

Traveling abroad for spring or summer break?
Not protected against measles?
Get your measles vaccination.

Measles is a plane ride away.

Since measles is still common in many countries, **unvaccinated travelers** continue to **get measles in other countries and bring it into the U.S.**, and spread it to others.



Get Vaccinated:

Bring home fun souvenirs, photos, and fantastic memories – **NOT measles!**



Make sure you are up to date on your **measles mumps rubella (MMR)** vaccine, including before travelling internationally. Ask your doctor, if you have received all recommended doses of MMR for best protection against measles.

www.cdc.gov/Features/MeaslesInternationalTravel/



**U.S. Department of
Health and Human Services**
Centers for Disease
Control and Prevention

