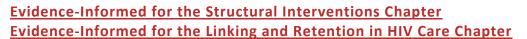
TRANS LIFE CARE





POPULATION

> Transgender women of color with HIV

KEY INTERVENTION EFFECTS

Increased viral suppression

BRIEF DESCRIPTION

Trans Life Care (TLC) is a project of Chicago House and Social Service Agency. It aims to be a "one-stop shop" offering multiple on-site services. Key aspects of the TLC intervention include:

- Outreach (event-based and street-based)
- A drop-in center
- On-site medical, housing, employment, legal, and HIV services
- · Patient navigation
- Trans-competent training for service providers
- Trans-specific services (i.e., developed for and by transgender women) delivered by staff who are transgender whenever possible

DURATION: Ongoing

SETTING: Community-based organization (Chicago, IL)

STUDY YEARS: 2013 - 2019

STUDY DESIGN: One-group, pre-post

DELIVERERS: Peer navigator, medical provider, case manager, employment specialist, legal attorney, drop-in

center coordinator, HIV coordinator testing/navigation/linkage-to-care specialist

DELIVERY METHODS: Integrated care, navigation, outreach

STUDY SAMPLE

The baseline study sample of N = 120 participants was characterized by the following:

- 94% Black or African American persons
 - 5% Hispanic, Latino or Latina persons, regardless of race
 - 1% persons who identify as another race/ethnicity
- Median age = 28 years

STRUCTURAL COMPONENTS

Access - HIV medical care

Provided navigation services to improve engagement in HIV care

Capacity Building – Provider/Supervisor training

Conducted trans-competent training for service providers

Physical Structure – Integration of Care/Services

Offered co-located services for multiple needs

Social Determinants of Health - Survival

Assisted with securing housing and employment

KEY INTERVENTION EFFECTS (see **Primary Study** for all outcomes)

• At the 12-month and 24-month follow up, viral suppression improved among intervention participants with a care visit compared to baseline (12-month follow up: unadjusted Odds Ratio [uOR] = 1.93, 95% Confidence Interval [CI]: 1.09 – 3.41; 24-month follow up: uOR = 2.41, 95% CI: 1.16 – 5.00).

CONSIDERATIONS

- Of the 120 participants, 58 (48%) were exposed to the entire intervention.
- The median number of hours of intervention exposure was 9 hours per individual.
- Of the 120 participants, 2% participated in individual sessions, 98% participated in drop-in sessions, and 2% participated in virtual sessions.
- The author reported approximate annual cost of the intervention as \$224,500 at the time of intervention implementation.

ADVERSE EVENTS

The author did not report adverse events.

FUNDING

Health Resources and Services Administration (H97HA24965)

PRIMARY STUDY

Rebchook, G. M., Chakravarty, D., Xavier, J. M., Keatley, J. G., Maiorana, A., Sevelius, J., Shade, S. B., & the SPNS Transgender Women of Color Study Group. (2022). An evaluation of nine culturally tailored interventions designed to enhance engagement in HIV care among transgender women of colour in the United States. Journal of the International AIDS Society, 25(Suppl. 5), e25991. https://doi.org/10.1002/jia2.25991

PLEASE CONTACT STUDY AUTHOR FOR TRAINING AND INTERVENTION MATERIALS.

Contacts

Lisa M. Kuhns, PhD, MPH

Ann & Robert H. Lurie Children's Hospital of Chicago

Email: lkuhns@luriechildrens.org

Judy Perloff Chicago House

Email: iperloff@chicagohouse.org

Josie Paul Chicago House

Email: jpaul@chicagohouse.org

Gregory Rebchook, PhD

University of California San Francisco

Center for AIDS Prevention Studies (CAPS) & UCSF Prevention Research Center

Email: greg.rebchook@ucsf.edu