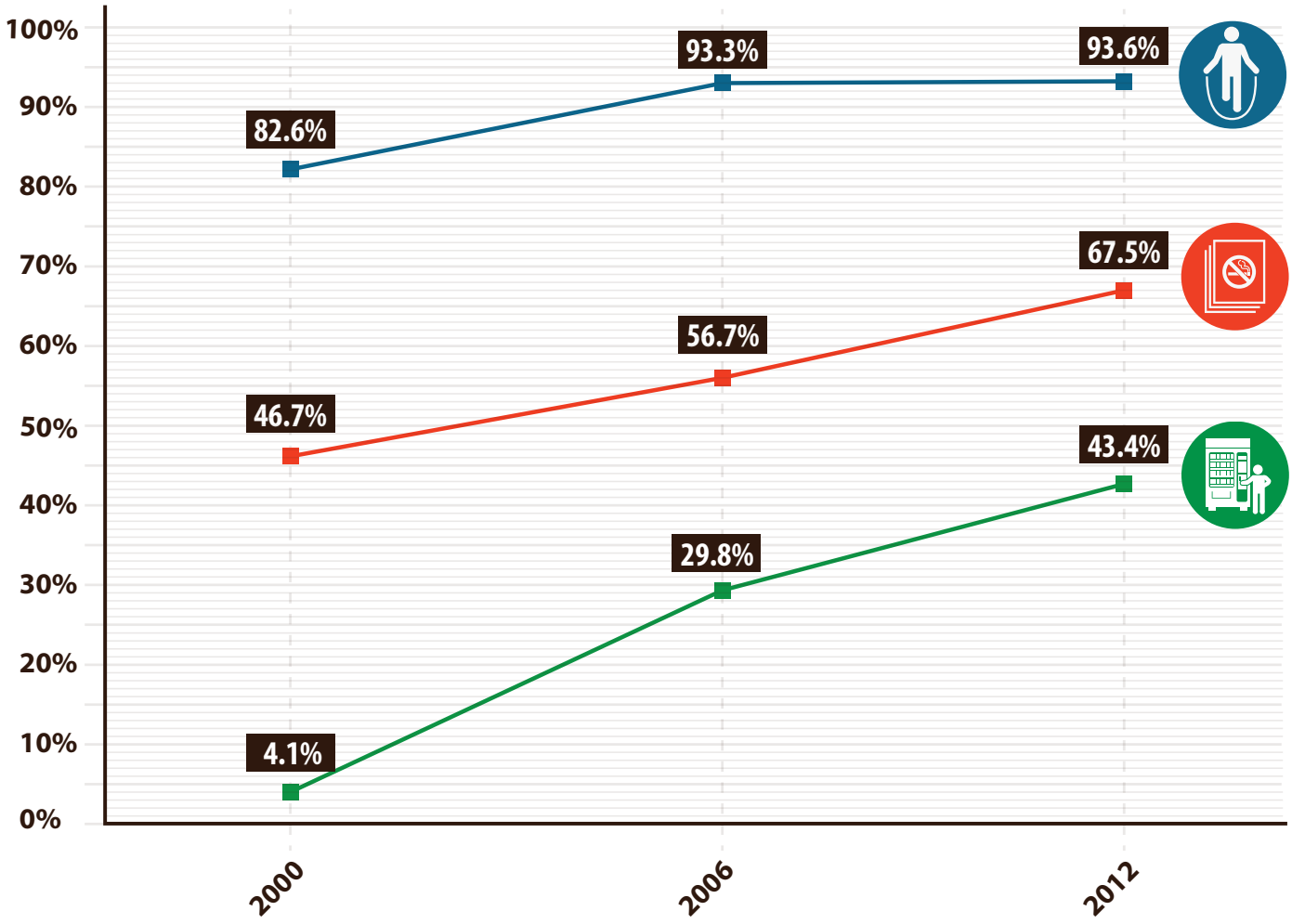
Encouraging trends in nation's school policies on nutrition, physical education/ physical activity, and tobacco



Physical education/ physical activity

The percentage of districts that required elementary schools to teach physical education increased from 82.6% in 2000 to 93.6% in 2012.

Tobacco

The percentage of districts with policies that prohibited all tobacco use during any school-related activity increased from 46.7% in 2000 to 67.5% in 2012.

Nutrition

The percentage of districts that required schools to prohibit offering junk food in vending machines increased from 4.1% in 2000 to 43.4% in 2012.

www.cdc.gov/shpps
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