#### -----HOW WELL DO YOU KNOW------

# **HEPATITIS B**

## Wheel of Health Education Tool Instructions

The Wheel of Health is an educational tool designed to help staff educate their clients about Hepatitis B. Clients have the opportunity to spin the wheel. When the wheel stops, an arrow will point to a true or false question for the client to answer. This do-it-yourself wheel can help start conversations when engaging with clients in the clinic, at health fairs or testing events.

Instructions for making the Wheel of Health:

#### Option 1 (https://www.youtube.com/watch?v=DCcEI6MbDkg)

- 1. Draw a large circle on a paperboard (circle A)
- 2. Draw a second circle of the same size on another paper (circle B)
- 3. Cut out both circle A and circle B
- 4. Divide circle B into 10 slices
- 5. Fill each slice with a different color and add a True/False question on each slice
- 6. Cut out each slice on circle B
- 7. Stick each slice from circle B onto circle A side by side to make a new circle
- 8. Create a hole in the center of the new circle (A+B)
- 9. Put the circle on a bigger board
- 10. Place a screw at the center of the circle (A+B)
- 11. Draw a warning sign on a paperboard then cut it out
- 12. Stick the warning sign on the screw
- 13. Add a short stick between each slice
- 14. Draw an arrow on a paperboard then cut it out
- 15. Paste the arrow above the circle
- 16. Add the title onto the big board

### Option 2 (https://www.youtube.com/watch?v=ilXwxkNgtxA)

- 1. Buy a spinning flower at a discount or craft store
- 2. Tie the zip-tie to the stick so that it scratches the petals
- 3. Write numbers with a Sharpie on each petal
- 4. Cut an arrow and tape it on the stick