

# STRENGTHS ASSESSMENT FORM

Linkage Coordinator's Copy

Client ID: 1548

LC's Name: Grace Jackson

Date: 6/11/10      Session Number: 5

Is this the first assessment completed for the client, or is it an amendment?

Updated

1. What strengths, abilities, or skills did the client identify (either directly or indirectly)?

a. Strengths:

- Overcame fear of disclosure – disclosed status to two close friends
- Very close to family
- Social
- Willing to participate in ARTAS and continue coming to sessions
- Acknowledgement of drinking problem
- Acknowledgement of depression
- Thinking about talking to someone about treatment for drinking problem

b. Skills:

- Currently working two part time jobs

c. Abilities

- Able to take responsibility for treatment for drinking problem

d. Which items from the Life Domains List, if needed, prompted the client?

N/A

2. What examples did the client give about a time when s/he successfully faced barriers?

a. What did s/he do to overcome the barriers?

*Orlando shared that he had previously been in treatment for his drinking. At that time, he took responsibility for his drinking problem, found a treatment center, and checked himself into treatment. He shared that his family was supportive in his treatment, which helped him to have the courage to follow through with it. Since he left treatment, he had kept his drinking under control until he learned he had HIV.*

**3. What did the client explicitly say s/he was good at?**

*Orlando said he was good at keeping a job, and he currently works at two part time jobs.*

**4. What did the client implicitly say s/he was good at? i.e. What did you hear him/her say?**

- a. Did the client agree with what you heard as something s/he is good at once you repeated it back?

*Orlando already overcame his fear of disclosure by disclosing to two of his friends. He also has a very close relationship with his family, and is willing to continue participating in ARTAS.*

*Orlando is able to acknowledge his drinking problem, and is thinking about re-entering treatment.*

**5. What example(s) did the client give about a time/experience when s/he felt like most things were going well in his/her life? What was s/he doing to make them go well?**

*Orlando talked about a time when he was happy, just after getting out of treatment. He was feeling good and in control of his drinking and his life. He was successfully using strategies that he learned in treatment to stay in control of his drinking. He was making time for social activities with his family and friends, which he enjoyed. He also got a part-time job as a bartender at a local bar, and was earning a steady income.*

# STRENGTHS ASSESSMENT FORM

Client's Copy

Date: 6/11/10

Session Number: 5

New Assessment or Updated Assessment? (Underline one)

## 1. My strengths, abilities, or skill identified:

### a. Strengths:

- Overcame fear of disclosure – disclosed status to two close friends
- Very close to family
- Social
- Willing to participate in ARTAS and continue coming to sessions
- Acknowledgement of drinking problem
- Acknowledgement of depression
- Thinking about talking to someone about treatment for drinking problem

### b. Skills:

- Currently working two part time jobs

### c. Abilities:

- Able to take responsibility for treatment for drinking problem

### d. Items from the Life Domains List:

N/A

## 2. Examples I gave about a time(s) that I successfully faced barrier(s) in my life:

### a. Examples of barrier(s):

### b. Things I did to overcome the barrier(s):

*I talked about when I was in treatment for my drinking. At that time, I took responsibility for my drinking problem, found a treatment center, and checked myself into treatment. My family was supportive in my treatment, which helped me to have the courage to follow through with it. Since I left treatment, I kept his drinking under control until I learned I had HIV.*

## 3. Things I'm good at:

*I'm good at keeping a job. I have two part time jobs.*

*I overcame my fear of disclosure by disclosing to two of my friends. I have a very close relationship with my family, and am willing to continue participating in ARTAS.*

*I'm able to acknowledge my drinking problem, and am thinking about re-entering treatment.*

**4. Example(s) of when I felt like most things in my life were going well:**

**a. Things I did to make them go well:**

*I was happy, just after getting out of treatment before. I felt good and in control of my drinking and life. I was successfully using strategies that I learned in treatment to stay in control of my drinking. I was making time for social activities with my family and friends, which I liked. I also got a part-time job as a bartender at a local bar, and was earning a steady income.*