CHRONIC KIDNEY DISEASE

COMMON • SERIOUS • COSTLY

Chronic kidney disease (CKD) causes loss of kidney function over time and may lead to kidney failure or end-stage kidney disease (ESKD).

37 MILLION

MORE THAN

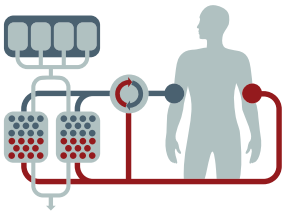
1 IN 7

US adults may have CKD

90%

don't know they have it

Kidney diseases are the **9TH LEADING CAUSE OF DEATH** in the United States



EVERY DAY MORE THAN

340

people begin treatment for kidney failure (dialysis or a kidney transplant)

RISK FACTORS

- Diabetes
- High blood pressure
- Heart disease
- Obesity
- Family history of CKD
- Older age

1 IN 3

adults with diabetes may have CKD

1 IN 5

adults with high blood pressure may have CKD

TREATMENT LOWERS RISK FOR ESKD

CHRONIC KIDNEY DISEASE

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CKD **INCREASES RISK** FOR:

- Heart disease and heart failure
- Stroke
- Early death

MEDICARE **COSTS**

CKD = **$84 BILLION**

ESKD = **$36 BILLION**

REDUCE COSTS BY PREVENTING:

- CKD in people at risk
- CKD progressing to ESKD
- Other chronic conditions, including type 2 diabetes and heart disease

CDC's CKD Initiative collaborates with other government agencies, universities, and national organizations to:

- **Prevent and manage** risk factors for CKD
- **Raise awareness** of CKD and its complications
- **Promote early diagnosis and management** of CKD
- **Improve outcomes** for people living with CKD

The **CKD Surveillance System** documents CKD and its risk factors in the United States and tracks progress in preventing, detecting, and managing CKD. These efforts align with Healthy People objectives for CKD.

U.S. Department of Health and Human Services
Centers for Disease Control and Prevention

FOR MORE INFO
www.cdc.gov/kidneydisease

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