CDC Safety Training Course for healthcare workers going to West Africa

00 - 015: Protective suits stacked on tables for trainee use.

16 - 023: Protective boots stacked on tables for trainee use.

24 - 032: Instructor showing trainees list of protective gear to pick up.

33 – 1:13: Trainers providing an overview of the protective gear stations and the blood draw exercise.

1:14 – 2:00: Course participants at the “pick up station.” They put on their first pair of gloves, face mask, protective suit, protective apron, goggles, and their second pair of gloves.

2:01 - 2:05: Sign detailing the protective gear participants should pick up from the table.

2:06 – 2:15: Participants gathering their protective gear.

2:16 – 2:28: Female participant getting her protective suit.

2:29 – 3:04: Participants putting on their protective suits. Instructors answer questions.

3:05 – 3:35: Tight shots of participants putting on protective suit over their boots.

3:35 – 3:46: Instructor guiding participant through the process of putting on her face mask and hood.


3:55 – 4:07: Participant putting powder in second pair of gloves before putting them on.

4:10 – 4:26: Participant putting on protective goggles.

4:27 – 4:35: Participants picking up masks, aprons and goggles.

4:40 – 4:44: Instructor helping participant put on goggles, ensuring there is an tight seal.

4:45 – 4:54: Participant donning apron.

4:56 – 5:03: Instructor helping participant don protective gear, particularly the face mask.

5:04 – 5:11: Participants putting on their protective gear.

5:13 – 5:19: Participants in their full protective suits exiting to the blood draw exercise.

5:20 – 5:39: Participants stepping in chlorine solution before entering “high risk” zone.

5:41 – 6:00: Participants practicing drawing blood from a patient (dummy) in full protective gear.

6:01 – 6:08: Participants spraying blood sample bag with chlorine solution.

6:09 – 6:30: Instructor providing guidance on proper handling of blood samples from suspected Ebola patient.
6:31 – 6:43  Participant putting blood sample bag in another bag for transport to lab.

6:47 – 6:51  Participant washing hands in chlorine solution before starting the process of taking off her gear.

6:53 – 7:08  Participant taking off protective apron and throwing in proper disposal bucket.

7:09 – 7:23  Participant taking off goggles and disposing in proper bucket.

7:24 – 7:54  Participant taking off protective suit. Note their gloves and face mask remain on to prevent exposure to any possible pathogens on the suit.

7:55 – 8:20  Participant stepping out of suit.

8:21 – 8:38  Participant having boots sprayed with chlorine before stepping into low risk zone.

END TIME: 8:38 minutes