

Appendix 4
Roundtable Meeting Discussion Handouts

Discussion of IOM Diagnostic Criteria, Post-Exertional Malaise (PEM), and Diagnostic Algorithm

Handouts:

- IOM Diagnostic Criteria for ME/CFS
- IOM Diagnostic Algorithm for ME/CFS
- CFSAC Proposed Diagnostic Criteria

Discussion Questions:

Diagnostic Criteria

1. What key points should be made on the CDC website to explain the IOM diagnostic criteria in more detail?
2. How should post-exertional malaise (PEM) be more fully described?
3. What would you include about the history of different case definitions?

Diagnostic Algorithm

1. How would you include the IOM algorithm on the CDC website?
2. What context should be provided for using the IOM diagnostic algorithm?
3. How should the IOM diagnostic criteria be put into use?

CFSAC Proposed Diagnostic Criteria

1. What key points should be made on the CDC website to explain the diagnostic criteria in more detail?
2. How should post-exertional malaise (PEM) be more fully described?
3. What would you include about the history of different case definitions?

Discussion of How to Present Website Content

Handouts:

- Key Facts
- CDC ME/CFS website example

Discussion Questions:

Key Facts

1. Should all of the content of the Key Facts be presented on the website?
2. Is there other information that should also be presented (for example, any additional epidemiologic data)?
3. What are the likely points of confusion or misunderstanding that should be addressed?
4. What special nuances or “tone” considerations should be taken into account?

CDC ME/CFS Website Example

1. Is there other information that should also be presented (for example, any additional epidemiologic data)?
2. What are the likely points of confusion or misunderstanding that should be addressed?
3. What special nuances or “tone” considerations should be taken into account?

Discussion of Portals/Information for Different Audiences

Handouts:

- Putting the Diagnosis to Use

Discussion Questions:

What additional content or information would be most useful for each of these audiences?

1. Healthcare professionals
2. Patients, parents and advocates
3. Education professionals