SAFE AND HEALTHY DIAPER CHANGING STEPS IN HOME SETTINGS

Protect yourself and your child from germs by following these diapering steps.

<table>
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<th>Step</th>
<th>Description</th>
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| 1. CLEAN CHILD | Keep hand on child at all times for safety!  
- Place the child on diapering surface and unfasten diaper.  
- Clean the child's diaper area with fresh baby wipes. Always wipe from front to back.  
- Keep dirty diaper/clothing away from any surfaces that cannot be easily cleaned. |
| 2. REMOVE DIRTY DIAPER | If child is using cloth diapers:  
- Place used disposable baby wipes in a plastic-lined, lidded trash can or place cloth wipes in a cloth diaper pail.  
- If child has pooped, fold diaper closed and set aside for now, out of child's reach.  
- If child has not pooped, place the dirty diaper in a cloth diaper pail.  
If child is using disposable diapers:  
- Set the used baby wipes in the dirty diaper.  
- Place the dirty diaper and used baby wipes in a plastic-lined, lidded trash can. |
| 3. REPLACE DIAPER |  
- Slide a fresh diaper under the child.  
- Apply diaper cream, if needed.  
- Fasten the diaper and dress the child. |
| 4. WASH CHILD'S HANDS |  
- Wash child's hands with soap and water and place him or her in a safe, supervised area. |
| 5. CLEAN DIAPERING SURFACE |  
- Clean surface especially if there were any spills or leaks of diaper contents  
  - If diapering surface is waterproof, wipe up any visible soil with damp paper towels or a baby wipe. Then scrub with a disinfectant and allow surface to air dry.  
  - If diapering surface has a fabric cover, remove the soiled cover and replace it with a fresh one. |
| 6. FLUSH POOP |  
- Flush poop if using cloth diapers  
  - If the child had pooped into the diaper, discard poop in toilet. Take care not to touch any other surfaces.  
  - Place the dirty diaper in the trash can or cloth diaper pail. |
| 7. WASH YOUR HANDS |  
- Wash your hands thoroughly with soap and water. |

Centers for Disease Control and Prevention  
National Center for Emerging and Zoonotic Infectious Diseases