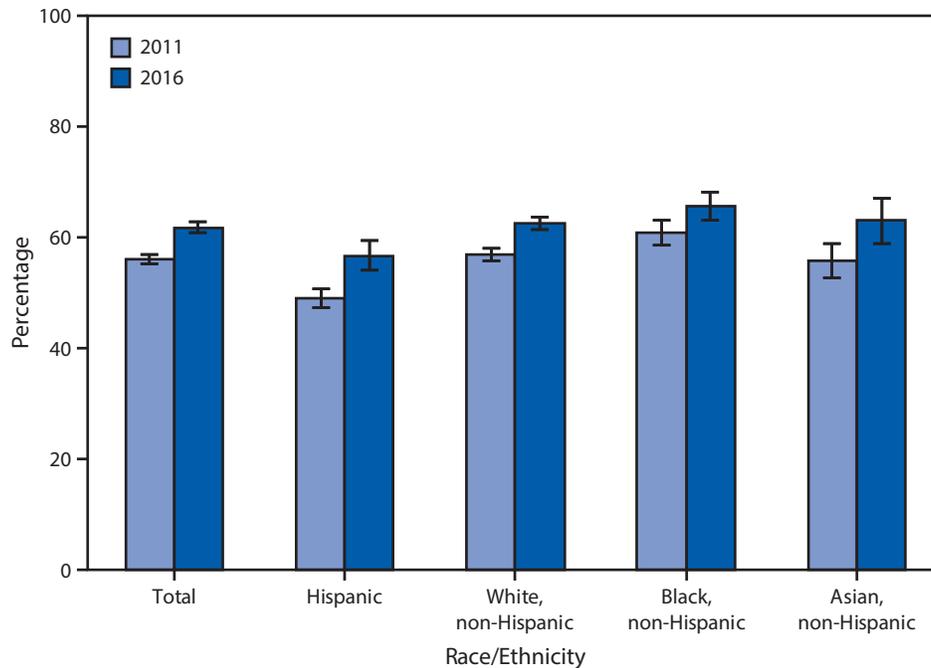


QuickStats

FROM THE NATIONAL CENTER FOR HEALTH STATISTICS

Percentage* of Adults Aged 20–64 Years Whose Blood Cholesterol Was Checked by a Health Professional in the Past 12 Months,[†] by Race/Ethnicity[§] — National Health Interview Survey,[¶] United States, 2011 and 2016



* With 95% confidence intervals shown with error bars.

[†] Based on a positive response to the question "During the past 12 months, have you had your blood cholesterol checked by a doctor, nurse, or other health professional?"

[§] Categories shown are for non-Hispanic respondents who selected one racial group; respondents had the option to select more than one racial group. Hispanic origin refers to persons who are of Hispanic ethnicity and might be of any race or combination of races. Only selected individual groups shown in graph. Total bar based on all adults aged 20–64 years.

[¶] Estimates are based on household interviews of a sample of the civilian, noninstitutionalized U.S. population and are derived from the National Health Interview Survey Sample Adult component.

The percentage of adults aged 20–64 years who had a blood cholesterol check by a health professional in the past 12 months increased from 56.0% in 2011 to 61.7% in 2016. From 2011 to 2016, there was an increase in the percentage of adults with a blood cholesterol check among Hispanic (49.0% to 56.7%), non-Hispanic white (56.8% to 62.5%), non-Hispanic black (60.8% to 65.6%), and non-Hispanic Asian (55.8% to 63.0%) persons. In both years, non-Hispanic black adults were more likely than non-Hispanic white adults to have had a blood cholesterol check, and Hispanic adults were the least likely to have had a blood cholesterol check.

Source: National Health Interview Survey, 2011 and 2016 data. <https://www.cdc.gov/nchs/nhis.htm>.

Reported by: Michael E. Martinez, MPH, MHA, MEMartinez@cdc.gov, 301-458-4758; Emily P. Zammitti, MPH; Maria A. Villarroel, PhD.