Multisystem Inflammatory Syndrome in Children (MIS-C)

WHAT PARENTS NEED TO KNOW

MIS-C is a rare, but serious complication associated with COVID-19. It occurs in children, adolescents and young adults in which different body parts can become inflamed.

1. Recognize Signs and Symptoms

Watch for MIS-C symptoms, especially if your child had COVID-19, or has been in close contact with someone who had COVID-19, within the past 6 weeks.

2. Seek Medical Attention

Even if you aren’t sure your child had COVID-19, call a doctor right away if your child is showing signs and symptoms of MIS-C.

3. Work with Your Healthcare Team

If MIS-C is suspected, healthcare providers will do tests to look for signs of the condition. These may include:

- Blood Tests
- Chest X-rays
- Heart Ultrasound (Echocardiogram)
- Abdominal Ultrasound

SYMPTOMS OF POSSIBLE MIS-C

Ongoing fever PLUS more than one of the following:

- Abdominal Pain
- Vomiting
- Diarrhea
- Dizziness and Lightheadedness
- Rash
- Bloodshot Eyes

Go to the nearest hospital Emergency Room if your child is showing any severe MIS-C warning signs such as:

- Trouble breathing
- Pain or pressure in the chest that does not go away
- Confusion or unusual behavior
- Severe abdominal pain
- Inability to wake or stay awake
- Pale, gray, or blue-colored skin, lips, or nail beds; depending on skin tone

For More Information

www.cdc.gov/mis/mis-c.html