

Protect your family from Lyme disease



How do you get Lyme disease?

Lyme disease bacteria are spread to people through the bite of blacklegged ticks.

Blacklegged tick
(aka deer tick)



Blacklegged ticks live in tall grass, leaf piles, and wooded areas, including those around your home.

Where can you get Lyme disease?

Lyme disease is most common in the Northeast, mid-Atlantic, and upper-Midwest.

You and your children can get Lyme disease from ticks in your own backyard.



Lyme Disease Symptoms

- ▶ Rash
- ▶ Heart palpitations
- ▶ Fever
- ▶ Swelling in large joints like knees and elbows
- ▶ Chills
- ▶ Drooping on one or both sides of the face



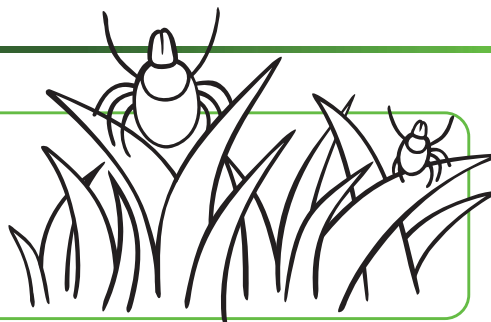
Visit a healthcare provider right away

if your child has symptoms and has been in an area where Lyme disease is common.

Lyme Disease Treatment

Your healthcare provider can prescribe antibiotics to treat Lyme disease. Antibiotic treatment is typically 10-28 days. The length of treatment depends on symptoms.

Ticks don't jump or fly. They quest!

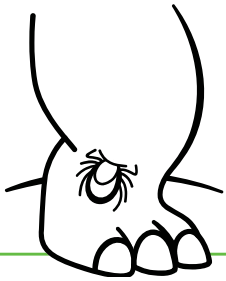


Prevent tick bites & Lyme disease

Use an insect repellent registered with the Environmental Protection Agency.

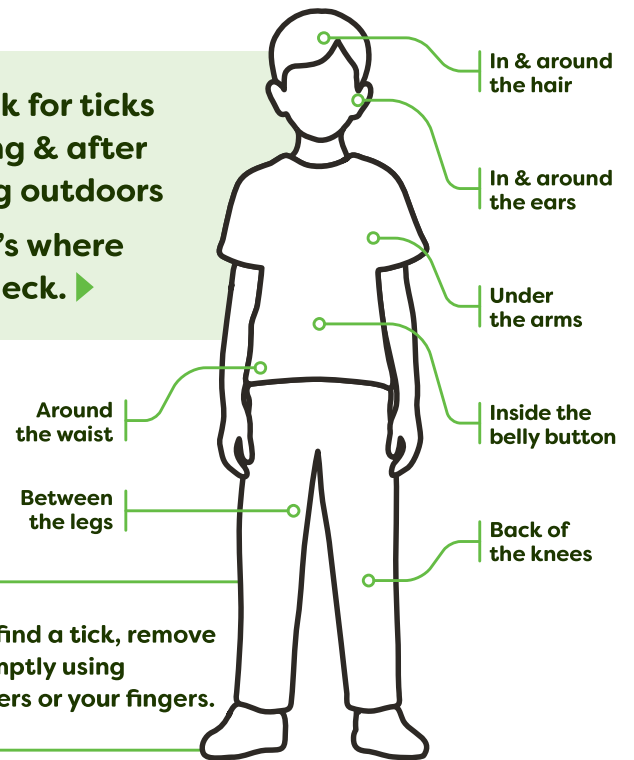


Shower soon after being outdoors to check for and help wash off ticks.



Ticks have been
around for over
100 million years—
even dinosaurs
dealt with them!

Check for ticks during & after being outdoors
Here's where to check. ▶



If you find a tick, remove it promptly using tweezers or your fingers.

There are 10 ticks hiding in the scene below, can you find them?



For more information visit
cdc.gov/lyme

