SCHOOL-BASED PROGRAMS

for Preventing HIV & STDs among U.S. Youth

School-based programs play an important role in preventing HIV and other STDs.

There are about **20 million** new STDs each year

HALF are among youth aged 15–24 years

1 in 4 new HIV infections occur in youth

Effective HIV/STD Prevention Programs

- **DELAY** 1st sexual intercourse
- **DECREASE** number of sex partners
- **DO NOT** increase likelihood of having sex
- **INCREASE** condom and contraceptive use

Characteristics of Effective HIV/STD Prevention Programs

1. Delivered by trained instructors
2. Use materials that are age- and culturally-appropriate and medically accurate
3. Include skill-building lessons
4. Take place in a school environment supportive of healthy behaviors
5. Involve parents, youth-serving organizations, and health organizations

HIV/STD Prevention Programs are COST EFFECTIVE!

$1 invested

$2.65 saved

How can you help your school?

- **ASK** school administrators about current programs and services.
- **VISIT** the CDC Healthy Youth web site (www.cdc.gov/HealthyYouth) for additional resources.
- **CALL** 1-800-CDC-INFO (800-232-4636) if you have any futher questions.

Centers for Disease Control and Prevention
National Center for HIV/AIDS, Viral Hepatitis, STD, and TB Prevention

www.cdc.gov/healthyyouth