MMP provides important information that allows us to monitor who is in care and who is successfully treated.

What is the Medical Monitoring Project (MMP)?

MMP is a population-based surveillance system run by the Centers for Disease Control and Prevention and local health departments since 2007 that is designed to assess clinical and behavioral characteristics of HIV-infected adults receiving care in the United States. MMP monitors progress and identifies areas for improvement in delivery of HIV care, treatment, and prevention interventions. A total of 461 facilities providing outpatient HIV medical care participated in MMP in the 2009 data collection cycle.

HIV Treatment and Prevention Counseling, 2009 (N = 4,217)

Who is in care?

- 71% men, 27% women, 2% transgender
- 47% men who have sex with men
- 76% older than 39 years of age
- 35% white, 41% black, 19% Hispanic, 5% other race/ethnicity
- 72% had continuous health coverage
- 42% had household incomes below the poverty line
- 9% were homeless
- 23% diagnosed less than 5 years, 54% diagnosed 10 or more years

Technical notes: The MMP population is all HIV-infected adults who received care in the United States between January and April, 2009, all data refer to 12 months prior to interview and medical record abstraction; all percentages are weighted and account for clustering, unequal selection probabilities, and nonresponse; viral suppression defined as most recent HIV viral load documented in medical record as undetectable or <200 copies/ml; ART=antiretroviral therapy; MSM=men who have sex with men, MSW=men who have sex with women only; WSM=women who have sex with men.

<table>
<thead>
<tr>
<th>Description</th>
<th>%</th>
<th>%</th>
</tr>
</thead>
<tbody>
<tr>
<td>Diagnosed</td>
<td>82%</td>
<td></td>
</tr>
<tr>
<td>Linked to care</td>
<td>66%</td>
<td></td>
</tr>
<tr>
<td>Retained in care</td>
<td>37%</td>
<td></td>
</tr>
<tr>
<td>Prescribed ART</td>
<td>33%</td>
<td></td>
</tr>
<tr>
<td>Virologically suppressed</td>
<td>25%</td>
<td></td>
</tr>
</tbody>
</table>

Continuum of HIV Care in the United States, 2009 (N = 1,178,350)


National Center for HIV/AIDS, Viral Hepatitis, STD, and TB Prevention
Division of HIV/AIDS Prevention
MMP helps identify groups in need of services and interventions that promote health and reduce the risk of HIV transmission.

**Why is MMP important to you?**

- MMP data can be used by HIV prevention community planning groups, Ryan White HIV Program planning councils, providers of HIV care, and others to improve HIV services and outcomes.
- MMP can inform policy decisions, resource allocation, and evaluation of treatment and prevention initiatives.
- The data can be used to provide a clearer picture of the quality of HIV/AIDS care around the country and to better understand the service needs of people living with HIV.

**What you can do to support MMP?**

- Health care providers
  - Allow your patients the opportunity to participate in MMP if your facility is selected. If one of your patients is selected for an interview, encourage participation.
- People living with HIV
  - Participate in MMP if you are selected for an interview.
- Everyone
  - Use MMP data to learn more about the needs and health status of people living with HIV.

For more information, go to [http://www.cdc.gov/hiv/topics/treatment/mmp/index.htm](http://www.cdc.gov/hiv/topics/treatment/mmp/index.htm)