PROTECT Your Child Use the Right Tool to Give the Right Dose





Spoons are for Soup

- Do not use household spoons to give medicines.
- Spoons come in all shapes and sizes. Using a tablespoon instead of a teaspoon can mean 3 times too much medicine for your child.

Milliliters (mL) are for Medicine

- Use the oral syringe or dosing cup that comes with your liquid medicine to make sure your child gets the right amount.
- Ask your pharmacist if you don't have one.



To learn more, visit cdc.gov/MedicationSafety