



LET'S STOP
HIV
TOGETHER

Undetectable is peace of mind.

By taking HIV medicine, as prescribed, people with HIV can become undetectable. This means the amount of HIV in the blood is so low that it cannot be detected by a lab test.

Being undetectable is one of the best things people with HIV can do for their health, and for the health of their sex partners. People with HIV who get and stay undetectable have effectively no risk of transmitting HIV to their sex partners.

Support those you love on their journey to undetectable. Help stop HIV Stigma.

LEARN MORE AT
cdc.gov/StopHIVStigma
[#JourneyToUndetectable](https://twitter.com/CDC_HIVAIDS)

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