

Form Approved  
OMB No: 0920-0445  
Expiration Date: 11/30/2008

**Physical Education  
State Questionnaire**

Sample Copy-Do Not Complete

**School Health Policies and Programs Study 2006  
Attn: Beth Reed, Project Manager  
126 College Street  
Burlington, VT 05401  
Tel: (802) 863-9600 - Fax: (802) 863-8974**

# Physical Education State Questionnaire

	<b>Questions</b>
Standards/Guidelines .....	1 - 8
Elementary School Instruction.....	9 - 17
Elementary School Recess.....	18
Middle or Junior High School Instruction .....	19 - 27
Senior High School Instruction.....	28 - 36
Students with Disabilities .....	37
Student Assessment.....	38 - 46
Use of Protective Gear .....	47
Physical Activity and Discipline.....	48 - 55
Staffing and Staff Development.....	56 - 64
Collaboration.....	65 - 67
Interscholastic Sports.....	68 - 71
Physical Education Coordinator .....	72 - 80

Public reporting burden for this collection of information is estimated to average 35 minutes per response, including the time for reviewing instructions, searching existing data sources, gathering and maintaining the data needed, and completing and reviewing the collection of information. An agency may not conduct or sponsor, and a person is not required to respond to a collection of information unless it displays a currently valid OMB control number. Send comments regarding this burden estimate or any other aspect of this collection of information, including suggestions for reducing this burden to: CDC/ATSDR Reports Clearance Officer, 1600 Clifton Road NE, Mailstop D-74, Atlanta, GA 30333; Attention PRA (0920-0445).

## Special Instructions

---

NOTE: THROUGHOUT THIS QUESTIONNAIRE, TEXT THAT APPEARS IN ALL CAPITAL LETTERS WILL NOT BE READ ALOUD TO RESPONDENTS.

THIS QUESTIONNAIRE WILL BE ADMINISTERED USING COMPUTER ASSISTED TELEPHONE INTERVIEW TECHNOLOGY. THE INTERVIEWER WILL READ THE QUESTIONS ALOUD AND TYPE RESPONSES TO THE QUESTIONS INTO THE COMPUTER. THE INTERVIEW PROGRAM WILL 1) DISPLAY THE CORRECT TENSE OF VERBS, 2) PROVIDE ALTERNATE ANSWERS TO QUESTIONS (E.G., NOT APPLICABLE, "I DON'T KNOW"), 3) NAVIGATE COMPLEX SKIP PATTERNS, AND 4) PERFORM OTHER USEFUL FUNCTIONS. THE PROGRAMMING SPECIFICATIONS FOR THE INTERVIEW ARE NOT INCLUDED IN THIS PRINTED VERSION OF THE QUESTIONNAIRE.

1. This questionnaire focuses on your state's policies and practices regarding physical education.
2. When I use the word "policy," I mean any law, rule, regulation, administrative order, or similar kind of mandate issued by the state board of education, state legislature, or other state agency with authority over schools in your state. I am most interested in what is required by the state, not what is recommended or contained in non-binding guidance documents, unless the question specifically asks about recommendations.
3. If a state policy is worded in such a way that it requires districts or schools to develop and adopt their own policies on a given topic, for the purpose of this questionnaire please consider it the same as a statewide requirement.
4. I recognize that the state may sometimes grant policy exceptions or waivers, but please answer each question based on what is considered the general policy and standard practice.
5. Please do not consider district or school practices or policies when answering the questions. We will ask about district and school practices and policies when we collect information from districts and schools across the country.
6. Please do not include policies that are solely related to instruction on physical activity topics provided within health education curricula.
7. Unless the question specifically asks about regularly scheduled recess periods, do not include recess periods when answering questions about physical education.



## Standards/Guidelines

---

The first questions ask about your state’s standards or guidelines for teaching physical education. These standards or guidelines might cover topics such as the goals and objectives of physical education or expected student outcomes.

1. Has your state adopted a policy stating that districts or schools will follow any national or state physical education standards or guidelines?

Yes .....1 →SKIP TO Q3  
No.....2

2. Has your state adopted a policy encouraging districts or schools to follow any national or state physical education standards or guidelines?

Yes .....1  
No.....2 →SKIP TO THE  
INTRODUCTION TO Q9

3. Are these physical education standards or guidelines based on the National Standards for Physical Education from the National Association for Sport and Physical Education?

Yes .....1  
No.....2

4. Are these physical education standards or guidelines based on the Guidelines for School and Community Programs to Promote Lifelong Physical Activity among Young People from the Centers for Disease Control and Prevention or CDC?

Yes .....1  
No.....2

The next questions ask about methods your state education agency might use to improve district or school compliance with these physical education standards or guidelines.

5. To improve compliance with physical education standards or guidelines, does your state use staff development for physical education teachers?

Yes .....1  
No.....2

6. To improve compliance with physical education standards or guidelines, does your state include physical education in statewide assessments or testing?

- Yes .....1
- No.....2

7. Does your state use written reports from districts or schools to document compliance with physical education standards or guidelines?

- Yes .....1
- No.....2

8. Is physical education included when your state does onsite reviews in school districts for overall compliance with educational standards or guidelines?

- Yes .....1
- No.....2

Sample Copy-Do Not Complete

## Elementary School Instruction

---

Now I'm going to ask you about elementary school instruction.

9. Has your state adopted goals, objectives, or expected outcomes for elementary school physical education?

Yes .....1  
No.....2 →SKIP TO Q11

The next questions ask about student outcomes.

10. Do the goals and objectives adopted by your state for elementary school physical education specifically address...

	Yes	No
a. Competence in motor skills and movement patterns needed to perform a variety of physical activities?.....1.....2		
b. Understanding of movement concepts, principles, strategies, and tactics as they apply to the learning and performance of physical activities? .....1.....2		
c. Regular participation in physical activity? .....1.....2		
d. Achievement and maintenance of a health-enhancing level of physical fitness?.....1.....2		
e. Responsible personal and social behavior that respects self and others in physical activity settings?.....1.....2		
f. Value for physical activity for health, enjoyment, challenge, self-expression, and/or social interaction?.....1.....2		

11. Has your state adopted a policy stating that elementary schools will teach physical education?

Yes .....1  
No.....2 →SKIP TO THE  
INTRODUCTION TO Q15

12. States use many ways to describe how much physical education students are required to receive while in elementary school. For example, states may describe these requirements in terms of minutes per week, hours per quarter, or hours per year. In your state, are there specified time requirements for physical education at the elementary school level?

Yes .....1  
No.....2

13. Has your state adopted a policy describing reasons that elementary school students may be exempted from physical education?

- Yes .....1  
 No.....2 →SKIP TO THE  
 INTRODUCTION TO Q15

14. Has your state adopted a policy stating that elementary school students can be exempted from physical education requirements for one grading period or longer for...

- |  | Yes | No |
|--|-----|----|
| a. Religious reasons? .....  | 1   | 2  |
| b. Long-term physical or medical disability? .....                                       | 1   | 2  |
| c. Cognitive disability? .....   | 1   | 2  |
| d. High physical competency test score? .....  | 1   | 2  |
| e. Participation in school activities other than sports, such as<br>band or chorus?..... | 1   | 2  |
| f. Participation in community sports activities?.....                                    | 1   | 2  |
| g. Participation in community service activities?.....                                   | 1   | 2  |

The next questions ask about curricula used by elementary schools for physical education. By curriculum, I mean a written course of study that generally describes what students will know and be able to do by the end of a single grade or multiple grades and for a particular subject area. It is often presented through a detailed set of directions, strategies, and materials to facilitate student learning and teaching of content.

15. Does your state require or recommend that districts or schools use one particular curriculum for elementary school physical education?

- Require.....1  
 Recommend .....2  
 Neither.....3 →SKIP TO THE  
 INTRODUCTION TO Q17

16. Who developed that curriculum?  
 MARK ALL THAT APPLY

- State education agency.....1
- Other state agency.....2
- Commercial company .....3
- Academic institution.....4
- State-level organization or coalition.....5
- Other .....6

The next questions ask about information and materials that state agencies may provide for elementary school physical education.

17. During the past two years, has your state provided...

	Yes	No
a. A list of one or more recommended elementary school physical education curricula?.....1.....2		
b. An elementary school physical education curriculum? .....1.....2		
c. A chart describing the scope and sequence of instruction for elementary school physical education? .....1.....2		
d. Lesson plans or learning activities for elementary school physical education?.....1.....2		
e. Plans for how to assess or evaluate students in elementary school physical education? .....1.....2		

## Elementary School Recess

---

18. Does your state require or recommend that elementary schools provide students with regularly scheduled recess?

Require.....1  
Recommend .....2  
Neither.....3

Sample Copy-Do Not Complete

## Middle or Junior High School Instruction

---

Now I'm going to ask you about middle or junior high school instruction.

19. Has your state adopted goals, objectives, or expected outcomes for middle or junior high school physical education?

Yes .....1  
No.....2 →SKIP TO Q21

The next questions ask about student outcomes.

20. Do the goals and objectives adopted by your state for middle or junior high school physical education specifically address...

	Yes	No
a. Competence in motor skills and movement patterns needed to perform a variety of physical activities?.....1.....2		
b. Understanding of movement concepts, principles, strategies, and tactics as they apply to the learning and performance of physical activities? .....1.....2		
c. Regular participation in physical activity? .....1.....2		
d. Achievement and maintenance of a health-enhancing level of physical fitness?.....1.....2		
e. Responsible personal and social behavior that respects self and others in physical activity settings?.....1.....2		
f. Value for physical activity for health, enjoyment, challenge, self-expression, and/or social interaction?.....1.....2		

21. Has your state adopted a policy stating that middle or junior high schools will teach physical education?

Yes .....1  
No.....2 →SKIP TO Q25

22. States use many ways to describe how much physical education students are required to receive while in middle or junior high school. For example, states may describe these requirements in terms of minutes per week, hours per quarter, or hours per year. In your state, are there specified time requirements for physical education at the middle or junior high school level?

Yes .....1  
No.....2

23. Has your state adopted a policy describing reasons that middle or junior high school students may be exempted from physical education?

- Yes .....1  
 No.....2 →SKIP TO Q25

24. Has your state adopted a policy stating that middle or junior high school students can be exempted from physical education requirements for one grading period or longer for...

- |  | Yes | No |
|--|-----|----|
| a. Religious reasons? .....  | 1   | 2  |
| b. Long-term physical or medical disability? .....                                     | 1   | 2  |
| c. Cognitive disability? .....   | 1   | 2  |
| d. High physical competency test score? .....  | 1   | 2  |
| e. Participation in school activities other than sports, such as band or chorus? ..... | 1   | 2  |
| f. Participation in community sports activities? .....                                 | 1   | 2  |
| g. Participation in community service activities? .....                                | 1   | 2  |
| h. Enrollment in other courses, such as math or science? .....                         | 1   | 2  |
| i. Participation in school sports? .....   | 1   | 2  |
| j. Participation in vocational training? .....   | 1   | 2  |

25. Does your state require or recommend that districts or schools use one particular curriculum for middle or junior high school physical education?

- Require .....1  
 Recommend .....2  
 Neither.....3 →SKIP TO THE INTRODUCTION TO Q27

26. Who developed that curriculum?  
 MARK ALL THAT APPLY

- State education agency.....1  
 Other state agency.....2  
 Commercial company .....3  
 Academic institution .....4  
 State-level organization or coalition .....5  
 Other .....6

## Middle or Junior High School Instruction

The next questions ask about information and materials that state agencies may provide for middle or junior high school physical education.

27. During the past two years, has your state provided...

	Yes	No
a. A list of one or more recommended middle or junior high school physical education curricula? .....	1.....	2.....
b. A middle or junior high school physical education curriculum? .....	1.....	2.....
c. A chart describing the scope and sequence of instruction for middle or junior high school physical education?.....	1.....	2.....
d. Lesson plans or learning activities for middle or junior high school physical education? .....	1.....	2.....
e. Plans for how to assess or evaluate students in middle or junior high school physical education?.....	1.....	2.....

## Senior High School Instruction

---

Next I'm going to ask you about senior high school instruction.

28. Has your state adopted goals, objectives, or expected outcomes for senior high school physical education?

Yes .....1  
No.....2 →SKIP TO Q30

The next questions ask about student outcomes.

29. Do the goals and objectives adopted by your state for senior high school physical education specifically address...

	Yes	No
a. Competence in motor skills and movement patterns needed to perform a variety of physical activities?.....1.....2	1.....2	2
b. Understanding of movement concepts, principles, strategies, and tactics as they apply to the learning and performance of physical activities? .....1.....2	1.....2	2
c. Regular participation in physical activity? .....1.....2	1.....2	2
d. Achievement and maintenance of a health-enhancing level of physical fitness?.....1.....2	1.....2	2
e. Responsible personal and social behavior that respects self and others in physical activity settings?.....1.....2	1.....2	2
f. Value for physical activity for health, enjoyment, challenge, self-expression, and/or social interaction?.....1.....2	1.....2	2

30. Has your state adopted a policy stating that senior high schools will teach physical education?

Yes .....1  
No.....2 →SKIP TO Q34

31. States use many ways to describe how much physical education students are required to receive while in senior high school. For example, states may describe these requirements in terms of minutes per week, hours per quarter, or hours per year. In your state, are there specified time requirements for physical education at the senior high school level?

Yes .....1  
No.....2

32. Has your state adopted a policy describing reasons that senior high school students may be exempted from physical education?

- Yes .....1
- No.....2 →SKIP TO Q34

33. Has your state adopted a policy stating that senior high school students can be exempted from physical education requirements for one grading period or longer for...

- |  | Yes | No |
|--|-----|----|
| a. Religious reasons? .....  | 1   | 2  |
| b. Long-term physical or medical disability? .....                                     | 1   | 2  |
| c. Cognitive disability? .....   | 1   | 2  |
| d. High physical competency test score? .....  | 1   | 2  |
| e. Participation in school activities other than sports, such as band or chorus? ..... | 1   | 2  |
| f. Participation in community sports activities? .....                                 | 1   | 2  |
| g. Participation in community service activities? .....                                | 1   | 2  |
| h. Enrollment in other courses, such as math or science? .....                         | 1   | 2  |
| i. Participation in school sports? .....   | 1   | 2  |
| j. Participation in vocational training? .....   | 1   | 2  |

34. Does your state require or recommend that districts or schools use one particular curriculum for senior high school physical education?

- Require .....1
- Recommend .....2
- Neither.....3 →SKIP TO THE INTRODUCTION TO Q36

35. Who developed that curriculum?  
MARK ALL THAT APPLY

- State education agency.....1
- Other state agency.....2
- Commercial company .....3
- Academic institution .....4
- State-level organization or coalition .....5
- Other .....6

The next questions ask about information and materials that state agencies may provide for senior high school physical education.

36. During the past two years, has your state provided...

	Yes	No
a. A list of one or more recommended senior high school physical education curricula?.....	1.....	2.....
b. A senior high school physical education curriculum? .....	1.....	2.....
c. A chart describing the scope and sequence of instruction for senior high school physical education?.....	1.....	2.....
d. Lesson plans or learning activities for senior high school physical education?.....	1.....	2.....
e. Plans for how to assess or evaluate students in senior high school physical education? .....	1.....	2.....

Sample Copy-Do Not Complete

## Students with Disabilities

---

My next questions ask about physical education for students with long-term physical, medical, or cognitive disabilities, such as Down’s Syndrome or conditions that require permanent use of a wheelchair.

37. Based on policies adopted by your state, will schools meet the physical education needs of students with long-term physical, medical, or cognitive disabilities by...

	Yes	No
a. Providing adapted physical education as appropriate? .....	1	2
b. Mainstreaming into regular physical education as appropriate?.....	1	2
c. Using modified equipment or facilities in regular physical education? .....	1	2
d. Using teaching assistants in regular physical education? .....	1	2
e. Including physical education in 504 plans or Individualized Education Programs, or IEPs? .....	1	2
f. Using modified assessment?.....	1	2

## Student Assessment

---

The next questions ask about elementary school student assessment that is required or recommended by the state.

38a. Does your state require or recommend that elementary schools give written tests of students' knowledge related to physical education?

Require.....1  
 Recommend .....2  
 Neither.....3

38b. What about skill performance tests related to physical education?

Require.....1  
 Recommend .....2  
 Neither.....3

39. Does your state require or recommend that elementary schools test students' fitness levels?

Require.....1  
 Recommend .....2  
 Neither.....3

→SKIP TO THE  
 INTRODUCTION TO Q41A

The next questions ask about specific fitness tests.

40. Does your state require or recommend that elementary schools use...

	Require	Recommend	Neither
a. Fitnessgram? .....	1.....	2.....	3.....
b. The Physical Fitness Test, from the President's Challenge?.....	1.....	2.....	3.....
c. The Health Fitness Test, from the President's Challenge? .....	1.....	2.....	3.....
d. The Youth Fitness Test, from the YMCA?.....	1.....	2.....	3.....
e. Any other fitness test?.....	1.....	2.....	3.....

Now I will ask about middle or junior high school student assessment that is required or recommended by the state.

41a. Does your state require or recommend that middle or junior high schools give written tests of students' knowledge related to physical education?

- Require.....1
- Recommend .....2
- Neither.....3

41b. What about skill performance tests related to physical education?

- Require.....1
- Recommend .....2
- Neither.....3

42. Does your state require or recommend that middle or junior high schools test students' fitness levels?

- Require.....1
- Recommend .....2
- Neither.....3

→SKIP TO THE INTRODUCTION TO Q44A

The next questions ask about specific fitness tests.

43. Does your state require or recommend that middle or junior high schools use...

	Require	Recommend	Neither
a. Fitnessgram? .....	1.....	2.....	3
b. The Physical Fitness Test, from the President's Challenge?.....	1.....	2.....	3
c. The Health Fitness Test, from the President's Challenge? .....	1.....	2.....	3
d. The Youth Fitness Test, from the YMCA?.....	1.....	2.....	3
e. Any other fitness test?.....	1.....	2.....	3

The next questions ask about senior high school student assessment that is required or recommended by the state.

44a. Does your state require or recommend that senior high schools give written tests of students' knowledge related to physical education?

- Require.....1
- Recommend .....2
- Neither.....3

44b. What about skill performance tests related to physical education?

- Require.....1
- Recommend .....2
- Neither.....3

45. Does your state require or recommend that senior high schools test students' fitness levels?

- Require.....1
- Recommend .....2
- Neither.....3

→SKIP TO THE INTRODUCTION TO Q47A

The next questions ask about specific fitness tests.

46. Does your state require or recommend that senior high schools use...

	Require	Recommend	Neither
a. Fitnessgram? .....	1.....	2.....	3.....
b. The Physical Fitness Test, from the President's Challenge?.....	1.....	2.....	3.....
c. The Health Fitness Test, from the President's Challenge? .....	1.....	2.....	3.....
d. The Youth Fitness Test, from the YMCA?.....	1.....	2.....	3.....
e. Any other fitness test?.....	1.....	2.....	3.....

## Use of Protective Gear

---

The next questions are about your state's policies on the use of protective gear.

47a. Has your state adopted a policy requiring that students wear appropriate protective gear during physical education?

Yes .....1

No.....2

47b. What about when engaged in intramural activities or physical activity clubs?

Yes .....1

No.....2

47c. What about when engaged in interscholastic sports?

Yes .....1

No.....2

Sample Copy-Do Not Complete

## Physical Activity and Discipline

---

My next questions are about the use of physical activity as punishment for bad behavior and excluding students from physical education as punishment for bad behavior.

48. Has your state adopted a policy that prohibits schools from using physical activity, for example laps or push-ups, to punish students for bad behavior in physical education?

Yes .....1 →SKIP TO Q50  
No.....2

49. Does your state actively discourage schools from using physical activity to punish students for bad behavior in physical education?

Yes .....1  
No.....2

50. Has your state adopted a policy that prohibits schools from using physical activity to punish students for poor performance or bad behavior in interscholastic sports?

Yes .....1 →SKIP TO Q52  
No.....2

51. Does your state actively discourage schools from using physical activity to punish students for poor performance or bad behavior in interscholastic sports?

Yes .....1  
No.....2

52. Has your state adopted a policy that prohibits schools from excluding students from all or part of physical education as punishment for bad behavior in another class?

Yes .....1 →SKIP TO Q54  
No.....2

53. Does your state actively discourage schools from excluding students from all or part of physical education to punish students for bad behavior in another class?

Yes .....1  
No.....2

54. Has your state adopted a policy that prohibits elementary schools from excluding students from all or part of recess as punishment for bad behavior?

Yes .....1 →SKIP TO THE  
INTRODUCTION TO Q56A  
No.....2

55. Does your state actively discourage elementary schools from excluding students from all or part of recess as punishment for bad behavior?

Yes .....1  
No.....2

Sample Copy-Do Not Complete

## Staffing and Staff Development

---

Now I'm going to ask you several questions about staffing and staff development in your state.

56a. Has your state adopted a policy specifying a maximum student-to-teacher ratio for physical education in elementary school?

Yes .....1  
No.....2

56b. What about in middle or junior high school?

Yes .....1  
No.....2

56c. What about in senior high school?

Yes .....1  
No.....2

57a. Has your state adopted a policy stating that newly hired staff who teach physical education at the elementary school level will have undergraduate or graduate training in physical education or a related field?

Yes .....1  
No.....2

57b. What about at the middle or junior high school level?

Yes .....1  
No.....2

57c. What about at the senior high school level?

Yes .....1  
No.....2

58. Does your state offer certification, licensure, or endorsement to teach physical education?

Yes .....1  
No.....2 →SKIP TO Q62

The next questions ask about types of certification, licensure, or endorsement your state may offer for physical education teachers.

59. Does your state offer certification, licensure, or endorsement for...
- |   | Yes    | No     |
|---|--------|--------|
| a. Physical education for grades K-12? .....  | 1..... | 2..... |
| b. Physical education for elementary school?.....   | 1..... | 2..... |
| c. Physical education for middle or junior high school? .....                               | 1..... | 2..... |
| d. Physical education for senior high school?.....  | 1..... | 2..... |
| e. Combined physical education and health education for grades K-12? .....                  | 1..... | 2..... |
| f. Combined physical education and health education for elementary school?.....             | 1..... | 2..... |
| g. Combined physical education and health education for middle or junior high school? ..... | 1..... | 2..... |
| h. Combined physical education and health education for senior high school? .....           | 1..... | 2..... |
- 60a. Has your state adopted a policy stating that newly hired staff who teach physical education at the elementary school level will be certified, licensed, or endorsed by the state to teach physical education?
- Yes .....1  
 No.....2  
 State does not offer certification, licensure, or endorsement to teach physical education at the elementary school level.....3
- 60b. What about at the middle or junior high school level?
- Yes .....1  
 No.....2  
 State does not offer certification, licensure, or endorsement to teach physical education at the middle/junior high school level .....3

60c. What about at the senior high school level?

Yes .....1

No.....2

State does not offer certification, licensure,  
or endorsement to teach physical education  
at the senior high school level .....3

61. Has your state adopted a policy stating that teachers will earn continuing education credits on physical education topics to maintain state certification, licensure, or endorsement to teach physical education?

Yes .....1

No.....2

62. Has your state adopted a policy stating that each district will have someone to oversee or coordinate physical education?

Yes .....1

No.....2

63. Has your state adopted a policy stating that each school will have someone to oversee or coordinate physical education at the school?

Yes .....1

No.....2

My next questions are about staff development for those who teach physical education. This might include workshops, conferences, continuing education, graduate courses, or any other kind of in-service.

64. During the past two years, has your state provided funding for or offered staff development to those who teach physical education on...

	Yes	No
a. Methods to increase the amount of class time students are physically active?.....	1	2
b. Methods to promote gender equity in physical education and sports? .....	1	2
c. Using technology such as computers or video cameras for physical education?.....	1	2
d. Using physical activity monitoring devices, such as pedometers or heart rate monitors for physical education? .....	1	2
e. Encouraging family involvement in physical activity? .....	1	2
f. Administering or using fitness tests? .....	1	2
g. Helping students develop individualized physical activity plans? .....	1	2
h. Injury prevention and first aid?.....	1	2
i. Teaching physical education to students with long-term physical, medical, or cognitive disabilities? .....	1	2
j. Teaching individual or paired activities or sports?.....	1	2
k. Teaching team or group activities or sports? .....	1	2
l. Teaching movement skills and concepts?.....	1	2
m. Assessing or evaluating student performance in physical education? .....	1	2
n. Developing and using student portfolios for physical education? .....	1	2
o. Teaching methods to promote inclusion and active participation of overweight children during physical education? .....	1	2
p. Chronic health conditions, for example asthma or diabetes, including recognizing and responding to severe symptoms or reducing triggers? .....	1	2

## Collaboration

---

Now I'm going to ask you about collaboration among physical education staff and other staff in your state.

65a. During the past 12 months, have state-level physical education staff worked on physical education activities with state-level school health education staff?

Yes .....1  
No.....2  
State does not have state-level school health education staff.....3

65b. What about with state-level school health services staff?

Yes .....1  
No.....2  
State does not have state-level school health services staff .....3

65c. What about with state-level school mental health or social services staff?

Yes .....1  
No.....2  
State does not have state-level school mental health or social services staff .....3

65d. What about with state-level school nutrition or food service staff?

Yes .....1  
No.....2  
State does not have state-level school nutrition or food service staff .....3

66. During the past 12 months, have state-level physical education staff worked on physical education activities with staff or members from...

	Yes	No
a. Action for Healthy Kids? .....	1	2
b. The state-level AAHPERD? .....	1	2
c. The Governor’s Council on Physical Fitness and Sports?.....	1	2
d. The state parks or recreation department? .....	1	2
e. A state-level school nurses’ association?.....	1	2
f. A state-level physicians’ organization, such as the American Academy of Pediatrics?.....	1	2
g. A state-level health organization, such as the American Heart Association or the American Cancer Society?.....	1	2
h. A state-level school health committee, council, or team? .....	1	2
i. Colleges or universities?.....	1	2
j. Businesses? .....	1	2

67. Has your state adopted a policy encouraging districts or schools to support or promote walking or biking to and from school?

Yes .....	1
No.....	2

## Interscholastic Sports

---

The next questions ask about interscholastic sports in your state.

68. Has your state adopted a policy stating that head coaches of interscholastic sports will...

	Yes	No
a. Have previous coaching experience in any sport?.....	1.....	2.....
b. Have previous coaching experience in the sports they will be coaching?.....	1.....	2.....
c. Have a teaching certificate?.....	1.....	2.....
d. Complete a coaches' training course?.....	1.....	2.....
e. Be certified in first aid?.....	1.....	2.....
f. Be certified in cardiopulmonary resuscitation or CPR? .....	1.....	2.....
g. Be employed by the school or school district? .....	1.....	2.....

69. Has your state adopted a policy stating that assistant coaches or volunteer athletic aides will complete a training course?

Yes .....	1.....
No.....	2.....
Schools in this state do not have assistant coaches/volunteer athletic aides .....	3.....

70. During the past two years, has your state education agency provided any funding for or offered staff development to coaches of interscholastic sports?

Yes .....	1.....
No.....	2.....

71. During the past two years, has any other state-level organization or agency provided any funding for or offered staff development to coaches of interscholastic sports?

Yes .....	1.....
No.....	2.....

## Physical Education Coordinator

---

72. Currently, does someone in your state oversee or coordinate physical education?

Yes .....1  
 No.....2

→That is the last question.  
 Thank you very much for taking  
 the time to complete this  
 questionnaire.

73. Are you this person?

Yes .....1  
 No.....2

→That is the last question.  
 Thank you very much for taking  
 the time to complete this  
 questionnaire.

The last few questions ask about your educational background.

74. Do you have an undergraduate degree?

Yes .....1  
 No.....2

→SKIP TO Q80A

75. What did you major in?

MARK ALL THAT APPLY

Physical education.....1  
 Health education.....2  
 Other education .....3  
 Kinesiology, exercise physiology, or  
 exercise science.....4  
 Other .....5

76. Did you have an undergraduate minor?

Yes .....1  
 No.....2

→SKIP TO Q78

77. What did you minor in?  
 MARK ALL THAT APPLY
- Physical education .....1
  - Health education .....2
  - Other education.....3
  - Kinesiology, exercise physiology, or  
 exercise science.....4
  - Other .....5
78. Do you have a graduate degree?
- Yes .....1
  - No.....2 →SKIP TO Q80A
79. In what area or areas?  
 MARK ALL THAT APPLY
- Physical education .....1
  - Health education .....2
  - Other education.....3
  - Kinesiology, exercise physiology, or  
 exercise science.....4
  - Other .....5
- 80a. Are you certified, licensed, or endorsed by the state to teach physical education at the elementary school level?
- Yes .....1
  - No.....2
  - State does not offer certification, licensure,  
 or endorsement to teach physical education  
 at the elementary school level.....3
- 80b. What about at the middle or junior high school level?
- Yes .....1
  - No.....2
  - State does not offer certification, or  
 endorsement to teach physical education at  
 the middle/junior high school level .....3

80c. What about at the senior high school level?

Yes .....1

No.....2

State does not offer certification, licensure,  
or endorsement to teach physical education  
at the senior high school level .....3

Thank you very much for taking the time to participate in this study.

If you would like more information about this study or would like clarification of any questions in this survey, please call 800-287-1815.

Sample Copy-Do Not Complete