Traveling abroad for spring or summer break? Not protected against measles?

Get your measles vaccination.

**Measles is a plane ride away.**
Since measles is still common in many countries, unvaccinated travelers continue to get measles in other countries and bring it into the U.S., and spread it to others.

**Get Vaccinated:**
Bring home fun souvenirs, photos, and fantastic memories – **NOT** measles!

Make sure you are up to date on your measles mumps rubella (MMR) vaccine, including before travelling internationally. Ask your doctor, if you have received all recommended doses of MMR for best protection against measles.

[www.cdc.gov/Features/MeaslesInternationalTravel/](http://www.cdc.gov/Features/MeaslesInternationalTravel/)

*U.S. Department of Health and Human Services*
*Centers for Disease Control and Prevention*