A Dangerous Trend – Smokeless Tobacco Use Among High School Athletes

Past 30-day use of combustible tobacco products dropped from 2001 to 2013 among all high school students (31.5% to 19.5%), while past 30-day use of smokeless tobacco remained unchanged among non-athletes (5.9%), and increased among athletes (10.0% to 11.1%).

Smokeless tobacco is NOT without risk

SMOKELESS TOBACCO USE CAN...

- Lead to nicotine addiction
- Cause cancer of the mouth, esophagus and pancreas
- Cause diseases of the mouth
- Increase the risk for death from heart disease and stroke