Reducing health disparities brings us closer to reaching health equity. The programs below are examples of how addressing disparities can advance health equity.

**PROGRAMS**

- **Case management and home visits by community health workers decreased asthma-related hospitalizations**
- **Expanded vaccination recommendations eliminated some disparities in Hepatitis A disease**
- **Curriculum for living well with a disability improved quality of life**
- **Future Strategies**
  - **Personalized counseling reduced HIV risk behaviors**
  - **Tribally driven efforts to reclaim traditional food systems facilitated dialog about health**
- **Ongoing Efforts**
  - **Client and provider reminders and patient navigators increased colorectal cancer screening rates**
  - **Programs and policies supporting better neighborhood conditions reduced violence**
  - **Lay health advisors reduced HIV risk behaviors**

**PEOPLE**

- **Black and Hispanic children**
- **Racial/ethnic minority groups**
- **People living with disabilities**
- **Men who have sex with men**
- **American Indian and Alaska Native populations**
- **Low income populations and Alaska Natives**
- **High risk communities**
- **Hispanic and Latino immigrant men**

**HEALTH EQUITY** is when everyone has the opportunity to be as healthy as possible.

**HEALTH DISPARITIES** are differences in health outcomes and their causes among groups of people.

**EXAMPLE:** African American children are more likely to die from asthma compared to non-Hispanic White children.

Learn more about these programs at: [http://www.cdc.gov/minorityhealth/strategies2016/](http://www.cdc.gov/minorityhealth/strategies2016/)