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# **Mental Health and Social Services District Questionnaire**

# Mental Health and Social Services District Questionnaire

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## Special Instructions

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1. This questionnaire focuses on your district practices and policies.
2. When we use the word “policy,” we mean any mandate issued by the local school board or other local agency that affects mental health or social services in schools throughout your district. Please consider any policies officially adopted at the district level. These include policies developed by your district, or those based on model policies developed by your state or elsewhere.
3. We recognize that there may be some exceptions, but please answer the questions based on what is customary in your district. Please do not consider school practices or policies when answering the questions. (We will ask about school practices and policies when we collect information from schools across the country.)
4. If you would like more information about this study or would like clarification of any questions in this survey, please call Tim Smith at 1-800-647-9664, extension 6095.

## Standard Mental Health and Social Services

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1. Has your district adopted a policy stating that Student Assistance Programs (SAPs) will be offered to all students? SAPs provide services designed to assist students experiencing personal or social problems that can impact school performance, physical health, or overall well-being.

Yes..... 1  
No..... 2

2. Has your district adopted a policy stating that school mental health or social services staff (e.g., guidance counselors, psychologists, or social workers) will participate in the development of Individualized Education Plans (IEPs), when indicated?

Yes..... 1  
No..... 2

3. Has your district adopted a policy stating that school mental health or social services staff will participate in the development of Individualized Health Plans (IHPs), when indicated?

Yes..... 1  
No..... 2

4. Has your district adopted a policy stating that schools will have a written plan describing their response to students' mental health or social services needs after a crisis at school, such as a natural disaster or the death of a student or staff member?

Yes..... 1  
No..... 2

**Standard Mental Health and Social Services**

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5. The following questions ask about *standard mental health or social services*, meaning those mental health or social services offered at the school, usually by a guidance counselor, psychologist, or social worker. By mental health and social services, we mean services such as crisis intervention, alcohol and other drug use treatment, or identification of or counseling for mental disorders or abuse. Later in the questionnaire, we will ask about any services offered by school-based health centers or at other sites.

During the past 12 months, have district mental health or social services staff worked on mental health or social services activities with each of the following groups?

	Yes	No
1. District health education staff.....	1	2
2. District physical education staff.....	1	2
3. District food service staff .....	1	2
4. District health services staff.....	1	2

6. During the past 12 months, have district mental health or social services staff worked on mental health or social services activities with staff or members from each of these organizations?

	Yes	No
1. Local health department.....	1	2
2. Local hospital .....	1	2
3. Local mental health or social services agency .....	1	2
4. Health organization, such as the American Heart Association or the American Red Cross .....	1	2
5. Local colleges or universities .....	1	2
6. Local businesses .....	1	2

**Standard Mental Health and Social Services**

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7. During the past 12 months, has your district done each of the following activities to promote the school mental health or social services program?

	Yes	No
1. Provided families with information on the school mental health or social services program .....	1	2
2. Met with a parents' organization, such as the PTA, to discuss the mental health or social services program.....	1	2
3. Invited family members to tour the mental health or social services facilities .....	1	2

8. During the past 2 years, have the following aspects of your district mental health or social services program been evaluated?

	Yes	No
1. Use of the mental health or social services program.....	1	2
2. The quality of the school mental health or social services program.....	1	2
3. Student satisfaction with the school mental health or social services program .....	1	2
4. Family satisfaction with the school mental health or social services program .....	1	2
5. School mental health or social services policies .....	1	2
6. Mental health or social services staff development or in-service programs.....	1	2

9. Based on policies adopted by your district, what is the minimum level of education required for a newly-hired guidance counselor?

If specific requirements are not described, please mark this box  and skip to Question 10.

Mark  one box.

Undergraduate degree in counseling .....	1
Undergraduate degree in some other field .....	2
Master's degree in counseling .....	3
Master's degree in some other field.....	4
Doctoral degree in counseling.....	5
Doctoral degree in some other field .....	6

**Standard Mental Health and Social Services**

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Other degree.....7

10. Has your district adopted a policy stating that a newly-hired guidance counselor will be licensed or certified by a state agency or board?

If your state does not certify guidance counselors, please mark this box  and skip to Question 11.

Yes.....1

No.....2

11. Has your district adopted a policy stating that a newly-hired guidance counselor will be certified by the National Board of Certified Counselors?

Yes.....1

No.....2

12. Based on policies adopted by your district, what is the minimum level of education required for a newly-hired psychologist?

If specific requirements are not described, please mark this box  and skip to Question 13.

Mark  one box.

Undergraduate degree in psychology .....1

Undergraduate degree in some other field .....2

Master’s degree in psychology .....3

Master’s degree in some other field.....4

Doctoral degree in psychology.....5

Doctoral degree in some other field .....6

Other degree.....7

13. Has your district adopted a policy stating that a newly-hired psychologist will be licensed or certified by a state agency or board?

If your state does not certify psychologists, please mark this box  and skip to Question 14.

Yes.....1

No.....2

14. Has your district adopted a policy stating that a newly-hired psychologist will be certified by the National Association of School Psychologists?

- Yes..... 1
- No..... 2

15. Based on policies adopted by your district, what is the minimum level of education required for a newly-hired social worker?

If specific requirements are not described, please mark this box  and skip to Question 16.

Mark  one box.

- Undergraduate degree in social work ..... 1
- Undergraduate degree in some other field ..... 2
- Master’s degree in social work ..... 3
- Master’s degree in some other field ..... 4
- Doctoral degree in social work ..... 5
- Doctoral degree in some other field ..... 6
- Other degree ..... 7

16. Has your district adopted a policy stating that a newly-hired social worker will be licensed or certified by a state agency or board?

If your state does not certify social workers, please mark this box  and skip to Question 17.

- Yes..... 1
- No..... 2

17. Has your district adopted a policy stating that a newly-hired social worker will have a School Social Work Specialist credential?

- Yes..... 1
- No..... 2

**Standard Mental Health and Social Services**

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18. Based on policies adopted by your district, what is the required student-to-staff ratio for the following types of staff?

If your district has not adopted a policy, please mark the "No requirement" box.

	Students per staff person	No requirement
1. Guidance counselors .....	_____	1
2. Psychologists .....	_____	1
3. Social workers .....	_____	1

19. Based on policies adopted by your district, what is the required school-to staff ratio for the following types of staff?

If your district has not adopted a policy, please mark the "No requirement" box.

	Schools per staff person	No requirement
1. Guidance counselors .....	_____	1
2. Psychologists .....	_____	1
3. Social workers .....	_____	1

20. Has your district adopted a policy stating that each school will have someone to oversee or coordinate mental health or social services at the school?

Yes.....1  
No.....2

**Standard Mental Health and Social Services**

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21. During the past 2 years, has your district provided any funding for or offered staff development on each of the following topics to mental health or social services staff? This might include workshops, conferences, continuing education, graduate courses, or any other kind of in-service.

	Yes	No
1. Tobacco use cessation .....	1	2
2. Alcohol or other drug use treatment.....	1	2
3. Crisis intervention for personal problems.....	1	2
4. Identification of or counseling for mental or emotional disorders, such as anxiety or depression .....	1	2
5. Stress management .....	1	2
6. Eating disorders treatment .....	1	2
7. Identification of or referral for physical, sexual, or emotional abuse .....	1	2
8. Human immunodeficiency virus (HIV) testing and counseling.....	1	2
9. After-school programs such as day-care or supervised recreation .....	1	2
10. Services for gay, lesbian, or bisexual students.....	1	2
11. Child care options for teen mothers.....	1	2
12. Enrollment in Special Supplemental Food Program for Women, Infants, and Children (WIC) or accessing food stamps or food banks .....	1	2
13. Enrollment in Medicaid or the Children’s Health Insurance Program (CHIP) .....	1	2
14. Job readiness skills programs .....	1	2

**Standard Mental Health and Social Services**

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22. During the past 2 years, has your district provided any funding for or offered staff development on each of the following topics to mental health or social services staff?

	Yes	No
1. Nutrition and dietary behavior counseling, including weight management .....	1	2
2. Eating disorders prevention.....	1	2
3. Physical activity and fitness counseling.....	1	2
4. Pregnancy prevention.....	1	2
5. HIV prevention.....	1	2
6. Sexually transmitted disease (STD) prevention .....	1	2
7. Suicide prevention .....	1	2
8. Tobacco use prevention .....	1	2
9. Alcohol or other drug use prevention .....	1	2
10. Violence prevention, for example bullying, fighting, or homicide.....	1	2
11. Accident or injury prevention.....	1	2

23. During the past 2 years, has your district provided any funding for or offered staff development on each of the following topics to mental health or social services staff?

	Yes	No
1. Case management for students with behavioral or social problems .....	1	2
2. Family counseling .....	1	2
3. Group counseling.....	1	2
4. Individual counseling .....	1	2
5. Comprehensive assessment or intake evaluation .....	1	2
6. Peer counseling or mediation .....	1	2
7. Self-help or support groups.....	1	2

## **School-Based Health Center Services**

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24. The next question asks about mental health and social services offered at *school-based health centers* — that is, health centers on school property where enrolled students can receive mental health and social services, including diagnostic and treatment services. These services are usually provided by a psychologist, social worker, or counselor, or other mental health or social services professional. Please do not include a traveling or mobile health center.

Currently, how many school-based health centers offer mental health and social services to students in your district?

\_\_\_\_\_ School-based health centers

## Services Provided at Other Sites

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25. This next set of questions asks about mental health and social services delivered to students at *other sites* not on school property regardless of whether the services are paid for by the school system. These services may be provided by mental health and social services professionals who work at school-linked health centers or who have a contract, memorandum of agreement, or other similar arrangement with the district or school to provide mental health or social services to students.

Currently, does your district have such arrangements to provide mental health or social services when needed to students in your district?

Yes.....1  
 No.....2 → Skip to Question 30

26. Which of the following organizations or mental health or social services professionals have such arrangements with your district to provide mental health and social services to students when needed?

	Yes	No
1. School-linked health center .....	1	2
2. Local health department.....	1	2
3. Local hospital .....	1	2
4. Local mental health or social services agency .....	1	2
5. University or medical school .....	1	2
6. Managed care organization .....	1	2
7. Private psychologist.....	1	2
8. Private psychiatrist.....	1	2
9. Private social worker .....	1	2
10. Private counselor .....	1	2

**Services Provided at Other Sites**

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27. Does your district have such arrangements with any organizations or mental health or social services professionals to provide each of the following mental health and social services to students when needed?

	Yes	No
1. Tobacco use cessation .....	1	2
2. Alcohol or other drug use treatment.....	1	2
3. Crisis intervention for personal problems.....	1	2
4. Identification of or counseling for mental or emotional disorders, such as anxiety or depression .....	1	2
5. Stress management .....	1	2
6. Eating disorders treatment .....	1	2
7. Identification of or referral for physical, sexual, or emotional abuse .....	1	2
8. HIV testing and counseling .....	1	2
9. Referrals for after-school programs such as day-care or supervised recreation .....	1	2
10. Services for gay, lesbian, or bisexual students.....	1	2
11. Referrals for child care for teen mothers.....	1	2
12. Assistance with enrolling in WIC or accessing food stamps or food banks .....	1	2
13. Assistance with enrolling in Medicaid or CHIP (Children’s Health Insurance Program).....	1	2
14. Job readiness skills programs .....	1	2

**Services Provided at Other Sites**

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28. Does your district have such arrangements with any organizations or mental health or social services professionals to provide each of the following services to students when needed in one-on-one or small group discussions?

	Yes	No
1. Nutrition and dietary behavior counseling, including weight management .....	1	2
2. Eating disorders prevention.....	1	2
3. Physical activity and fitness counseling.....	1	2
4. Pregnancy prevention.....	1	2
5. HIV prevention.....	1	2
6. STD prevention .....	1	2
7. Suicide prevention .....	1	2
8. Tobacco use prevention .....	1	2
9. Alcohol or other drug use prevention .....	1	2
10. Violence prevention, for example bullying, fighting, or homicide.....	1	2
11. Accident or injury prevention.....	1	2

29. Does your district have such arrangements with any organizations or mental health or social services professionals to provide each of the following mental health and social services to students as needed?

	Yes	No
1. Case management for students with behavioral or social problems .....	1	2
2. Family counseling .....	1	2
3. Group counseling.....	1	2
4. Individual counseling .....	1	2
5. Comprehensive assessment or intake evaluation .....	1	2
6. Peer counseling or mediation .....	1	2
7. Self-help or support groups.....	1	2

## Mental Health and Social Services Coordinator

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30. Currently, does someone in your district oversee or coordinate school mental health and social services?

Yes..... 1  
No..... 2

→ That is the last question. Thank you very much for taking the time to complete this questionnaire.

31. Are you this person?

Yes..... 1  
No..... 2

→ That is the last question. Thank you very much for taking the time to complete this questionnaire.

32. Who do you work for?

Mark  all that apply.

School district..... 1  
Local health department..... 2  
Local hospital ..... 3  
Local mental health or social services agency ..... 4  
University or medical school ..... 5  
Managed care organization ..... 6  
Other ..... 7

33. Do you have an undergraduate degree?

- Yes..... 1
- No..... 2

→ That is the last question. Thank you very much for taking the time to complete this questionnaire.

34. What did you major in?

Mark  all that apply.

- Counseling..... 1
- Psychology ..... 2
- Social work ..... 3
- Nursing..... 4
- Health care administration..... 5
- Biology or other science ..... 6
- Business..... 7
- Education ..... 8
- Other ..... 9

35. Do you have an undergraduate minor?

- Yes..... 1
- No..... 2

→ Skip to Question 37

36. What did you minor in?

Mark  all  
that apply.

- Counseling..... 1
- Psychology ..... 2
- Social work ..... 3
- Nursing..... 4
- Health care administration..... 5
- Biology or other science ..... 6
- Business..... 7
- Education ..... 8
- Other ..... 9

37. Do you have a graduate degree?

- Yes..... 1
- No ..... 2

➔ Skip to Question 39

38. In what area or areas?

Mark  all  
that apply.

- Counseling..... 1
- Psychology ..... 2
- Social work ..... 3
- Nursing..... 4
- Medicine..... 5
- Health care administration..... 6
- Biology or other science ..... 7
- Business..... 8
- Education ..... 9
- Other ..... 10

**Mental Health/Social Services Coordinator**

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39. Do you have any of the following credentials or certifications?

	Yes	No
1. School Social Work Specialist .....	1	2
2. National Board of Certified Counselors.....	1	2
3. National Association of School Psychologists .....	1	2

40. Are you certified by a state agency or board to provide mental health or social services?

If your state does not certify mental health or social services professionals or staff, please mark this box .

Yes.....	1
No .....	2

