

This week's MMWR has some strikingly good news. There's a big increase in breastfeeding in all race and ethnic groups. Breastfeeding has many benefits for both the mother and the infant. The fact that hundreds of thousands of more infants are breastfeeding is good news for the next generation.

We still have much more to do. Fewer than half of all babies born in this country are breastfeeding at six months. Breastfeeding is the healthiest form of nutrition.

Hospitals can make a big difference by becoming baby friendly and insuring that every woman has the best possible chance of starting breastfeeding.