in 20 U.S. states during February 1, 2022-May 31, 2023. Multivariable logistic regression was used to compare RSV disease severity with COVID-19 and influenza severity on the basis of the following outcomes: 1) standard flow (<30 L/minute) oxygen therapy, 2) high-flow nasal cannula (HFNC) or noninvasive ventilation (NIV), 3) intensive care unit (ICU) admission, and 4) invasive mechanical ventilation (IMV) or death. Overall, 304 (5.3%) enrolled adults were hospitalized with RSV, 4,734 (81.8%) with COVID-19 and 746 (12.9%) with influenza. Patients hospitalized with RSV were more likely to receive standard flow oxygen, HFNC or NIV, and ICU admission than were those hospitalized with COVID-19 or influenza. Patients hospitalized with RSV were more likely to receive IMV or die compared with patients hospitalized with influenza (adjusted odds ratio = 2.08; 95% CI = 1.33-3.26). Among hospitalized older adults, RSV was less common, but was associated with more severe disease than COVID-19 or influenza. High disease severity in older adults hospitalized with RSV is important to consider in shared clinical decision-making regarding RSV vaccination.

Introduction

Respiratory syncytial virus (RSV) is increasingly recognized as an important cause of severe respiratory disease in older adults. In the United States, an estimated 60,000-160,000 RSV-associated hospitalizations and 6,000-10,000 RSV-associated deaths occur each year among adults aged ≥65 years (1). On June 21, 2023, CDC's Advisory Committee on Immunization Practices recommended RSV vaccination for adults aged ≥ 60 years using shared clinical decision-making[†] (1). Understanding the severity of RSV disease compared with that of other respiratory viral diseases in older adults is needed to guide this shared patient-provider clinical decision-making.

Methods

During February 1, 2022-May 31, 2023, adults aged ≥60 years with acute respiratory illness[§] and laboratory-confirmed RSV, SARS-CoV-2, or influenza infection who were admitted to any of 25 hospitals in 20 U.S. states participating in the Investigating Respiratory Viruses in the Acutely Ill (IVY) Network[¶] were eligible for inclusion in this analysis. Demographic and clinical data were obtained from patient or proxy interview and medical records, including in-hospital outcomes observed by day 28 of hospitalization. Upper respiratory specimens were collected from enrolled patients near the time of admission and tested at a central laboratory (Vanderbilt University Medical Center, Nashville, Tennessee)

^{*} These authors contributed equally to this report.

[†]Unlike age- and risk-based recommendations, for which the default decision should be to vaccinate the patient unless vaccination is contraindicated, shared clinical decision-making recommendations have no default. The decision whether to vaccinate may take into account the best available evidence regarding who would benefit from vaccination; the individual patient's characteristics, values, and preferences; the vaccine characteristics; and the clinician's discretion. https://www.cdc.gov/vaccines/acip/acip-scdm-faqs.html

[§]Acute respiratory illness was defined as one including any of the following signs and symptoms: fever, cough, shortness of breath, new or worsening findings on chest imaging consistent with pneumonia, or hypoxemia (defined as SpO2 <92% on room air or supplemental oxygen to maintain SpO2 ≥92%). For patients receiving chronic oxygen therapy, hypoxemia was defined as SpO2 below baseline or an escalation in supplemental oxygen use to maintain a baseline SpO2.

https://www.cdc.gov/flu/vaccines-work/ivy.htm

by reverse transcription—polymerase chain reaction for RSV, SARS-CoV-2, and influenza. Patients who received a positive RSV, SARS-CoV-2 or influenza result based on either hospital or central laboratory testing within 10 days of illness onset or within 3 days of hospital admission were included.

Severity of RSV disease was compared with COVID-19 and influenza severity using the following in-hospital outcomes: 1) standard flow oxygen therapy, defined as receipt of supplemental oxygen at <30 L/minute; 2) receipt of high-flow nasal cannula (HFNC) or noninvasive ventilation (NIV); 3) intensive care unit (ICU) admission; and 4) receipt of invasive mechanical ventilation (IMV) or death. For this analysis, enrolled patients were excluded if they had confirmed or inconclusive laboratory test results indicating coinfection with RSV, SARS-CoV-2, or influenza or if data for in-hospital outcomes were missing.

In-hospital outcomes were compared among patients hospitalized with RSV disease, COVID-19, and influenza using multivariable logistic regression. Models were adjusted for age, sex, self-reported race and Hispanic or Latino (Hispanic) ethnicity, number of organ systems associated with a chronic medical condition, and U.S. Department of Health and Human Services geographic region. Differences among respiratory viruses were assessed for each outcome; p-values <0.05 were considered statistically significant. All analyses were conducted using SAS software (version 9.4; SAS Institute). This activity was reviewed by CDC, deemed not research, and was conducted consistent with applicable federal law and CDC policy.**

Results

During February 1, 2022–May 31, 2023, a total of 6,061 adults aged \geq 60 years were enrolled in IVY Network with acute respiratory illness and laboratory-confirmed infection with RSV, SARS-CoV-2, or influenza. After exclusion of 277 patients,^{††} 5,784 were included in this analysis, among whom 304 (5.3%) were hospitalized with RSV, 4,734 (81.8%) with COVID-19, and 746 (12.9%) with influenza. Substantial seasonal variation in hospital admissions was observed for RSV and influenza, but SARS-CoV-2 admissions exhibited less seasonal variation (Figure).

The median age of adults hospitalized with RSV (72 years) was similar to the age of those hospitalized with COVID-19 (74 years) and influenza (71 years) (Table 1). Among patients

FIGURE. Date of admission for adults aged ≥60 years hospitalized with respiratory syncytial virus, COVID-19, or influenza — Investigating Respiratory Viruses in the Acutely III Network, 25 hospitals, 20 U.S. states,* February 1, 2022–May 31, 2023



* https://www.cdc.gov/flu/vaccines-work/ivy.htm

^{** 45} C.F.R. part 46.102(l)(2), 21 C.F.R. part 56; 42 U.S.C. Sect. 241(d); 5 U.S.C. Sect. 552a; 44 U.S.C. Sect. 3501 et seq.

^{††} A total of 120 patients were excluded because of laboratory-confirmed coinfections, 226 patients were excluded because of inconclusive laboratory test results, preventing confirmation of coinfections, and five patients were excluded because of missing in-hospital clinical outcomes, yielding 277 total exclusions. These 277 exclusions were not mutually exclusive.

TABLE 1. Characteristics of adults aged ≥60 years hospitalized with respiratory syncytial virus, COVID-19, or influenza — Investigating Respirator	ry
Viruses in the Acutely III Network, 25 hospitals,* 20 U.S. states, February 1, 2022–May 31, 2023	

	No. (%)					
Characteristic	Total N = 5,784	RSV n = 304	COVID-19 n = 4,734	Influenza n = 746		
Age, yrs, median (IQR)	74 (67–81)	72 (66–80)	74 (67–82)	71 (65–79)		
Age group, yrs						
60–69	2,038 (35.2)	116 (38.2)	1,601 (33.8)	321 (43.0)		
70–79	1,978 (34.2)	110 (36.2)	1,623 (34.3)	245 (32.8)		
≥80	1,768 (30.6)	78 (25.7)	1,510 (31.9)	180 (24.1)		
Race and ethnicity						
Black or African American, non-Hispanic	1,038 (17.9)	55 (18.1)	795 (16.8)	188 (25.2)		
White, non-Hispanic	3,659 (63.3)	178 (58.6)	3,095 (65.4)	386 (51.7)		
Hispanic or Latino, any race	702 (12.1)	44 (14.5)	543 (11.5)	115 (15.4)		
Other race, non-Hispanic [†]	293 (5.1)	22 (7.2)	224 (4.7)	47 (6.3)		
Other [§]	92 (1.6)	5 (1.6)	77 (1.6)	10 (1.3)		
Sex						
Female	2,898 (50.1)	173 (56.9)	2,326 (49.1)	399 (53.5)		
Male	2,886 (49.9)	131 (43.1)	2,408 (50.9)	347 (46.5)		
HHS region*						
1	1,117 (19.3)	41 (13.5)	971 (20.5)	105 (14.1)		
2	337 (5.8)	27 (8.9)	239 (5.0)	71 (9.5)		
3	221 (3.8)	8 (2.6)	199 (4.2)	14 (1.9)		
4	998 (17.3)	59 (19.4)	812 (17.2)	127 (17.0)		
5	881 (15.2)	37 (12.2)	712 (15.0)	132 (17.7)		
6	676 (11.7)	25 (8.2)	550 (11.6)	101 (13.5)		
7	328 (5.7)	29 (9.5)	246 (5.2)	53 (7.1)		
8	731 (12.6)	51 (16.8)	574 (12.1)	106 (14.2)		
9	295 (5.1)	19 (6.3)	257 (5.4)	19 (2.6)		
10	200 (3.5)	8 (2.6)	1/4 (3./)	18 (2.4)		
No. of organ systems with a chronic medical condition, median (IQR) [¶]	2 (2–3)	2 (2–3)	2 (2–4)	2 (2–3)		
COVID-19 vaccination status**						
Unvaccinated	997 (17.2)	29 (9.5)	837 (17.7)	131 (17.6)		
Vaccinated ^{††}	4,713 (81.5)	274 (90.1)	3,834 (81.0)	605 (81.1)		
Influenza vaccination status ^{§§}						
Unvaccinated	2,548 (44.1)	131 (43.1)	2,026 (42.8)	391 (52.4)		
Vaccinated ^{¶¶}	2,795 (48.3)	147 (48.4)	2,343 (49.5)	305 (40.9)		

Abbreviations: HHS = U.S. Department of Health and Human Services; RSV = respiratory syncytial virus.

* Hospitals by HHS region include Region 1: Baystate Medical Center (Springfield, Massachusetts), Beth Israel Deaconess Medical Center (Boston, Massachusetts), and Yale University (New Haven, Connecticut); Region 2: Montefiore Medical Center (New York, New York); Region 3: Johns Hopkins Hospital (Baltimore, Maryland); Region 4: Emory University Medical Center (Atlanta, Georgia), University of Miami Medical Center (Miami, Florida), Vanderbilt University Medical Center (Nashville, Tennessee), and Wake Forest University Baptist Medical Center (Winston-Salem, North Carolina); Region 5: Cleveland Clinic (Cleveland, Ohio), Hennepin County Medical Center (Minneapolis, Minnesota), Henry Ford Health (Detroit, Michigan); The Ohio State University Wexner Medical Center (Dallas, Texas); Region 7: Barnes-Jewish Hospital (Ann Arbor, Michigan); Region 9: University of Iowa Hospitals (Iowa City, Iowa); Region 8: Intermountain Medical Center (Murray, Utah) and UCHealth, University of Colorado Hospital (Aurora, Colorado); Region 9: University of Arizona Medical Center (Phoenix, Arizona), Stanford University Medical Center (Stanford, California), and UCL AMedical Center (Los Angeles, California); and Region 10: Oregon Health & Science University Hospital (Portland, Oregon) and University of Washington).

⁺ Other race, non-Hispanic includes American Indian or Alaska Native, Asian, and Native Hawaiian or other Pacific Islander, which were combined because of small counts. [§] Other includes patients who self-reported their race and ethnicity as "other" and those for whom race and ethnicity were unknown.

¹ Organ systems with chronic medical conditions include cardiovascular disease, neurologic disease, pulmonary disease, gastrointestinal disease, endocrine disease, kidney disease, hematologic disease, autoimmune disease, and immunocompromising conditions.

** A total of 74 (1.3%) patients were missing COVID-19 vaccination status, including one (0.3%) among RSV patients, 63 (1.3%) among COVID-19 patients, and 10 (1.3) among influenza patients.

⁺⁺ Includes patients with receipt of ≥1 dose of original (ancestral) monovalent vaccines, specifically BNT1262b2, (Pfizer-BioNTech), mRNA-1273 (Moderna), NVX-CoV2373 (Novavax), Ad26.COV2.S (Janssen [Johnson & Johnson]) or patients with receipt of ≥1 dose bivalent (ancestral and BA.4/5) vaccines, specifically BNT1262b2 bivalent vaccine (Pfizer-BioNTech) and mRNA-1273.222 (Moderna) bivalent vaccine. Patients who received bivalent vaccination might have previously received 1–6 doses of the original (ancestral) monovalent vaccines.

^{\$§} A total of 441 (7.6%) patients were missing influenza vaccination status, including 26 (8.6%) RSV patients, 365 (7.7%) COVID-19 patients, and 50 (6.7%) influenza patients.

[¶] Patients were classified as vaccinated against influenza if they received season-specific influenza vaccination based on the period in which they were enrolled.

hospitalized with RSV or COVID-19, percentages of non-Hispanic Black or African American (Black) patients were similar (18.1% and 16.8%, respectively); however, among patients hospitalized with influenza, the percentage of Black patients was higher (188; 25.2%). Patients hospitalized with RSV had chronic medical conditions associated with a median of two organ systems, a finding similar to that for patients hospitalized with COVID-19 or influenza. Among the

		No./Total no. (%)					
In-hospital outcomes	RSV patients n = 304	COVID-19 patients n = 4734	Influenza patients n = 746	RSV vs. COVID-19 aOR [†] (95% CI)	p-value	RSV vs. influenza aOR [†] (95% CI)	p-value
Standard flow oxygen therapy [§]	157/197 (79.7)	2,169/3,726 (58.2)	390/593 (65.8)	2.97 (2.07–4.27)	<0.001	2.07 (1.37–3.11)	<0.001
HFNC or NIV [¶]	59/256 (23.0)	495/4,223 (11.7)	94/687 (13.7)	2.25 (1.65–3.07)	< 0.001	1.99 (1.36–2.90)	<0.001
ICU admission	74/304 (24.3)	819/4,734 (17.3)	125/746 (16.8)	1.49 (1.13–1.97)	0.005	1.55 (1.11–2.19)	0.01
IMV or death	41/304 (13.5)	481/4,734 (10.2)	52/746 (7.0)	1.39 (0.98–1.96)	0.07	2.08 (1.33–3.26)	0.001

TABLE 2. In-hospital outcomes among adults aged ≥60 years hospitalized with respiratory syncytial virus, COVID-19, or influenza — Investigating Respiratory Viruses in the Acutely III Network, 25 hospitals,* 20 U.S. states, February 1, 2022–May 31, 2023

Abbreviations: aOR = adjusted odds ratio; HFNC = high-flow nasal cannula; ICU = intensive care unit; IMV = invasive mechanical ventilation; NIV = noninvasive ventilation; RSV = respiratory syncytial virus.

* https://www.cdc.gov/flu/vaccines-work/ivy.htm

⁺ Multivariable logistic regression models were adjusted for age, sex, race and ethnicity, number of organ systems with chronic medical conditions, and U.S. Department of Health and Human Services region.

[§] Standard flow oxygen therapy was defined as receipt of supplemental oxygen therapy at a flow rate <30 L/minute as the highest level of oxygen support received during hospitalization.

[¶] HFNC or NIV was defined as patients who received either HFNC (oxygen therapy at a flow rate ≥30 L/minute) or NIV as the highest level of oxygen support received during hospitalization.

5,784 included patients, 4,713 (81.5%) had received ≥ 1 dose of original (ancestral) monovalent or bivalent (ancestral and BA.4/5) COVID-19 vaccine, and 2,795 (48.3%) had received seasonal influenza vaccination.^{§§}

In adjusted analyses comparing RSV severity with COVID-19, patients hospitalized with RSV were more likely than hospitalized COVID-19 patients or hospitalized influenza patients were to receive standard flow oxygen (adjusted odds ratio [aOR] = 2.97 [COVID-19] and 2.07 [influenza]), HFNC or NIV (aOR = 2.25 [COVID-19] and 1.99 [influenza]), or to be admitted to an ICU (aOR = 1.49 [COVID-19] and 1.55 [influenza]) (Table 2). The odds of the composite outcome of IMV or death between patients hospitalized with RSV and patients hospitalized with COVID-19 was similar (aOR 1.39; 95% CI = 0.98–1.96); however, among hospitalized adults aged \geq 60 years with RSV, the odds of IMV or death were significantly higher compared with hospitalized influenza patients (aOR 2.08; 95% CI = 1.33–3.26).

Discussion

The findings from this study demonstrate that RSV is an important cause of respiratory virus-associated morbidity and mortality in older adults. In this prospective, multicenter analysis in which all enrolled older adults hospitalized in 20 U.S. states during 2022–2023 received testing for RSV, SARS-CoV-2, and influenza, RSV-associated hospitalizations

were less frequent than were COVID-19–associated and influenza-associated hospitalizations; however, clinical outcomes in patients hospitalized with RSV were worse than those among patients hospitalized with COVID-19 or influenza. Because RSV disease is less common than COVID-19 or influenza disease among hospitalized patients, clinicians might be less aware of RSV as a serious respiratory pathogen in older adults.

The findings in this analysis are consistent with those from earlier studies that compared RSV disease severity among hospitalized adults with influenza disease (2–4). Although outcome definitions vary across studies, most demonstrate that patients hospitalized with RSV disease are more likely to be treated with supplemental oxygen, mechanical ventilation, or ICU admission than are patients hospitalized with influenza disease (2–4).

An important finding in this analysis is that older adults hospitalized with RSV were also more likely to receive standard flow oxygen therapy, HFNC or NIV, or be admitted to an ICU, compared with patients hospitalized with COVID-19. Few studies have compared RSV severity with that associated with COVID-19, and those that have were completed in 2020, before emergence of the Omicron variant and introduction of COVID-19 vaccines (4,5). Those studies demonstrated that patients hospitalized with RSV were less likely to experience ICU admission, mechanical ventilation, and in-hospital death than were patients hospitalized with COVID-19. Higher RSV severity relative to that of COVID-19 observed in this analysis is likely due to a combination of factors, including 1) reduced severity of Omicron variant sublineages circulating during the period of this analysis, 2) substantial increases in vaccine- and infection-conferred immunity against SARS-CoV-2, and 3) increases in use of antiviral treatments (6,7).

The high RSV disease severity observed among older adults in this analysis is important to guide decision-making for RSV

^{§§} Patients were classified as having been vaccinated against COVID-19 based on receipt of ≥1 dose of original (ancestral) monovalent vaccines (BNT1262b2, [Pfizer-BioNTech], mRNA-1273 [Moderna], NVX-CoV2373 [Novavax], or Ad26.COV2.S [Janssen (Johnson & Johnson)]) or receipt of ≥1 dose of bivalent (ancestral and BA.4/5) vaccine (BNT1262b2 bivalent vaccine [Pfizer-BioNTech] or mRNA-1273.222 [Moderna] bivalent vaccine). Patients who received bivalent vaccine might have previously received 1–6 doses of the original (ancestral) monovalent vaccines. Patients were classified as having been vaccinated against influenza if they had received season-specific influenza vaccination based on the period during which they were enrolled.

Summary

What is already known about this topic?

In June 2023, CDC recommended the first respiratory syncytial virus (RSV) vaccines for adults aged ≥60 years using shared clinical decision-making. Understanding the severity of RSV disease is needed to guide this clinical decision-making.

What is added by this report?

During February 2022–May 2023, hospitalizations for RSV were less frequent but were associated with more severe disease than were hospitalizations for COVID-19 or influenza, including receipt of standard flow oxygen therapy, high-flow nasal cannula or noninvasive ventilation, and intensive care unit admission.

What are the implications for public health practice?

The potential for severe RSV disease among older adults is important to consider as part of shared clinical decision-making when assessing the benefit of RSV vaccination among adults aged ≥ 60 years.

vaccination in this population. Although neither of the two clinical trials that led to Food and Drug Administration (FDA) approval of RSV vaccines for older adults was powered to assess protection of RSV vaccination against hospitalization in adults aged ≥ 60 years, both trials showed moderate to high efficacy of RSV vaccination against lower respiratory tract disease, which is in the causal pathway leading to severe disease (8,9). Although additional studies are needed to assess protection of these vaccines against severe respiratory disease in older adults, RSV vaccination has the potential to prevent severe respiratory disease and is currently the only approved prevention product available for older adults.

Limitations

The findings in this report are subject to at least three limitations. First, it is possible that RSV was preferentially detected among more severely ill patients who were more likely to receive clinical testing for RSV at participating hospitals and be subsequently enrolled. However, all patients with acute respiratory illness who were enrolled in IVY Network also received central testing for RSV, SARS-CoV-2, and influenza. During the period of this analysis, IVY Network enrolled 5,955 patients aged ≥60 years with acute respiratory illness who did not have a clinical diagnosis of RSV, SARS-CoV-2, or influenza, and only 25(0.4%) received a positive RSV test result, based on central testing. Thus, any potential selection bias related to increased detection of RSV among more severely ill patients is likely minimal. In addition, the consistency of RSV severity findings in this analysis compared with findings from other studies that have used different methods lessens these concerns (2,3). Second, although COVID-19 and influenza vaccination, as

well as antiviral or immunomodulatory treatments, have been shown to reduce severity of in-hospital outcomes, results were presented as unstratified respiratory virus groups to represent the overall population hospitalized with RSV, COVID-19, or influenza during the analysis period. Finally, although sample size was sufficient for the results presented, a larger sample size would have allowed for evaluation of mortality as an independent outcome or adjustment for additional patient characteristics (e.g., immunocompromising conditions).

Implications for Public Health Practice

These findings suggest that although RSV hospitalizations occur less frequently than COVID-19 or influenza hospitalizations, RSV disease among hospitalized adults aged ≥ 60 years in the United States during February 2022–May 2023 was more severe than that associated with COVID-19 and influenza. New FDA-approved RSV vaccines for adults aged ≥ 60 years are expected to prevent lower respiratory tract disease (1). Health care providers and older adults should consider RSV disease severity when making a shared clinical decision about RSV vaccination (1).

Corresponding author: Diya Surie, media@cdc.gov.

All authors have completed and submitted the International Committee of Medical Journal Editors form for disclosure of potential conflicts of interest. Samuel M. Brown reports that ReddyPort pays royalties on his invention of an airway device, outside the submitted work. Jonathan D. Casey reports a travel grant from Fisher and Paykel, outside the submitted work. Steven Y. Chang reports consulting fees from PureTech Health and Kiniksa Pharmaceuticals and participation as a data safety monitoring board member for a study at University of California, Los Angeles outside the submitted work. James D. Chappell reports participating as a coinvestigator for a Merck investigator studies

¹Coronavirus and Other Respiratory Viruses Division, National Center for Immunization and Respiratory Diseases, CDC; ²Vanderbilt University Medical Center, Nashville, Tennessee; ³Baylor Scott & White Health, Temple, Texas; ⁴Texas A&M University College of Medicine, Temple, Texas; ⁵Baylor, Scott & White Health, Dallas, Texas; ⁶University of Colorado School of Medicine, Aurora, Colorado; ⁷University of Iowa, Iowa City, Iowa; ⁸Wake Forest University Baptist Medical Center, Winston-Salem, North Carolina; ⁹Johns Hopkins Hospital, Baltimore, Maryland; ¹⁰Hennepin County Medical Center, Minneapolis, Minnesota; ¹¹Montefiore Healthcare Center, Albert Einstein College of Medicine, New York, New York; ¹²University of Washington School of Medicine, Seattle, Washington; ¹³Baystate Medical Center, Springfield, Massachusetts; ¹⁴Intermountain Medical Center and University of Utah, Salt Lake City, Utah; ¹⁵University of Michigan School of Public Health, Ann Arbor, Michigan; ¹⁶Oregon Health & Science University Hospital, Portland, Oregon; ¹⁷Emory University School of Medicine, Atlanta, Georgia; ¹⁸Cleveland Clinic, Cleveland, Ohio; ¹⁹Stanford University School of Medicine, Stanford, California; ²⁰Ronald Reagan-UCLA Medical Center, Los Angeles, California; ²¹University of Miami, Miami, Florida; ²²Washington University, St. Louis, Missouri; ²³The Ohio State University Wexner Medical Center, Columbus, Ohio; ²⁴University of Michigan School of Medicine, Ann Arbor, Michigan; ²⁵Beth Israel Deaconess Medical Center, Boston, Massachusetts; ²⁶Henry Ford Health, Detroit, Michigan; ²⁷Yale University School of Medicine, New Haven, Connecticut; ²⁸Influenza Division, National Center for Immunization and Respiratory Diseases, CDC.

program, where he supported surveillance of respiratory syncytial virus infection among hospitalized children in Jordan, outside the submitted work. Manjusha Gaglani reports grants from Abt Associates and Westat, having served as cochair of the Infectious Diseases and Immunization Committee for the Texas Pediatric Society (TPS), and receiving an honorarium for serving as a TPS Project Firstline webinar speaker panelist for Respiratory Virus Review: Clinical Considerations and IPC Guidance, outside the submitted work. Adit A. Ginde reports receiving grants from the National Institutes of Health (NIH), U.S. Department of Defense, AbbVie, and Faron Pharmaceuticals outside the submitted work. Michelle N. Gong reports a grant from NIH outside the submitted work. Carlos G. Grijalva reports grants from NIH, the Agency for Healthcare Research and Quality, Food and Drug Administration, and Syneos Health, and receipt of compensation for participation in an advisory board for Merck outside the submitted work. Natasha Halasa reports receiving grants from Sanofi, Merck, and Quidel outside the submitted work. Akram Khan reports receiving grants from United Therapeutics, Johnson & Johnson, 4D Medical, Eli Lily, Dompe Pharmaceuticals, and GSK outside the submitted work. Adam S. Lauring reports receiving grants from FluLab, NIH/National Institute of Allergy and Infectious Diseases, and Burroughs Wellcome Fund and fees from Sanofi and Roche for consulting on oseltamivir and baloxavir respectively, outside the submitted work. Emily T. Martin reports a grant from Merck outside the submitted work. Christopher Mallow reports medical legal consulting outside the submitted work. Ithan D. Peltan reports grants from NIH and Janssen Pharmaceuticals and institutional support from Asahi Kasei Pharma and Regeneron outside the submitted work. Mayur Ramesh reports participating in a nonbranded speaker program supported by AstraZeneca and serving on an advisory board for Moderna outside the submitted work. No other potential conflicts of interest were disclosed.

References

- Melgar M, Britton A, Roper LE, et al. Use of respiratory syncytial virus vaccines in older adults: recommendations of the Advisory Committee on Immunization Practices—United States, 2023. MMWR Morb Mortal Wkly Rep 2023;72:793–801. PMID:37471262 https://doi.org/10.15585/ mmwr.mm7229a4
- Ackerson B, Tseng HF, Sy LS, et al. Severe morbidity and mortality associated with respiratory syncytial virus versus influenza infection in hospitalized older adults. Clin Infect Dis 2019;69:197–203. PMID:30452608 https://doi.org/10.1093/cid/ciy991
- Begley KM, Monto AS, Lamerato LE, et al. Prevalence and clinical outcomes of respiratory syncytial virus versus influenza in adults hospitalized with acute respiratory illness from a prospective multicenter study. Clin Infect Dis 2023;76:1980–8. PMID:36694363 https://doi. org/10.1093/cid/ciad031
- Ambrosch A, Luber D, Klawonn F, Kabesch M. Focusing on severe infections with the respiratory syncytial virus (RSV) in adults: risk factors, symptomatology and clinical course compared to influenza A / B and the original SARS-CoV-2 strain. J Clin Virol 2023;161:105399. PMID:36863135 https://doi.org/10.1016/j.jcv.2023.105399
- Hedberg P, Karlsson Valik J, van der Werff S, et al. Clinical phenotypes and outcomes of SARS-CoV-2, influenza, RSV and seven other respiratory viruses: a retrospective study using complete hospital data. Thorax 2022;77:154–63. PMID:34226206 https://doi.org/10.1136/ thoraxjnl-2021-216949
- Skarbinski J, Wood MS, Chervo TC, et al. Risk of severe clinical outcomes among persons with SARS-CoV-2 infection with differing levels of vaccination during widespread Omicron (B.1.1.529) and Delta (B.1.617.2) variant circulation in northern California: a retrospective cohort study. Lancet Reg Health Am 2022;12:100297. PMID:35756977 https://doi.org/10.1016/j.lana.2022.100297
- Kojima N, Adams K, Self WH, et al.; Investigating Respiratory Viruses in the Acutely III (IVY) Network. Changing severity and epidemiology of adults hospitalized with coronavirus disease 2019 (COVID-19) in the United States after introduction of COVID-19 vaccines, March 2021– August 2022. Clin Infect Dis 2023;77:547–57. PMID:37255285 https:// doi.org/10.1093/cid/ciad276
- Papi A, Ison MG, Langley JM, et al.; AReSVi-006 Study Group. Respiratory syncytial virus prefusion F protein vaccine in older adults. N Engl J Med 2023;388:595–608. PMID:36791160 https://doi. org/10.1056/NEJM0a2209604
- Walsh EE, Pérez Marc G, Zareba AM, et al.; RENOIR Clinical Trial Group. Efficacy and safety of a bivalent RSV prefusion F vaccine in older adults. N Engl J Med 2023;388:1465–77. PMID:37018468 https://doi. org/10.1056/NEJMoa2213836

Morbidity and Mortality Weekly Report

COVID-19–Associated Hospitalizations Among U.S. Adults Aged ≥65 Years — COVID-NET, 13 States, January–August 2023

Christopher A. Taylor, PhD1; Kadam Patel, MPH1,2; Monica E. Patton, MD1; Arthur Reingold, MD3; Breanna Kawasaki, MPH4; James Meek, MPH5; Kyle Openo, DrPH^{6,7,8}; Patricia A. Ryan, MS⁹; Anna Falkowski, MS¹⁰; Erica Bye, MPH¹¹; Kelly Plymesser, MPH¹²; Nancy Spina, MPH¹³; Brenda L. Tesini, MD¹⁴; Nancy E. Moran, DVM¹⁵; Melissa Sutton, MD¹⁶; H. Keipp Talbot, MD¹⁷; Andrea George, MPH¹⁸; Fiona P. Havers, MD¹; COVID-NET Surveillance Team

Abstract

Adults aged ≥ 65 years remain at elevated risk for severe COVID-19 disease and have higher COVID-19-associated hospitalization rates compared with those in younger age groups. Data from the COVID-19-Associated Hospitalization Surveillance Network (COVID-NET) were analyzed to estimate COVID-19-associated hospitalization rates during January-August 2023 and identify demographic and clinical characteristics of hospitalized patients aged \geq 65 years during January–June 2023. Among adults aged ≥ 65 years, hospitalization rates more than doubled, from 6.8 per 100,000 during the week ending July 15 to 16.4 per 100,000 during the week ending August 26, 2023. Across all age groups, adults aged ≥65 years accounted for 62.9% (95% CI = 60.1%-65.7%) of COVID-19-associated hospitalizations, 61.3% (95% CI = 54.7%–67.6%) of intensive care unit admissions, and 87.9% (95% CI = 80.5%-93.2%) of in-hospital deaths associated with COVID-19 hospitalizations. Most hospitalized adults aged ≥65 years (90.3%; 95% CI = 87.2%–92.8%) had multiple underlying conditions, and fewer than one quarter (23.5%; 95% CI = 19.5%-27.7%) had received the recommended COVID-19 bivalent vaccine. Because adults aged ≥65 years remain at increased risk for COVID-19-associated hospitalization and severe outcomes, guidance for this age group should continue to focus on measures to prevent SARS-CoV-2 infection, encourage vaccination, and promote early treatment for persons who receive a positive SARS-CoV-2 test result to reduce their risk for severe COVID-19-associated outcomes.

Introduction

Since March 2020, population-based rates of COVID-19associated hospitalization among all age groups have been highest among adults aged ≥65 years, with increasing age associated with higher hospitalization rates (1). During January–June 2023, rates of COVID-19-associated hospitalizations among all adults aged ≥18 years declined, including among adults aged ≥65 years. However, rates remained elevated among adults aged ≥65 years relative to younger age groups and increased beginning the week ending July 15, 2023.* Understanding the characteristics of this population who remain at increased risk for COVID-19-associated hospitalization can help guide appropriate prevention recommendations.

Methods

COVID-NET[†] conducts population-based surveillance for laboratory-confirmed COVID-19-associated hospitalizations among catchment area residents in 98 counties and across 13 U.S. states.[§] COVID-19-associated hospitalizations are defined as those among persons who have received a positive SARS-CoV-2 reverse transcription-polymerase chain reaction (RT-PCR) or rapid antigen detection test result during or within the 14 days preceding hospitalization.

This analysis describes overall and age-stratified weekly COVID-19-associated hospitalization rates during January-August 2023, focusing on adults aged ≥65 years; rates (hospitalizations per 100,000 population) include all COVID-19-associated hospitalizations. Using previously described methods (2), trained surveillance officers abstracted demographic and clinical data from the medical charts of an age- and site-stratified random sample of hospitalized adults; data on sampled cases were available for January 1–June 30, 2023. Analyses of sampled cases were limited to hospitalizations for which COVID-19-related illness was the likely presenting complaint, based on information in the admission history and physical examination or face sheet⁹ of the medical record at the time of admission.** Patient vaccination

^{*} https://www.cdc.gov/coronavirus/2019-ncov/covidnetdashboard/de/powerbi/ dashboard.html

[†] COVID-NET is one of three platforms comprising the Respiratory Virus Hospitalization Surveillance Network (RESP-NET). These platforms conduct population-based surveillance for hospitalization associated with respiratory syncytial virus (RSV) (RSV-NET), COVID-19 (COVID-NET) and influenza (FluSurv-NET). https://www.cdc.gov/surveillance/resp-net/dashboard.html

[§] Selected counties in California, Colorado, Connecticut, Georgia, Maryland, Michigan, Minnesota, New Mexico, New York, Ohio, Oregon, Tennessee, and Utah. https://www.cdc.gov/mmwr/volumes/69/wr/mm6915e3.htm 9 A one-page summary of important information about a patient.

^{**} The likely presenting complaint upon admission is identified by trained COVID-NET surveillance officers using information in the admission history and physical examination or face sheet of the medical record. The likely presenting complaint is identified and categorized as 1) COVID-19-related illness, 2) inpatient surgery or procedures, 3) psychiatric admission requiring acute medical care, 4) trauma, 5) other (with an accompanying free-text field), or 6) unknown. CDC clinicians independently reviewed the free-text field of complaints classified as other to ascertain whether the complaint might be recategorized or remain in the other category (e.g., skin and soft tissue infections). Hospitalizations for which the likely primary presenting complaint was not COVID-19-related illness, including those for which the likely presenting complaint was unknown or remained classified as other, were categorized as having a presenting complaint not likely related to COVID-19.

status (unvaccinated [received no COVID-19 vaccine], partially vaccinated, received monovalent vaccine only, or received ≥1 bivalent dose since September 2022),^{††} was obtained from state immunization information systems. Underlying conditions were chronic or preexisting medical conditions present at or before hospital admission.

Unweighted case counts and weighted percentages that better represent the hospitalized population of the catchment area (2) are presented for sampled data. Data were analyzed using SAS (version 9.4; SAS Institute); variances were estimated using Taylor series linearization method. Statistical differences between groups were assessed using chi-square tests; p<0.05 were considered statistically significant. This activity was reviewed by CDC, deemed not research, and was conducted in accordance with applicable federal law and CDC policy.^{§§}

Results

During January 1–July 8, 2023, weekly rates of COVID-19– associated hospitalization among adults aged ≥65 years decreased 86%, from a high of 42.2 to 5.9 per 100,000, the lowest level since July 2021. Rates then increased to 6.8 for the week ending July 15 and continued to increase during subsequent weeks, to 16.4 for the week ending August 26, 2023 (Figure 1); during that week, the rate among adults aged ≥65 years was nine times as high as that among persons aged <18 years (1.8) and 16 times as high as that among persons aged <18 years (1.0). Among adults aged ≥65 years, COVID-19–associated hospitalization rates were highest among those aged ≥85 years (42.2) and lowest among adults aged 65–74 years (8.6).

^{§§ 45} C.F.R. part 46, 21 C.F.R. part 56; 42 U.S.C. Sect. 241(d); 5 U.S.C. Sect. 552a; 44 U.S.C. Sect. 3501 et seq.





Abbreviation: COVID-NET = COVID-19–Associated Hospitalization Surveillance Network. * COVID-19–associated hospitalizations among patients who received a positive SARS-CoV-2 test result during hospitalization or ≤14 days before admission.

^{††} Adults who had no record of receiving any COVID-19 vaccination were considered unvaccinated. Adults who started but did not complete a primary series ≤14 days before a positive test result for SARS-CoV-2 associated with their hospitalization were considered partially vaccinated. Adults who completed the primary COVID-19 vaccination series, including receipt of the second dose of a 2-dose primary vaccination series or a single dose of a 1-dose primary vaccine product ≥14 days before receipt of a positive SARS-CoV-2 test result associated with their hospitalization, regardless of any additional monovalent doses, but who received no bivalent doses, were considered to have received monovalent vaccine only. Adults vaccinated with ≥1 bivalent dose, regardless of primary vaccination series status, received ≥14 days before a positive test result for SARS-CoV-2 associated with their hospitalization, were considered to have received ≥1 bivalent dose. CDC first recommended vaccination of adults aged ≥65 years in September 2022, followed by a subsequent recommendation in April 2023 for adults aged \geq 65 years to receive \geq 1 additional bivalent dose.

	Age group, yrs, no. (%) [95% Cl]						
Characteristic	Total (≥65)	65–74	75–84	≥85			
Total	1,133 (100)	544 (31.0) [27.1–35.0]	289 (36.5) [31.6–41.6]	300 (32.5) [28.0–37.4]			
Sex							
Female	544 (48.8) [44.0–53.7]	277 (49.8) [43.5–56.0]	121 (42.1) [33.3–51.3]	146 (55.4) [46.3–64.2]			
Male	(79.1) [72.2–86.0]	(68.9) [66.4–71.6]	(87.9) [85.0–90.8]	(78.4) [76.4–80.8]			
Race and ethnicity [†]							
A/PI	43 (4.7) [2.6–7.9]	25 (6.0) [2.6–11.4] [§]	11 (5.9) [1.7–14.1] [§]	1			
Black or African American	120 (14.4) [11.3–17.9]	69 (18.1) [13.5–23.3]	22 (12.1) [6.7–19.5]	29 (13.6) [7.8–21.4]			
White	851 (68.6) [63.9–73.1]	390 (64.7) [58.3–70.7]	230 (68.9) [58.8–77.8]	231 (72.1) [63.1–80.0]			
Hispanic or Latino	85 (7.8) [5.1–11.3]	47 (8.0) [5.2–11.6]	17 (8.7) [3.2–18.3] [§]	21 (6.5) [3.1–11.8] [§]			
All other races**	21 (2.3) [1.0–4.8]	1	¶	1			
Unknown race	13 (2.1) [0.9–4.1]	1	1	1			
Resident of long-term care facility							
Yes	202 (17.7) [14.3–21.5]	66 (11.6) [8.0–16.2]	84 (25.5) [18.1–34.2]	52 (14.7) [10.0–20.6]			
No	931 (82.3) [78.5–85.7]	478 (88.4) [83.8–92.0]	205 (74.5) [65.8–81.9]	248 (85.3) [79.4–90.0]			
Hospitalization intervention or outcor	ne						
Length of stay, days, median (IQR)	3.9 (2.2–7.7)	4.3 (2.1–9.4)	3.8 (2.5–6.9)	3.7 (2.1–7.1)			
ICU admission	176 (14.4) [11.4–17.9]	105 (19.9) [15.1–25.4]	26 (8.2) [4.2–14.2]	45 (16.2) [10.1–23.9]			
IMV	68 (5.9) [3.9–8.5]	48 (9.1) [5.7–13.7]	¶	16 (6.8) [2.8–13.4] [§]			
In-hospital death	63 (4.8) [3.2–6.8]	31 (5.7) [3.2–9.2]	17 (4.4) [1.9–8.6] [§]	15 (4.3) [1.9–8.4] [§]			

TABLE. Demographic characteristics and clinical outcomes of hospitalized adults aged ≥65 years with laboratory-confirmed SARS-CoV-2 infection with COVID-19–related illness as the likely presenting complaint,* by age group — COVID-NET, 13 states, January–June 2023

Abbreviations: A/PI = Asian or Pacific Islander; COVID-NET = COVID-19–Associated Hospitalization Surveillance Network; NH = non-Hispanic; ICU = intensive care unit; IMV = invasive mechanical ventilation.

* The likely presenting complaint upon admission is identified by trained COVID-NET surveillance officers using information in the admission history and physical or face sheet (one-page summary of the patient's important information) of the medical record. The likely presenting complaint is identified and categorized as COVID-19– related illness; inpatient surgery or procedures; psychiatric admission requiring acute medical care; trauma; other (with an accompanying free-text field); or unknown. CDC clinicians independently review the free-text field of complaints classified as other to determine if the complaint might be recategorized or remain in the other category (e.g., skin and soft tissue infections). Hospitalizations for which the likely primary complaint was not COVID-19–related illness, including those for which the likely presenting complaint was unknown or remained classified as other, were categorized as having a presenting complaint not likely related to COVID-19.

⁺ If ethnicity was unknown, NH ethnicity was assumed. Persons of Hispanic or Latino (Hispanic) origin might be of any race but are categorized as Hispanic; all racial groups are NH.

[§] Relative SE >30; estimates might be unstable because of small sample size.

[¶] Data are not presented for cells with sample size <10.

** Includes NH American Indian or Alaska Native and multiracial persons.

Adults aged \geq 65 years accounted for 62.9% of all COVID-19– associated hospitalizations during January–August 2023, a one third increase from 45.9% during March 2020–December 2022 (p<0.01) (Supplementary Figure 1; https://stacks.cdc.gov/ view/cdc/133298). Persons aged \geq 65 years accounted for 62.8% (95% CI = 60.1%–65.7%) of the 4,232 COVID-19–associated hospitalizations sampled during January–June 2023, for 61.3% (95% CI = 54.7%–67.6%) of all intensive care unit (ICU) admissions, and for 87.9% (95% CI = 80.5%–93.2%) of in-hospital deaths occurring during COVID-19–associated hospitalizations.

Of the 1,465 adults sampled from among the 21,445 COVID-19–associated hospitalizations in persons aged \geq 65 years, COVID-19 was the likely presenting complaint upon admission for 1,133 (79.5%; 95% CI = 75.9%–82.9%) patients who were included in analyses of clinical data (Table).

Among these patients, 31.0%, were aged 65–74 years, 36.5% were aged 75–84 years, and 32.5% were aged ≥85 years; overall, 202 (17.7%) patients were residents of a long-term care facility (LTCF). Among the sampled patients, 176 (14.4%) were admitted to an ICU, 68 (5.9%) received invasive mechanical ventilation, and 63 (4.8%) patients died during the hospitalization (Figure 2); these proportions did not differ substantially among subgroups of hospitalized patients aged ≥65 years (p>0.05 for all).

Nearly all sampled patients (1,112 [98.5%; 95% CI = 97.4%-99.2%]) had at least one underlying condition and most (1,015 [90.3%; 95% CI = 87.2%-92.8%]) had two or more. The most common specific conditions reported included diabetes (39.0%; 95% CI = 34.2%-43.9%), kidney disorders (28.0%; 95% CI = 23.8%-32.5), coronary artery disease*** (27.4%; 95% CI = 23.3%-31.8%), chronic heart failure or cardiomyopathy (26.1%; 95% CI = 22.1%-30.4%), and obesity (25.6%; 95% CI = 21.5%-30.1%) (Supplementary Figure 2; https://stacks.cdc.gov/view/cdc/133298).

⁵⁵ Among the 321 (20.0%) patients with other likely primary reasons for admission, 31 (2.5%) were admitted for trauma, 25 (2.0%) for planned surgery or procedure, 16 (<1%) for psychiatric admissions requiring acute medical care, and 243 (14.2%) with other reasons for admission, which included acute infections (e.g., abscess) likely not COVID-19–related. Admissions categorized as other were reviewed independently by at least two physicians using a standardized algorithm. Fewer than 10 hospitalized patients (<1%) had an unknown reason for admission.</p>

^{***} Includes history of coronary artery bypass graft or myocardial infarction.





Abbreviation: COVID-NET = COVID-19–Associated Hospitalization Surveillance Network.

* With 95% CIs indicated by error bars.

⁺ Proportions are from a weighted sample of hospitalized adults with completed medical chart abstraction and a discharge disposition.

 $^{\$}$ Data are not presented when sample size <10 (invasive mechanical ventilation for persons aged 75–84 years).

Relative SEs for estimated percentages of in-hospital deaths among patients aged 75–84 and ≥85 years and for invasive mechanical ventilation among persons aged ≥85 years are >30, and therefore, estimates might be unstable because of small sample sizes.

Overall, 159 (15.9%; 95% CI = 12.4%–19.9%) of sampled patients aged \geq 65 years had not been vaccinated against COVID-19 at the time of hospital admission, 703 (58.6%; 95% CI = 53.7%–63.4%) had received only a monovalent vaccine, and 240 (23.5%; 95% CI = 19.5%–27.7%) had received \geq 1 bivalent COVID-19 dose (Supplementary Figure 3, https://stacks.cdc.gov/view/cdc/133298).

Discussion

During January–mid-July 2023, COVID-19–associated hospitalization rates among persons aged ≥65 years declined but then increased through the week ending August 26, 2023. Throughout the same period, adults aged ≥65 years continued to have the highest hospitalization rates of any age group, accounting for approximately one half of all COVID-19–associated hospitalizations and ICU admissions as well as nearly 90% of in-hospital deaths. Most adults aged ≥65 years who were hospitalized with a positive SARS-CoV-2 test result were likely admitted because of COVID-19 illness and, among these, a substantial proportion had severe outcomes, including ICU admission, receipt of invasive mechanical ventilation, and inhospital death. Approximately one in six adults aged ≥ 65 years hospitalized for COVID-19 were LTCF residents. These findings suggest that COVID-19–associated hospitalization continues to predominantly affect adults aged ≥ 65 years and represent a continued public health threat.

Nearly all hospitalized adults aged ≥ 65 years had two or more underlying medical conditions. A previous COVID-NET analysis found that adults with two or more underlying medical conditions had a greater than fourfold increased risk for hospitalization after adjusting for age, sex, and race and ethnicity (3). Although asymptomatic or mildly ill patients with positive SARS-CoV-2 test results might be hospitalized for non-COVID reasons, based on information in the admission history and physical examination or face sheet of the medical record, approximately three quarters of hospitalized adults aged ≥ 65 years in this analysis were likely admitted primarily for COVID-19–related illness, which caused substantial morbidity and mortality in this age group.

Summary

What is already known about this topic?

Adults aged \geq 65 years have increased risk for COVID-19–associated hospitalization and other severe outcomes compared with younger age groups.

What is added by this report?

During January–August 2023, adults aged \geq 65 years accounted for 62.9% of all COVID-19–associated hospitalizations. Most hospitalized adults aged \geq 65 had multiple underlying conditions. Only 23.5% had received the recommended COVID-19 bivalent vaccine.

What are the implications for public health practice?

Adults with increased risk for COVID-19–associated hospitalization, including all adults aged ≥65 years, should reduce their risk for severe COVID-19 by receiving recommended COVID-19 vaccinations, adopting measures to reduce risk for contracting COVID-19, and seeking prompt outpatient antiviral treatment after a positive SARS-CoV-2 test result.

In September 2022, the Advisory Committee on Immunization Practices (ACIP) recommended a bivalent COVID-19 vaccine dose (4) and in April 2023, recommended ≥ 1 additional bivalent dose for adults aged ≥ 65 years (5). However, this analysis found that approximately three quarters (76.5%) of adults aged ≥65 years hospitalized for COVID-19 during January-June 2023 had not received a bivalent dose, and 16% had not received any COVID-19 vaccine. Although bivalent vaccine effectiveness against COVID-19-associated hospitalization has been shown to decline over time, effectiveness in preventing hospitalization and severe outcomes, such as ICU admission, has been documented (6). ACIP recently recommended that all persons aged ≥ 6 months, including those aged ≥ 65 years, receive an updated (2023–2024 Formula) COVID-19 vaccine for the 2023–2024 respiratory season (7). In addition to vaccination and adoption of measures to reduce risk for contracting SARS-CoV-2, other strategies shown to reduce COVID-19-associated hospitalization risk include early outpatient treatment with ritonavir-boosted nirmatrelvir (Paxlovid), remdesivir (Veklury), or molnupiravir (Lagevrio) for persons with SARS-CoV-2 infection who are at high risk for progression to severe disease, including all adults aged ≥ 65 years (8,9). Prevention, vaccination, and early antiviral treatment are important tools in preventing hospitalization and severe associated outcomes in this high-risk age group.

Limitations

The findings in this report are subject to at least three limitations. First, COVID-19–associated hospitalizations might have been missed because of hospital testing practices or test availability, and therefore, hospitalization rates might be underestimated. Second, a patient's likely presenting complaint at the time of admission is subject to misclassification and might have resulted in cases being unintentionally included or excluded from this analysis. Hospitalization records that do not specify COVID-19 or respiratory illness as a likely presenting complaint can still result in COVID-19–related illness and might affect clinical decision-making and the course of hospitalization. Finally, the COVID-NET catchment areas include approximately 10% of the U.S. population; thus, these findings might not be nationally generalizable.

Implications for Public Health Practice

COVID-19–associated hospitalization rates declined among persons of all ages during January–July 2023 but increased starting in mid-July 2023. Rates among adults aged ≥65 years remained higher than those among younger age groups, and this older age group accounted for approximately 60% of all COVID-19–associated hospitalizations and nearly 90% of deaths during hospitalization. Many hospitalized adults aged ≥65 years had multiple underlying medical conditions, and most had not received the COVID-19 bivalent vaccine, which had been recommended before the period of this analysis.

COVID-19–associated hospitalizations continue to predominantly affect adults aged ≥65 years and represent a continued public health threat. All adults, especially those aged ≥65 years and others at high risk for progression to severe COVID-19 illness,^{†††} should reduce their risk for COVID-19–related hospitalizations and severe outcomes by receiving recommended COVID-19 vaccines, adopting measures to reduce risk for contracting SARS-CoV-2,^{§§§} and seeking early outpatient antiviral treatment after receipt of a positive SARS-CoV-2 test result.

Acknowledgments

Ashley Coates, Cristina Curran, Brenna Hall, Monica Napoles, Jeremy Roland, Gretchen Rothrock, California Emerging Infections Program; Nina Strayhorn, Colorado Department of Public Health & Environment; Julia Desiato, Noelle Labazzo, Hazhia Sorosindi, Melanie Szajai, Kimberly Yousey-Hindes, Emily Zmek, Connecticut Emerging Infections Program, Yale School of Public Health; Emily Bacon, Meghann Cantey, Rayna Ceaser, Alyssa Clausen, Emily Fawcett, Sydney Hagley-Alexander, Sabrina Hendrick, Johanna Hernandez, Asmith Joseph, Allison Roebling, Annabel Patterson, MaCayla Servais, Emma Grace Turner, Hope Wilson, School of Medicine, Emory University, Georgia Emerging Infections Program, Georgia Department of Public Health, Veterans Affairs Medical Center; Alicia Brooks, Maryland Department of Health; Chloe Brown, Erica Bye, Jim Collins, Anna Falkowski, Justin Henderson,

^{†††} https://www.cdc.gov/coronavirus/2019-ncov/hcp/clinical-care/ underlyingconditions.html

^{\$\$\$} https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/ prevention.html

Shannon Johnson, Lindsay Leigh, Elizabeth McCormick, Sanchitha Meda, Alyanna Melicor, Libby Reeg, Val Tellez Nunez, Michigan Department of Health & Human Services; Sumaya Alfath, Kathy Como-Sabetti, Angela Hershberger, Jennifer Zipprich, Minnesota Department of Health; Mark Montoya, Susan Ropp, Chad Smelser, Daniel Sosin, New Mexico Department of Health; Nancy Eisenberg, Sarah Khanlian, Francesca Pacheco, Yadira Salazar-Sanchez, New Mexico Emerging Infections Program; Bridget Anderson, Kerianne Engesser, Suzanne McGuire, Jemma Rowlands, Nancy Spina, New York State Department of Health; Sophrena Bushey, Christina Felsen, Maria Gaitan, Erin Licherdell, Kevin Popham, Katherine St George, University of Rochester School of Medicine and Dentistry; Kathy Billings, Katie Dyer, Karen Leib, Tiffanie Markus, Terri McMinn, Danielle Ndi, Emmanuel Sackey, Vanderbilt University Medical Center; Ashton Bruno, Amanda Carter, Ryan Chatelain, Melanie Crossland, Andrea George, Rosie Gonzalez, Andrew Haraghey, Emma Mendez, Isabella Reyes, Kristen P. Olsen, Mary Hill, Andrea Price, Courtney H. Sacco, Holly Staten, Ashley Swain, Hafsa Zahid, Salt Lake County Health Department.

All authors have completed and submitted the International Committee of Medical Journal Editors form for disclosure of potential conflicts of interest. Brenda L. Tesini reports receipt of honoraria from Merck. No other potential conflicts of interest were disclosed.

COVID-NET Surveillance Team

Pam Daily Kirley, California Emerging Infections Program; Isaac Armistead, Colorado Department of Public Health & Environment; Kimberly Yousey-Hindes, Connecticut Emerging Infections Program, Yale School of Public Health; Nadine Oosmanally, Georgia Emerging Infections Program, Georgia Department of Public Health; Maya L. Monroe, Maryland Department of Health; Justin Henderson, Michigan Department of Health & Human Services; Paige D'Heilly, Minnesota Department of Health; Emily B. Hancock, University of New Mexico Emerging Infections Program; Grant Barney, New York State Department of Health; Sophrena Bushey, University of Rochester School of Medicine and Dentistry; Laurie M. Billing, Ohio Department of Health; Nasreen Abdullah, Public Health Division, Oregon Health Authority; William Schaffner, Vanderbilt University Medical Center; Emma Mendez, Salt Lake County Health Department.

References

- CDC. COVID-19: COVID-NET interactive dashboard. Atlanta, GA: US Department of Health and Human Services, CDC; 2023. Accessed August 25, 2023. https://gis.cdc.gov/grasp/COVIDNet/COVID19_3.html
- O'Halloran A, Whitaker M, Patel K, et al. Developing a sampling methodology for timely reporting of population-based COVID-19– associated hospitalization surveillance in the United States, COVID-NET 2020–2021. Influenza Other Respir Viruses 2023;17:e13089. PMID:36625234 https://doi.org/10.1111/irv.13089
- 3. Ko JY, Danielson ML, Town M, et al. Risk factors for COVID-19– associated hospitalization: COVID-19–associated Hospitalization Surveillance Network and Behavioral Risk Factor Surveillance System. Clin Infect Dis 2020;72:e695–703. PMID:32945846 https://doi. org/10.1093/cid/ciaa1419
- Rosenblum HG, Wallace M, Godfrey M, et al. Interim recommendations from the Advisory Committee on Immunization Practices for the use of bivalent booster doses of COVID-19 vaccines—United States, October 2022. MMWR Morb Mortal Wkly Rep 2022;71:1436–41. PMID:36355612 https://doi.org/10.15585/mmwr.mm7145a2
- Moulia DL, Wallace M, Roper LE, et al. Interim recommendations for use of bivalent mRNA COVID-19 vaccines for persons aged ≥6 months— United States, April 2023. MMWR Morb Mortal Wkly Rep 2023;72:657–62. PMID:37319020 https://doi.org/10.15585/mmwr. mm7224a3
- 6. Link-Gelles R, Weber ZA, Reese SE, et al. Estimates of bivalent mRNA vaccine durability in preventing COVID-19–associated hospitalization and critical illness among adults with and without immunocompromising conditions—VISION Network, September 2022–April 2023. MMWR Morb Mortal Wkly Rep 2023;72:579–88. PMID:37227984 https://doi.org/10.15585/mmwr.mm7221a3
- 7. CDC. Advisory Committee on Immunization Practices: ACIP recommendations. Atlanta, GA: US Department of Health and Human Services, CDC; 2023. https://www.cdc.gov/vaccines/acip/recommendations.html
- National Institutes of Health. COVID-19 treatment guidelines. Coronavirus disease 2019 (COVID-19) treatment guidelines. Bethesda, MD: US Department of Health and Human Services, National Institutes of Health, 2023. Accessed August 28, 2023. https://www. covid19treatmentguidelines.nih.gov.
- Paraskevis D, Gkova M, Mellou K, et al. Real-world effectiveness of molnupiravir and nirmatrelvir/ritonavir as treatments for COVID-19 in high-risk patients. J Infect Dis 2023;jiad324. PMID:37565522 https:// doi.org/10.1093/infdis/jiad324

Corresponding author: Christopher A. Taylor, iyq3@cdc.gov.

¹Coronavirus and Other Respiratory Viruses Division, National Center for Immunization and Respiratory Diseases, CDC; ²General Dynamics Information Technology, Inc., Atlanta, Georgia; ³California Emerging Infections Program, Oakland, California; ⁴Colorado Department of Public Health & Environment; ⁵Connecticut Emerging Infections Program, Yale School of Public Health, New Haven, Connecticut; ⁶Emory University School of Medicine, Atlanta, Georgia; ⁷Georgia Emerging Infections Program, Georgia Department of Public Health; ⁸Atlanta Veterans Affairs Medical Center, Decatur, Georgia; ⁹Maryland Department of Health, Baltimore, Maryland; ¹⁰Michigan Department of Health & Human Services; ¹¹Minnesota Department of Health; ¹²New Mexico Department of Health; ¹³New York State Department of Health; ¹⁴University of Rochester School of Medicine and Dentistry, Rochester, New York; ¹⁵Ohio Department of Health; ¹⁶Public Health Division, Oregon Health Authority, Portland, Oregon; ¹⁷Vanderbilt University Medical Center, Nashville, Tennessee; ¹⁸Salt Lake County Health Department, Salt Lake City, Utah.

Disparities in COVID-19 Vaccination Status Among Long-Term Care Facility Residents — United States, October 31, 2022–May 7, 2023

Emily Haanschoten, MSPH^{1,2}; Heather Dubendris, MSPH^{1,2}; Hannah E. Reses, MPH¹; Kira Barbre, MPH^{1,3}; Lu Meng, PhD¹; Andrea Benin, MD¹; Jeneita M. Bell, MD¹

Abstract

Residents of long-term care (LTC) facilities constitute a population that is vulnerable to SARS-CoV-2 infection; COVID-19 vaccination effectively reduces severe COVID-19 in these settings. To examine demographic differences in primary and up-to-date vaccination status against COVID-19 among LTC facility residents, a descriptive analysis of COVID-19 vaccination data from the National Healthcare Safety Network (NHSN) COVID-19 vaccination data from October 31, 2022, to May 7, 2023, were analyzed. Being up to date was defined as having received a bivalent COVID-19 vaccine dose or having completed a primary vaccination series <2 months earlier. Geographic disparities in vaccination coverage were identified, with substantially lower prevalences of up-to-date status among LTC facility residents in the South (Region 6) (37.7%) and Southeast (Region 4) (36.5%) than among those in the Pacific Northwest (Region 10) (53.3%) and Mountain West (Region 8) (59.6%) U.S. Department of Health and Human Services regions. Up-to-date status was lowest among Black or African American (39.9%) and multiracial (42.2%) LTC facility residents. Strategies to increase up-to-date COVID-19 vaccination among LTC facility residents could include and address these geographic and racial differences.

Introduction

Long-term care (LTC) facility residents are vulnerable to SARS-CoV-2 infection because of their often-advanced age, medical complexity, and congregate setting (1). Vaccination against COVID-19 effectively reduces severe COVID-19 among persons living in these environments (2). Previous work has demonstrated racial and ethnic differences in COVID-19 vaccination coverage among the general population (3). This is the first examination of the National Healthcare Safety Network's demographic data among LTC facility residents for COVID-19 vaccination allowing for the exploration of vaccination coverage differences by race, age, gender, and geography. The purpose of this analysis is to examine demographic differences in primary and up-to-date vaccination status against COVID-19 among LTC facility residents. Findings from this analysis can be used to better understand heterogenous vaccination coverage and guide the development and implementation of strategies to increase up-to-date COVID-19 vaccination status among this population.

Methods

In March 2022, NHSN* began optional, person-level surveillance of COVID-19 vaccination status among LTC facility residents in addition to ongoing weekly aggregated facility-level COVID-19 vaccination surveillance (4). COVID-19 vaccination data collection includes a weekly count of residents in LTCs with a stay of >24 hours by vaccination status. This study represents a retrospective, descriptive analysis of LTC facility resident data from LTC facilities that voluntarily reported person-level data to NHSN during October 31, 2022-May 7, 2023. These facilities included nursing homes, assisted living, and intermediate care facilities for persons with intellectual disabilities.

Records from the most recent week of data submitted for each resident were included to prevent the inadvertent inclusion and analysis of duplicate records. Descriptive statistics were calculated for each demographic category by vaccination status, including completion of the primary COVID-19 vaccination series and up-to-date status. Being up to date was defined as having received a bivalent COVID-19 vaccine dose or having completed a primary vaccination series <2 months earlier.[†] Department of Health and Human Services regions[§] were used for geographical categorization. Statistical significance was assessed using chi-square tests of independence, with $\alpha = 0.05$ considered statistically significant. All analyses were completed using SAS (version 9.4; SAS Institute). This activity was reviewed by CDC, deemed not research, and was conducted consistent with applicable federal law and CDC policy.

Results

Among the 15,571 facilities enrolled in NHSN, records from 1,797 (11%) were eligible for inclusion, and >99% of records were reported by nursing homes (Table). COVID-19 vaccination varied substantially by LTC resident demographic characteristics. Up-to-date COVID-19 vaccination status was lower among residents of facilities in U.S. Department of Health and Human Services (HHS) Regions 4 (Alabama,

^{*}CDC's NHSN is the nation's leading health care associated-infections surveillance system. COVID-19 vaccination surveillance data are reported to NHSN through COVID-19 Vaccination Modules. https://www.cdc.gov/nhsn/ ltc/weekly-covid-vac/index.html

[†] www.cdc.gov/nhsn/pdfs/hps/covidvax/UpToDateGuidance-508.pdf

 [§] https://www.hhs.gov/about/agencies/regional-offices/index.html
 [§] 45 C.F.R. part 46.102(l)(2), 21 C.F.R. part 56; 42 U.S.C. Sect. 241(d); 5 U.S.C. Sect. 552a; 44 U.S.C. Sect. 3501 et seq.

TABLE. Characteristics of long-term care facility residents by COVID-19 vaccination status — National Healthcare Safety Network, United St	ates,
October 31, 2022–May 7, 2023	

		No. (%)	Mean no of booster doses received		
Characteristic	Total	Completed primary series	Up to date*	(IQR) [†]	p-value [§]
Facility type					
Nursing home	132,999 (99.2)	111,631 (83.9)	57,998 (43.6)	1.5 (0–2)	< 0.001
Assisted living	943 (0.7)	888 (94.2)	547 (58.0%)	2.0 (1-3)	
Intermediate care for persons with intellectual disabilities	170 (0.1)	163 (95.9)	147 (86.5%)	2.1 (2–3)	
Age group, yrs	134,112	112,682	58,692	_	_
Median (range)	80.0 (0–122)	80.0 (0-122)	81.0 (0–122)	—	_
0–29	901 (0.7)	626 (69.5)	288 (32.0)	0.9 (0-2)	< 0.001
30–49	2,886 (2.2)	2,050 (71.0)	1,088 (37.7)	1.0 (0–2)	
50–64	14,560 (10.9)	11,201 (76.9)	5,673 (39.0)	1.2 (0–2)	
65–74	28,148 (21.0)	22,746 (80.8)	11,360 (40.4)	1.3 (0–2)	
≥75	87,617 (65.3)	76,059 (86.8)	40,283 (46.0)	1.5 (0–3)	
Gender					
Female	81,474 (60.8)	69,081 (84.8)	36,341 (44.6)	1.5 (0–2)	< 0.001
Male	52,246 (39.0)	43,258 (82.8)	22,168 (42.4)	1.4 (0–2)	
Other	378 (0.3)	332 (87.8)	179 (47.4)	1.9 (1–3)	
Ethnicity					
Hispanic	3,997 (3.0)	3,244 (81.2)	1,457 (36.5)	1.2 (0–2)	< 0.001
Not Hispanic	116,752 (87.1)	98,392 (84.3)	51,933 (44.5)	1.5 (0–2)	
Declined	1,201 (0.9)	971 (80.8)	450 (37.5)	1.2 (0–2)	
Unknown	12,155 (9.0)	10,050 (82.7)	4,848 (39.9)	1.4 (0–2)	
Race					
Al only	747 (0.6)	650 (87.0)	408 (54.6)	1.6 (1–3)	< 0.001
Asian only	1,309 (1.0)	1,155 (88.2)	736 (56.2)	1.8 (1–3)	
Black or African American only	13,912 (10.4)	11,199 (80.5)	5,556 (39.9)	1.3 (0–2)	
NHOPI only	251 (0.2)	220 (87.6)	152 (60.6)	1.8 (1–3)	
White only	106,214 (79.2)	89,919 (84.7)	47,408 (44.6)	1.5 (0–3)	
Multiracial	386 (0.3)	302 (78.2)	163 (42.2)	1.3 (0–2)	
Unknown	9,919 (7.4)	8,129 (82.0)	3,785 (38.2)	1.4 (0–2)	
Declined	1,374 (1.0)	1,108 (80.6)	484 (35.2)	1.2 (0–2)	
HHS region [¶]					
1	8,122 (6.1)	7,305 (89.9)	4,317 (53.2)	1.7 (1–3)	< 0.001
2	5,609 (4.2)	5,053 (90.1)	2,293 (40.9)	1.5 (1–2)	
3	15,556 (11.6)	13,431 (86.3)	7,482 (48.1)	1.6 (1–3)	
4	41,993 (31.3)	33,798 (80.5)	15,328 (36.5)	1.2 (0–2)	
5	22,417 (16.7)	19,078 (85.1)	10,732 (47.9)	1.6 (1–3)	
6	12,909 (9.6)	10,310 (79.9)	4,867 (37.7)	1.2 (0–2)	
7	12,843 (9.6)	11,263 (87.7)	6,507 (50.7)	1.7 (1–3)	
8	4,415 (3.3)	3,936 (89.2)	2,632 (59.6)	1.9 (1–3)	
9	7,789 (5.8)	6,380 (81.9)	3,223 (41.4)	1.4 (0–2)	
10	2,459 (1.8)	2,128 (86.5)	1,311 (53.3)	1.7 (1–3)	

Abbreviations: AI = American Indian; HHS = U.S. Department of Health and Human Services; NHOPI = Native Hawaiian or other Pacific Islander.

* Receipt of a bivalent booster dose or completion of the primary vaccination series <2 months earlier.

[†] Booster doses available include both monovalent and bivalent vaccination for this period.

[§] Chi-square test of independence for up-to-date vaccination.

[¶] https://www.hhs.gov/about/agencies/regional-offices/index.html

Florida, Georgia, Kentucky, Mississippi, North Carolina, South Carolina, and Tennessee) (36.5%) and 6 (Arkansas, Louisiana, New Mexico, Oklahoma, and Texas) (37.7%) than among residents in HHS Region 10 (Alaska, Idaho, Oregon, and Washington) (53.3%) and 8 (Colorado, Montana, North Dakota, South Dakota, Utah, and Wyoming) (59.6%) (p<0.001). Although persons reporting American Indian, Asian, and Native Hawaiian or other Pacific Islander race represented <2% of the study population, the prevalences of up-to-date coverage among residents in these demographic groups were the highest overall (54.6%, 56.2%, and 60.6%, respectively), whereas coverage was lowest among residents who were Black or African American (39.9%) and multiracial (42.2%). A lower percentage of Hispanic or Latino (Hispanic) residents were up to date (36.5%) than were non-Hispanic residents (44.5%) (p<0.001). Up-to-date coverage increased with age: 46.0% of residents aged \geq 75 years were up to date compared with 37.7% of residents aged 30–49 years. Up-to-date coverage was higher among female residents (44.6%) than among male residents (42.4%) (p<0.001).

Summary

What is already known about this topic?

Long-term care (LTC) facility residents are vulnerable to SARS-CoV-2 infection because of their advanced age, medical complexity, and congregate living situation; vaccination is an effective means for reducing COVID-19 incidence in this population.

What is added by this report?

COVID-19 vaccination coverage among residents of participating LTC facilities within the National Healthcare Safety Network differed by race and geography. Bivalent COVID-19 vaccination rates were lowest among LTC facility residents in the South and Southeast U.S. regions and among Black or African American and multiracial residents.

What are the implications for public health practice?

Strategies aimed at increasing COVID-19 vaccination coverage should consider these demographic disparities to develop and implement targeted strategies to reduce inequities in COVID-19 morbidity and vaccination coverage.

Discussion

Results from this analysis, the first to assess demographic and geographic disparities in up-to-date COVID-19 vaccination coverage among LTC facility residents using person-level data reported to NHSN, highlight geographic and racial and ethnic disparities in coverage among residents. These findings underscore the importance of improving the understanding of factors contributing to these geographic and demographic differences to guide public health practice and resource allocation (5). These findings are consistent with previously reported substantial population-level demographic disparities in COVID-19 vaccination coverage between Hispanic and non-Hispanic White populations (6). Low vaccination coverage and high levels of vaccine hesitancy have been found in the general population of the southeastern United States, mirroring the findings in this analysis (7). Barriers to accessing vaccination, including vaccination clinic availability and low vaccine confidence and demand, might contribute to low coverage and might account for some of the differences in vaccination coverage observed within the LTC facility resident population (7).

Future efforts are underway to encourage additional facilities to report person-level data, which would facilitate further analyses of demographic disparities, such as in vaccine effectiveness and potential associations with rates of infection. A recent publication reported that vaccine effectiveness was 31% among nursing home residents who were up to date with COVID-19 vaccination (8). This analysis was limited to aggregate data at the facility level and could not stratify by resident characteristics. Increased reporting of person-level data would facilitate a better understanding of the effect of COVID-19 vaccination in LTC settings.

Limitations

The findings in this report are subject to at least two limitations. First, because person-level reporting is optional, only 11% of LTC facilities that report to NHSN were included in this analysis. Thus, the facilities reflected in this analysis might not be representative of all LTC facilities in a given region. Second, the categorization of residents as "unknown" based on self-reported ethnic or racial status could bias some vaccination coverage results. However, less than 10% of residents were categorized as "unknown" in this analysis.

Implications for Public Health Practice

Residents of LTC facilities should receive COVID-19 vaccination irrespective of their demographic characteristics to protect them from COVID-19 in congregate living environments. Most recent guidance indicates that persons who are aged ≥65 years or who are immunocompromised should consider additional bivalent vaccine doses. (9) Surveillance data reported to NHSN are an important tool to effectively monitor vaccination coverage among LTC facility residents as part of the COVID-19 public health response. As COVID-19 vaccination guidance evolves, strategic planning to increase vaccination coverage should include considerations to target and reduce demographic disparities.

Acknowledgments

Sushmitha Ananth, Sherese Dennard, Lori Haas, Elizabeth Kalayil, Darielle Oliver, Audrey Robnett-Brown, George Segovia, Shanjeeda Shafi, Jolie Siegel, Emily Wong.

Corresponding author: Emily Haanschoten, tuz2@cdc.gov.

All authors have completed and submitted the International Committee of Medical Journal Editors form for disclosure of potential conflicts of interest. No potential conflicts of interest were disclosed.

References

- Bagchi S, Mak J, Li Q, et al. Rates of COVID-19 among residents and staff members in nursing homes—United States, May 25–November 22, 2020. MMWR Morb Mortal Wkly Rep 2021;70:52–5. PMID:33444301 https://doi.org/10.15585/mmwr.mm7002e2
- White EM, Yang X, Blackman C, Feifer RA, Gravenstein S, Mor V. Incident SARS-CoV-2 infection among mRNA-vaccinated and unvaccinated nursing home residents. N Engl J Med 2021;385:474–6. PMID:34010526 https://doi.org/10.1056/NEJMc2104849
- Williams AM, Clayton HB, Singleton JA. Racial and ethnic disparities in COVID-19 vaccination coverage: the contribution of socioeconomic and demographic factors. Am J Prev Med 2022;62:473–82. PMID:34872772 https://doi.org/10.1016/j.amepre.2021.10.008

¹Division of Healthcare Quality Promotion, National Center for Emerging and Zoonotic Infections, CDC; ²Lantana Consulting Group, East Thetford, Vermont; ³Goldbelt C6, Chesapeake, Virginia.

- 4. Dubendris H, Reses HE, Wong E, et al. Laboratory-confirmed COVID-19 case incidence rates among residents in nursing homes by up-to-date vaccination status—United States, October 10, 2022–January 8, 2023. MMWR Morb Mortal Wkly Rep 2023;72:95–9. PMID:36701262 https://doi.org/10.15585/mmwr.mm7204a3
- Romano SD, Blackstock AJ, Taylor EV, et al. Trends in racial and ethnic disparities in COVID-19 hospitalizations, by region—United States, March–December 2020. MMWR Morb Mortal Wkly Rep 2021;70:560–5. PMID:33857068 https://doi.org/10.15585/mmwr.mm7015e2
- Nguyen KH, Nguyen K, Corlin L, Allen JD, Chung M. Changes in COVID-19 vaccination receipt and intention to vaccinate by socioeconomic characteristics and geographic area, United States, January 6–March 29, 2021. Ann Med 2021;53:1419–28. PMID:34482788 https://doi.org/10.1080/07853890.2021.1957998
- Wong E, Barbre K, Wiegand RE, et al. Effectiveness of up-to-date COVID-19 vaccination in preventing SARS-CoV-2 infection among nursing home residents—United States, November 20, 2022–January 8, 2023. MMWR Morb Mortal Wkly Rep 2023;72:690–3. PMID:37347711 https://doi.org/10.15585/mmwr.mm7225a4
- Sengupta M, Lendon JP, Caffrey C, Melekin A, Singh P. Post-acute and long-term care providers and services users in the United States, 2017– 2018. Vital Health Stat 3 2022;47:1–93. PMID:35604771 https://doi. org/10.15620/cdc:115346
- Moulia DL, Wallace M, Roper LE, et al. Interim recommendations for use of bivalent mRNA COVID-19 vaccines for persons aged ≥6 months— United States, April 2023. MMWR Morb Mortal Wkly Rep 2023;72:657–662. https://doi.org/10.15585/mmwr.mm7224a3

FROM THE NATIONAL CENTER FOR HEALTH STATISTICS

Age-Adjusted Death Rates* for Stroke,[†] by Region[§] — National Vital Statistics System, United States, 2001–2021



* Age-adjusted rates are based on the 2000 U.S. Census Bureau standard population.

⁺ Deaths for stroke were identified using International Classification of Diseases, Tenth Revision underlying cause of death codes I60–I69.

§ Based on U.S. Census Bureau definition of four regions. https://www.census.gov/programs-surveys/popest/ guidance-geographies/terms-and-definitions.html

The age-adjusted death rate for stroke declined for all regions from 2001 to 2021. Stroke death rates declined from 2001 through 2013 for persons living in the South (63.0 to 39.5 per 100,000 population) and Midwest (59.4 to 37.4), through 2014 for persons living in the West (60.9 to 33.8), and through 2019 for persons living in the Northeast (47.2 to 28.6). However, rates then increased through 2021 for all regions (South = 46.9, Midwest = 42.2, West = 40.0, and Northeast = 30.2). Despite these later increases, rates in all regions remained lower in 2021 compared with 2001. Throughout the period, stroke death rates were highest in the South and lowest in the Northeast.

Source: National Vital Statistics System, Mortality Data, 2001–2021. http://www.cdc.gov/nchs/nvss/deaths.htm Reported by: Sally C. Curtin, MA, sac2@cdc.gov.

The *Morbidity and Mortality Weekly Report (MMWR)* Series is prepared by the Centers for Disease Control and Prevention (CDC) and is available free of charge in electronic format. To receive an electronic copy each week, visit *MMWR* at *https://www.cdc.gov/mmwr/index.html*.

Readers who have difficulty accessing this PDF file may access the HTML file at https://www.cdc.gov/mmwr/index2023.html. Address all inquiries about the *MMWR* Series to Editor-in-Chief, *MMWR* Series, Mailstop V25-5, CDC, 1600 Clifton Rd., N.E., Atlanta, GA 30329-4027 or to mmwrq@cdc.gov.

All material in the MMWR Series is in the public domain and may be used and reprinted without permission; citation as to source, however, is appreciated.

MMWR and Morbidity and Mortality Weekly Report are service marks of the U.S. Department of Health and Human Services.

Use of trade names and commercial sources is for identification only and does not imply endorsement by the U.S. Department of Health and Human Services.

References to non-CDC sites on the Internet are provided as a service to *MMWR* readers and do not constitute or imply endorsement of these organizations or their programs by CDC or the U.S. Department of Health and Human Services. CDC is not responsible for the content of these sites. URL addresses listed in *MMWR* were current as of the date of publication.

ISSN: 0149-2195 (Print)