FACT

About 1.1 million people in the United States are living with HIV. 1 in 7 of them don’t know it.
TEST.

The only way to **know for sure** whether you have HIV is to get tested. The CDC recommends that everyone ages 13 to 64 get tested for HIV at least once **as part of routine health care**. Find a testing site near you by texting your ZIP code to **KNOW IT (566948)**.

PREVENT.

You can prevent **HIV** by limiting your number of sexual partners; never sharing needles; and **using condoms** the right way **every time** you have sex.

TREAT.

Thanks to better treatment options, people with HIV are living longer—and with a **better quality of life**—than ever before. If you are living with HIV, it is important that you start medical care and **begin HIV treatment** as soon as you are diagnosed.

For more information, visit [cdc.gov/actagainstaids](http://cdc.gov/actagainstaids)