

NHIS - Non-Specific Distress Battery PDF

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- Part of Adult Questionnaire - Adult Conditions
- Introduced in 1997
- Access to data: [1997 to the Present](#)

Questions:

During the PAST 30 DAYS, how often did you feel (All of the time, Most of the time, Some of the time, A little of the time, None of the time)...

1. So sad that nothing could cheer you up?
2. Nervous?
3. Restless or fidgety?
4. Hopeless?
5. That everything was an effort?
6. Worthless?
7. Altogether, how MUCH did these feelings interfere with your life or activities: a lot, some, a little, or not at all?