

## **Multidimensional Fatigue Inventory (MFI)**

### **Description**

A self-report instrument consisting of 20-item devised to measure fatigue, covering the dimensions of General Fatigue, Physical Fatigue, Mental Fatigue, Reduced Motivation and Reduced Activity. This instrument takes about 5 to 10 minutes to complete. The instrument's psychometric properties were tested and determined to have good internal consistency and construct validity in samples with Chronic Fatigue Syndrome (CFS).

This dataset contains five MFI subscale scores (for five measured dimensions) that were derived from the original responses. [Smets et al, 1995]

### **Study Sample**

227 participants in the study completed MFI instrument.

### **Data Collection Method**

MFI questionnaire was self-administered in paper-and-pencil format on the arrival day at the clinic.

### **Reference**

Smets EM, Garssen Bj, Bonke B, De Haes JC. The multidimensional fatigue inventory (MFI) psychometric qualities of an instrument to assess fatigue. *J Psychosom Res* 1995; 39: 315-325.