# YOUTH ADVISORY COUNCILS

## STRUCTURE

- Youth Advisory Councils should have about 15 young people, but the exact size, focus, role, and structure vary. There is no one set structure for Youth Advisory Councils, but some outline basic structures and roles for their members.
- Youth Advisory Councils that represent high schools within a school district should be diverse and include students who can relate to the issues being addressed.
  - Youth Advisory Councils **need support from adults** to be successful. Adults manage access to money, meeting spaces, and other resources that can affect the Youth Advisory Council's work.



U.S. Department of Health and Human Services Centers for Disease Control and Prevention



### **Opportunities for youth to lead:**



Set the agenda.



Share experiences.



Play the primary role in developing goals.



Direct the development and completion of projects.

#### President

Leads meetings and serves as a point of contact for the Youth Advisory Council's work with the school and community.

#### Treasurer

Records the group's budget and expenses.



#### Secretary

Maintains important documents and shares key messages with the group.

#### **Media Chair**

Shares meeting and other content about the group on social media and other communication channels.



#### **Recruitment Chair**

Takes the lead on creating materials, activities, and events focused on recruiting new members.

Learn more about **Youth Advisory Councils** 

www.cdc.gov/healthyyouth @CDC\_DASH

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#### Energizer

Helps keep meetings fun and productive.

